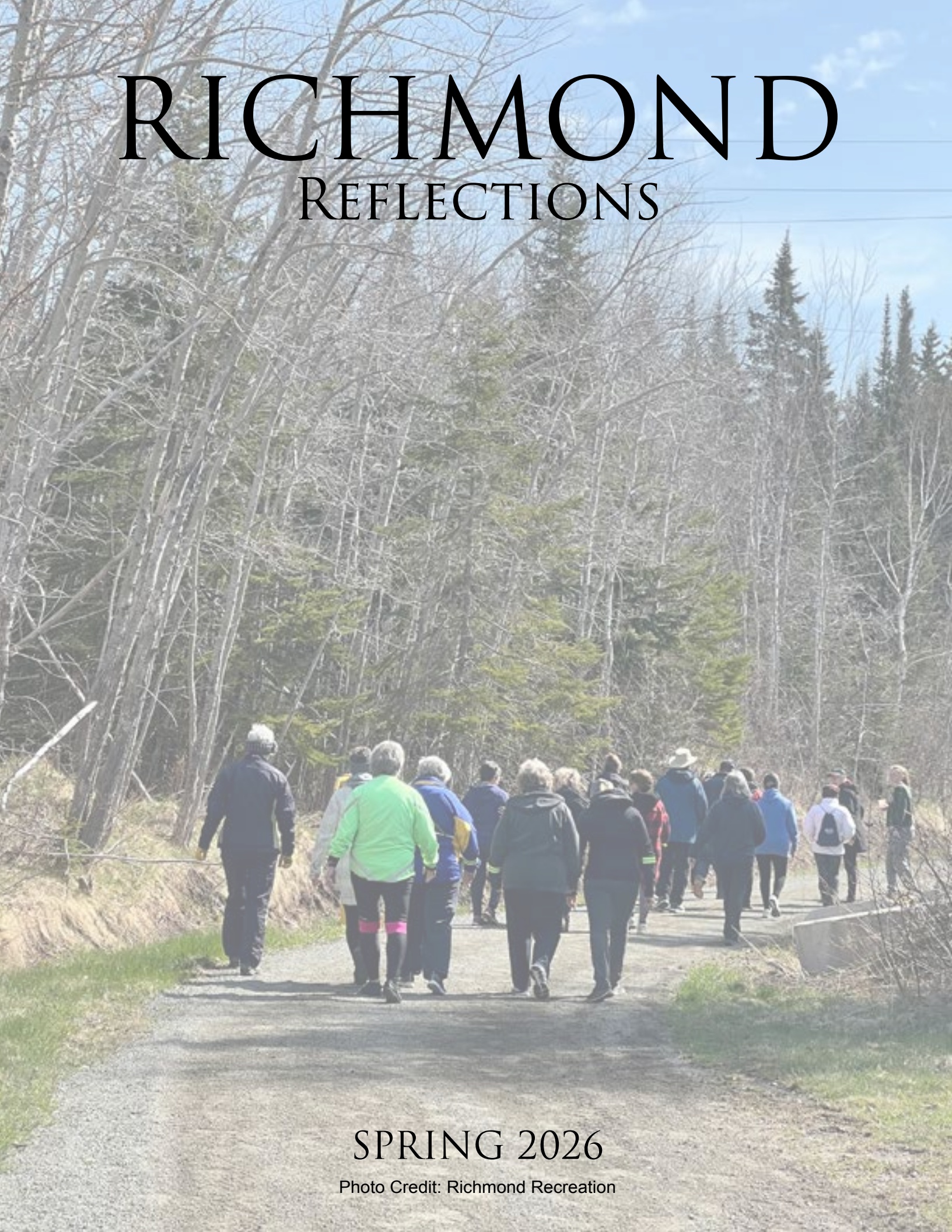


# RICHMOND

## REFLECTIONS



SPRING 2026

Photo Credit: Richmond Recreation

# Contact Information

## Staff Directory

## Who Do I Contact For..?

Telephone Number: 902.226.2400

<p><b>Administration</b> Troy MacCulloch, CMML, FSAScot Chief Administrative Officer</p> <p>Shelley David Municipal Clerk, Communications &amp; Administrative Officer</p> <p><b>Public Works</b> Chris Boudreau, P. Eng Director of Public Works/ Municipal Engineer</p> <p>Tristan Martel Public Works Technologist</p> <p>Carla Martell Departmental Administrator/ Customer Service</p> <p><b>Public Works Field Staff</b> Shaun Boudreau Delbert Matthews Tyler Fougere Shelton Benoit</p> <p><b>Solid Waste Management Facility</b> Evan Fougère Jerome Ford Charlene Short Lance Anderson Justin MacDonald Rene Lavandier John Burt Kallum MacRae</p> <p><b>Richmond Arena</b> Rene Babin Wayne Doyle Donald Blair Martell Tyler Molloy</p> <p><b>Water System Operator</b> André LeBlanc</p> <p><b>Sewer System Operator</b> Daniel Bowen</p>	<p><b>Emergency Services Management</b> Steven Marcellus Emergency Services Coordinator</p> <p><b>Finance</b> Kathleen Jeffrey Director of Finance</p> <p>Clint Samson Revenue Manager</p> <p>Anne McNamara Finance Clerk</p> <p>Kristina Kean Departmental Administrator/ Customer Service</p> <p>Michelle Martineau Financial Reporting &amp; Accounts Payable and Receivable</p> <p><b>Community Development and Recreation</b> Shannon Mury Director of Community Development and Recreation</p> <p>Sharla Sampson Active Living/Community Engagement Coordinator</p> <p>Ronalda Boudreau Departmental Administrator/ Customer Service</p> <p>Danielle Martell Community Development Coordinator</p> <p><b>Technologist Specialist</b> Clayton MacMillan Technology Specialist</p> <p><b>Innovation and Economic Development</b> Meghraj Solanki Economic Development Coordinator</p> <p>Martin Thomsen Energy Transition Manager</p>
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<p><b>Dog Control By-Law Officer</b> 902.226.2400</p> <p><b>Building/Fire Inspection</b> André Samson Building Inspector/Fire Inspector 902.631.6012</p> <p>Todd Samson Assistant Building Inspector/Fire Inspector 902.226.2900/902.631.5905</p> <p><b>Civic Addresses/Numbering</b> Bryne Butts, Civic Addressing Coordinator 902.625.5366</p> <p><b>Emergency Management Organization</b> Steven Marcellus 902.226.2400</p> <p><b>Home Repair Grants</b> Housing Nova Scotia (Cape Breton Branch) 1.844.424.5110</p> <p><b>Plowing/Road Issues</b> Department of Transportation and Infrastructure Renewal 902.625.2540</p> <p><b>Potlotek First Nation</b> 902.535.3317 <a href="http://www.potlotek.ca">www.potlotek.ca</a></p> <p><b>Property Valuation Services Corporation</b> 1.800.380.7775</p> <p><b>Recycling</b> 902.226.2396</p> <p><b>St. Peter's Recycling Depot</b> 902.535.2795 Monday, Tuesday, Thursday, Friday &amp; Saturday 9:00 am - 4:30 pm * <b>No longer accepting electronics</b></p> <p><b>Arichat Recycling Depot</b> 902.302.8570 Wednesday, Friday &amp; Saturday 9:00 am - 4:00 pm * <b>No longer accepting electronics</b></p> <p><b>Registry of Deeds (Access Nova Scotia)</b> 1.800.670.4357</p> <p><b>Request Water/Sewer Service Connections</b> 902.226.3977</p> <p><b>Schedule of Council/Committee Meetings, Meeting Minutes, Requests to meet with or make presentations to Municipal Council</b> Shelley David, Municipal Clerk, Communications &amp; Administrative Officer 902.226.2400</p> <p><b>Street Light Repairs</b> Nova Scotia Power 1.800.428.6230 <a href="mailto:YourBusiness@nspower.ca">YourBusiness@nspower.ca</a></p>
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## Warden's Message



Some years we have a real yearning for spring, especially after long dreary winters involving lots of ice and freezing rain. This year has certainly been different! "Snow Mondays" resulted in travel delays and school cancellations, but the snow provided for an old-fashioned winter where kids got outside, snow men came to life, and ATV runs were wildly successful. Many thanks to the volunteers who maintain our trail system, giving residents an opportunity to enjoy the outdoors and helping to grow our region as a tourist destination in the off-season.

Spring also means a plethora of committee meetings that bring volunteers together as they plan a full slate of summer events and festivals. Residents and visitors alike look forward to the return of festival season, with long-time favourites returning, and new events and activities joining the line-up. These events don't happen on their own. They happen because of dedicated volunteers who give their time and energy to bring people together.

Council has also been busy. We continue to review and update our policies, procedures, and bylaws to make sure they reflect today's needs. We're especially busy on the housing file. This year we put a piece of municipal property out to tender to secure additional housing in Richmond County. At the same time, our Planning Advisory/Heritage Committee is reviewing our Land Use

Bylaws to encourage development. Stay tuned for community engagements on that front. We've also secured provincial funding to host public sessions on coastal protection. These discussions will focus on what changes may mean for residents, property owners, and future land-use planning decisions.

After much discussion, Council has approved funding for much-needed repairs to the Richmond Arena. These repairs are planned for the off-season to help ensure the arena remains available for the programs and activities residents rely on. We are also actively seeking both public and private funding to help offset the cost of this work.

Emergency Planning continues to be top of mind. We're participating in provincial discussions on fire service modernization and on policing recommendations stemming from the Mass Casualty Commission's final report. Locally, we are encouraging residents to sign up for Voyent Alert, our communication system for emergency notifications and important updates on water advisories, planned maintenance, and recreation programs. It's a simple way to stay informed and to choose the types of updates you want to receive. You'll find more details about Voyent in this edition of Richmond Reflections.

Here's to a smooth transition from winter to spring as we start to see longer days, blooming flowers, and warmer weather!

Warden Lois Landry  
[loislandry@richmondcounty.ca](mailto:loislandry@richmondcounty.ca)  
902.631.0332

### Content

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21. Fitness Facilities
22. Eastern Counties Regional Library
23. Seniors Take Action Coalition
24. Community News & Events



Address: 2357 Highway 206 Arichat, NS B0E 1A0 Hours of Operation: Monday - Friday 8:30 am - 4:00 pm



**District 1**  
Councillor Shawn Samson  
902.227.5570  
[shawn.samson@richmondcounty.ca](mailto:shawn.samson@richmondcounty.ca)

**District 2**  
Warden Lois Landry  
902.631.0332  
[lois.landry@richmondcounty.ca](mailto:lois.landry@richmondcounty.ca)

**District 3**  
Councillor Brian Marchand  
902.226.3022  
[brian.marchand@richmondcounty.ca](mailto:brian.marchand@richmondcounty.ca)

**District 4**  
Deputy Warden Amanda Mombourquette  
902.631.0690  
[amanda.mombourquette@richmondcounty.ca](mailto:amanda.mombourquette@richmondcounty.ca)

**District 5**  
Councillor Brent Sampson  
902.227.7006  
[brent.sampson@richmondcounty.ca](mailto:brent.sampson@richmondcounty.ca)

**New Advertising and Sponsorship Policy:**  
Council has approved a new policy for supporting community groups, organizations, and events. This helps us use available resources to strengthen programs that benefit Richmond County residents.

**Spring Cleanup and Beautification:**  
Council thanks community groups leading spring cleanup efforts. We can provide gloves, garbage bags, and garbage pickup with advance notice. Contact the Solid Waste Management Facility at 902.226.2396 to arrange support.

**Help Navigating Municipal Grant Funding:**  
Support is available for community groups and organizations seeking grant funding. Danielle Martell, Community Development Coordinator, is available to provide guidance and help navigate funding opportunities. Contact her at [danielle.martell@richmondcounty.ca](mailto:danielle.martell@richmondcounty.ca).

**Municipal Council Meeting Schedule**



**Committee of the Whole:** Second Tuesday of each month  
**Regular Council:** Fourth Tuesday of each month  
For presentations to Council, contact the Municipal Clerk at 902.226.3971 or [clerk@richmondcounty.ca](mailto:clerk@richmondcounty.ca).  
You can live stream council meetings by visiting: <https://www.youtube.com/@RichmondCountyNS>

**Municipal Website**



Council and staff expenses, cheques issued, budget documents, visa statements and recorded Council meetings are all posted on the Richmond County website [www.richmondcounty.ca](http://www.richmondcounty.ca).



Your family is busy – and registration shouldn't add to that stress. That's why we joined LeagueApps for our online registration platform.

Members have the ability to set their communication preferences, create family profiles and can also use the Subscribe to Calendar feature to sync schedules to their personal calendars (Google Calendar, iCal, etc.).

**LeagueApps advantages :**

- Create Family Profiles for easier checkout
- Sync schedules to your personal calendars
- Advanced communication preferences

**Spring Programming**  
April - June 2026



**Create a LeagueApps Account by visiting**  
[richmondcounty.ca/recreation-program-registration.html](http://richmondcounty.ca/recreation-program-registration.html)



Follow us on **FACEBOOK!** Search for **Municipality of the County of Richmond** and LIKE our page. The **Municipality of the County of Richmond** page is your source for Public Works updates related to water, sewer and recycling, recreation program information and much more!



Follow us on **INSTAGRAM!** Search for **Richmond Recreation** on Instagram and give us a follow! You can see up-to-date information, photos and videos of everything related to recreation and physical activity in Richmond County! Stay informed on local issues relevant to you!

YOUTH PROGRAMMING			
PROGRAM	INSTRUCTOR/SUPERVISOR	LOCATION	PAGE
Gymnastics Foundations - Session 1	Scott Goyetche	Felix Marchand Education Centre, Louisdale	7
Gymnastics Foundations - Session 2	Scott Goyetche	Felix Marchand Education Centre, Louisdale	7
Kids Running Club – Learn to Run 4K	Shanna Burke	Georgie Robertson Complex (Walking Track), St. Peter's	7
ADULT/SENIOR PROGRAMMING			
PROGRAM	INSTRUCTOR/SUPERVISOR	LOCATION	PAGE
Sound Healing Immersive Bath Exp. - Session 1	Adele Boudreau	Centre La Picasse (Foyer), Petit-de-Grat	8
Sound Healing Immersive Bath Exp. - Session 2	Sonia Morris	Isle Madame iFit Centre, Arichat	8
Traditional Indian Yoga & Meditation - Tuesdays	Ann Marie Powers	L'Ardoise Community Centre, L'Ardoise	8
Traditional Indian Yoga & Meditation - Thursdays	Ann Marie Powers	L'Ardoise Community Centre, L'Ardoise	8
Strength & Stretch – Move, Breathe, Restore	Sonia Morris	Isle Madame iFit Centre, Arichat	8
Strength & Stretch – Move, Breathe, Restore	Sonia Morris	Anne Sampson Building, River Bourgeois	8
First 5K Program	Shanna Burke	Georgie Robertson Complex (Walking Track), St. Peter's	8
Zumba	Margaret MacNeil-Gracie	Felix Marchand Education Centre, Louisdale	8
Slow Flow Yoga	Michelle Juurlink	St. Peter's United Church Hall, St. Peter's	8
PiYo Live	Margaret MacNeil-Gracie	Felix Marchand Education Centre, Louisdale	8
Active Lifestyle & Wellness Program 2	Sonia Morris	Isle Madame iFit Centre, Arichat	8
Corespin 6	Sonia Morris	Isle Madame iFit Centre, Arichat	9
Corespin 7	Sonia Morris	Isle Madame iFit Centre, Arichat	9
Sculpt Pilates - Session 1	Tessa Boudreau	Isle Madame iFit Centre, Arichat	9
Sculpt Pilates - Session 2	Tessa Boudreau	Isle Madame iFit Centre, Arichat	9
Learn Latin Dance	Gerd Stiller	St. Peter's United Church Hall, St. Peter's	9
Learn to Jive	Gerd Stiller	St. Peter's United Church Hall, St. Peter's	9
Salsa Solo - Latin Fitness	Gerd Stiller	St. Peter's United Church Hall, St. Peter's	9
Stitch & Sip	Tessa Boudreau	Centre La Picasse, Petit-de-Grat	9
Scottish Country Dancing	Dianne and Conrad Landry	St. Peter's United Church Hall, St. Peter's	9
Gentle Yoga 55+ - Mondays	Lynne Doucette	St. Peter's United Church Hall, St. Peter's	10
Gentle Yoga 55+ - Wednesdays	Lynne Doucette	St. Peter's United Church Hall, St. Peter's	10
Gentle Yoga 55+ - Wednesdays	Lynne Doucette	Red Islands Fire Hall, Red Islands	10
Gentle Yoga 55+ - Fridays	Lynne Doucette	Centre La Picasse, Petit-de-Grat	10
Chair Yoga - Mondays	Lynne Doucette	Louisdale Lions Hall, Louisdale	10

ADULT/SENIOR PROGRAMMING			
PROGRAM	INSTRUCTOR/SUPERVISOR	LOCATION	PAGE
Chair Yoga - Tuesdays	Lynne Doucette	St. Peter's United Church Hall, St. Peter's	10
Chair Yoga - Wednesdays	Lynne Doucette	Red Islands Fire Hall, Red Islands	10
Chair Yoga - Thursdays	Lynne Doucette	St. Peter's United Church Hall, St. Peter's	10
Chair Yoga - Fridays	Lynne Doucette	Centre La Picasse, Petit-de-Grat	10
ADULT SPORTS			
PROGRAM	INSTRUCTOR/SUPERVISOR	LOCATION	PAGE
Pickleball (Ages 18+) - Mondays	Hazel & Glen Pottie	East Richmond Education Centre, St. Peter's	10
Badminton (Ages 18+)	Sharon Hall	East Richmond Education Centre, St. Peter's	10
Basketball (Ages 15+)	Jimmy Bungay	Felix Marchand Education Centre, Louisdale	10
Pickleball (Ages 18+) - Wednesdays	Hazel & Glen Pottie	East Richmond Education Centre, St. Peter's	10
Volleyball (Ages 18+)	Melanie Paul	East Richmond Education Centre, St. Peter's	10
Pickleball (Ages 18+) - Fridays	Hazel & Glen Pottie	East Richmond Education Centre, St. Peter's	10

## Youth Recreation

### Gymnastics Foundations: 6-Week Movement Mastery

This Gymnastics program is a 6-week will learn the six dominant movement patterns through a fun, interactive and inclusive manner.  
Felix Marchand Education Centre, Louisdale  
Thursdays, 6 weeks, beginning April 23  
Instructor: Scott Goyetche

**Session 1 (Ages 5-7) - Cancelled**  
5:00 pm – 6:00 pm, Fee: 1 child - \$65, 2 children - \$110

**Session 2 (Ages 8-11) - Cancelled**  
6:00 pm – 7:00 pm, Fee: 1 child - \$65, 2 children - \$110

### Kids Running Club – Learn to Run 4K

A fun and supportive after-school running program designed to help kids build endurance, confidence, and a love of movement! Participants will work toward running 4 kilometres through age-appropriate games, warm-ups, and short runs.

Children in Grade Primary through Grade 6 are welcome and encouraged to register — no prior running experience is needed.

Sessions will take place outdoors at the Walking Track at East Richmond Education Centre in St. Peter's when weather permits and will move indoors during inclement weather. Children are asked to wear appropriate clothing for indoor / outdoor activities.

Interested runners from the club will be registered for the Doctors Nova Scotia Youth Run, part of the Cape Breton Fiddlers Marathon weekend on June 14 in Sydney. This exciting event focuses on fun, fitness, and community for kids and youth.  
East Richmond Education Centre/ Walking Track, St. Peter's  
Tuesdays and Thursdays, for 8 weeks beginning April 21  
2:30 pm – 3:10 pm, Fee: \$30  
Instructor: Shanna Burke



## Adult/Senior Recreation

### Sound Healing Immersive Bath Experience

An immersive experience using crystal singing bowls to promote deep relaxation and stress relief. Participants are encouraged to lie down and experience the therapeutic benefits and to receive healing vibrations. Deep healing can occur on all levels of mind, body, and spirit. Participants are required to bring their own mat and blanket.  
Centre La Picasse (Foyer), Petit-De-Grat  
Instructor: Adele Boudreau, Regis. Acupuncturist/Reiki Master

#### Session 1

Wednesday, April 22; 6:30 pm – 7:30 pm Fee: \$20

#### Session 2

Thursday, May 14; 6:30 pm – 7:30 pm Fee: \$20

### Traditional Indian Yoga & Meditation

Join us for a simple yoga and meditation practice to help restore natural balance, focus and inner peace. Suitable for all levels. We will close with a short silent (10 minute) meditation. Participants should come to class wearing comfortable clothing, yoga mats, and a small blanket. Optional: bolster or pillow for under knees and an eye covering for corpse (relaxation pose).

L'Ardoise Community Centre, L'Ardoise

Tuesdays, 10 weeks, beginning April 14

6:00 pm – 7:30 pm, Fee: \$60, or \$6 per class

Instructor: Ann Marie Powers

Thursdays, 10 weeks, beginning April 16

6:00 pm – 7:30 pm, Fee: \$60, or \$6 per class

Instructor: Ann Marie Powers

### Strength & Stretch – Move, Breathe, Restore

Strength & Stretch is a movement class designed for those who do it all—but rarely take time for themselves. This gentle and low-impact class helps release everyday tension, improve mobility, and reset the body and mind. Using mindful breathwork, controlled movements, and functional stretches, we'll focus on building strength, balance, flexibility, and stamina. No high intensity, no complicated choreography—just space to slow down and reconnect with yourself. Light resistance and/or bodyweight movements are used to support joint health and improve posture. Perfect for anyone who spends long hours sitting, juggling family life, or feels the physical effects of stress and fatigue.

Isle Madame iFit Centre, Arichat

Tuesdays, 6 weeks, beginning April 7

7:00 pm – 8:00 pm, Fee: \$50

Instructor: Sonia Morris

Anne Sampson Building, River Bourgeois

Saturdays, 6 weeks, beginning April 11

10:00 am – 11:30 pm, Fee: \$50

Instructor: Sonia Morris

### First 5K Program

Always wanted to run a 5K but didn't know where to start? This program is for true beginners — no running experience required. Our First 5K Program is a supportive, structured 5-week group training plan designed to safely take you from walking to confidently running a 5K. You'll build endurance, confidence, and consistency with expert guidance and group motivation every step of the way.  
Georgie Robertson Complex (Walking Track), St. Peter's  
Tuesdays, Thursdays and Sundays for 5 weeks, beginning April 7 (Tuesdays and Thursdays 6:00 pm – 6:30 pm, and Sundays from 9:00 am – 9:30 am), Fee: \$50  
Instructor: Shanna Burke

### Zumba

Zumba brings people together through group exercise classes that blend rhythmic Latin music with high-intensity cardio dance moves to make getting in shape more fun than ever. Get a full-body workout while forgetting you're even exercising by joining the Zumba dance party! You don't need to be any good at dancing to do Zumba — all you need is an open mindset and a willingness to give it your best shot.

Felix Marchand Education Centre, Louisdale  
Wednesdays, 5 weeks, May 13, 20, 29, June 10, 17

6:30 pm – 7:10 pm, Fee: \$35 or \$8 per class

\*\*Participants choosing to attend classes on a drop-in basis must register and submit payment online prior to attending  
Instructor: Margaret MacNeil-Gracie

### Slow Flow Yoga

Slow Flow Yoga is an accessible style of flow class designed to connect breath with movement, helping to cultivate a sense of calm and balance. In this class, we'll move through a series of poses at a slower pace, allowing for deeper exploration of each posture. The focus is on alignment, as well as improving mobility, strength, and balance. Whether you're new to yoga or looking to deepen your practice, this class offers a welcoming space to unwind, release tension, and enhance both physical and mental well-being. While lots of options will be given to make this class accessible, the nature of a flow class will be kept including standing sequences and movement from the floor to standing. A great opportunity to build strength and mobility.  
St. Peter's United Church Hall, St. Peter's  
Mondays, 5 weeks, beginning April 13  
6:30 pm – 7:30 pm, Fee: \$40  
Instructor: Michelle Juurlink

### PiYo Live

PiYo Live is a hybrid, athletic workout, which combines the mind/body practices of Yoga and Pilates as well as the principles of stretching, strength training, conditioning, and dynamic movement. We crank up the music, the speed, and the fun to give you an intense, yet low-impact workout. Modifications can be made for all fitness levels.

Felix Marchand Elementary Centre, Louisdale

Wednesdays, 5 weeks, May 13, 20, 29, June 10, 17

7:20 pm – 7:50 pm, Fee: \$35 or \$8 drop in.

\*\* Participants choosing to attend classes on a drop-in basis must register and submit payment online prior to attending  
Instructor: Margaret MacNeil-Gracie

### Active Lifestyle & Wellness Program 2 – Nutrition Focused

This structured 6-week program focuses on split workouts (upper and lower body) that are highly effective and sustainable for building strength, muscle tone, and mass. Designed in two phases and adhering to the FITT principles, participants will learn correct form, breathwork, and core/ muscle engagement to enhance strength, stability, and self-accountability. In-person classes are held twice a week, beginning with a warm-up, followed by main exercises targeting different muscle groups, and concluding with cool-down stretches. Home exercises and weekly challenges -Goal setting, Physical movement, Hydration, Self-care & Sleep. Outcome provides a metabolic boost and foundational strength for daily activities, contributing to improved overall wellbeing. Before starting, participants can join a pre-program of Zoom Q&A to understand the program's structure. Includes optional weekly Zoom check-ins, a private Facebook community group, and 24-hour messaging via text, email, and messenger. Challenge yourself to become stronger and more confident. Suitable for all levels - modifications can be given.  
Isle Madame iFit Centre, Arichat  
Mondays and Thursdays, 6 weeks, beginning April 13  
7:00 pm – 8:00 pm, Fee: \$97  
Instructor: Sonia Morris

## Adult/Senior Recreation

### Corespin 6

Suitable all levels Corespin is a trio of workouts combining Cardio, Strength, Core conditioning for the whole body, it is low impact yet a sweaty and intense workout as per your ability. Modifications can be given for all fitness levels.

\*\*7 bikes with modified options available (recumbent bike, upright bike and mini health riders)

Isle Madame iFit Centre, Arichat

Mondays and Thursdays, 4 weeks, beginning April 23

5:00 pm – 6:00 pm, Fee: \$68

Instructor: Sonia Morris

### Corespin 7

Suitable all levels Corespin is a trio of workouts combining Cardio, Strength, Core conditioning for the whole body, it is low impact yet a sweaty and intense workout as per your ability. Modifications can be given for all fitness levels.

\*\*7 bikes with modified options available (recumbent bike, upright bike and mini health riders)

Isle Madame iFit Centre, Arichat

Mondays and Thursdays, 3 weeks, beginning May 21

5:00 pm – 6:00 pm, Fee: \$50

Instructor: Sonia Morris

### Sculpt Pilates

A 4-week strength-focused sculpt class designed to build muscle, improve endurance, and leave you feeling strong and energized. Expect a mix of controlled strength work, low-impact cardio bursts, and core-focused finishers — all programmed to progressively challenge you each week. This class blends functional strength with sculpt-style intensity, helping you tone, tighten, and move better in your body. Suitable for all levels with modifications and progressions provided.

#### Session 1

Isle Madame iFit Centre, Arichat

Wednesdays, 4 weeks, beginning April 22

6:30 pm – 7:30 pm, Fee: \$60

Instructor Tessa Boudreau

#### Session 2

Isle Madame iFit Centre, Arichat

Wednesdays, 4 weeks, beginning May 27

6:30 pm – 7:30 pm, Fee: \$60

Instructor Tessa Boudreau

### Learn Latin Dance (Merengue, Bachata, Salsa Basics)

Discover the joy of moving to vibrant rhythms. In this course, you will learn the basics of Merengue, Bachata, and Salsa, and dance to authentic Latin music. Across four sessions of 60 minutes each, we focus on rhythm, coordination, and relaxed partner work. The class is suitable for beginners and anyone looking to explore Latin dance styles. No prior dance experience is needed. Feel the rhythm, connect to the music, and enjoy the Latin vibe!

United Church Hall, St. Peter's

Wednesdays, 2 weeks, beginning June 10

5:00 pm – 6:00 pm, Fee: \$16, or \$8 per class (Participants choosing to attend classes on a drop-in basis must register and submit payment online prior to attending).

Instructor Gerd Stiller

### Learn to Jive

This fun and energetic dance course for everyone who loves Boogie Woogie and Rock'n'Roll music. Over four sessions of 60 minutes each, you'll learn the basics of Jive, playful footwork, and dynamic partner moves. We focus on musicality, rhythm, and enjoying the groove together on the dance floor. No previous experience is required — just bring your enthusiasm and love for music. Get ready to move, smile, and dance to timeless beats!

United Church Hall, St. Peter's

Wednesdays, 4 weeks, beginning May 20

6:00 pm – 7:00 pm, Fee: \$25

Instructor Gerd Stiller

### Salsa Solo – Latin Fitness

Dance solo to Merengue, Bachata, ChaChaCha, and Salsa rhythms while learning stylish moves and easy-to-follow choreographies. This class is a dynamic mix of Zumba, line dance, and Latin dance. Over four sessions of 60 minutes each, we focus on fitness, coordination, and musical expression. No partner and no previous dance experience required.

United Church Hall, St. Peter's

Tuesdays, 4 weeks, beginning May 19

6:00 pm – 7:00 pm, Fee: \$25

Instructor Gerd Stiller

### Stitch & Sip

A cozy, beginner-friendly knitting class where you'll learn foundational skills while enjoying a warm drink in a relaxed, social atmosphere. This is your space to slow down, create with your hands, and connect with others — no experience needed. Just come as you are. Each participant receives a simple knitting kit with everything you need to get started.

Centre La Picasse, Petit de Grat

Sundays, for 4 weeks, beginning April 12

2:00 pm – 3:30 pm, Fee: \$125

Instructor: Tessa Boudreau

### Scottish Country Dancing (All ages)

Richmond MacAdian Ceilidh Dancers Sociable invites all ages for an enjoyable afternoon of Scottish Country Dancing. Dancers are normally grouped in sets, typically three, four or five that are arranged either in two lines (partners facing each other) or in a square. They work together to dance a short sequence of formations that provide a particular dance with its identity. The originality of the formations ensures each couple gets the chance to experience the dance from different positions. Scottish Country Dancers mainly dance for pleasure, finding the shared experience of dance both physically and mentally enjoyable. A soft shoe or slipper works best.

St. Peter's United Church Hall, St. Peter's

Sundays, for 3 weeks, April 12, 19 and 26

2:00 pm – 4:00 pm, Fee: FREE

Instructors: Dianne and Conrad Landry

Program/event dates, times and locations are subject to change.

To register visit <https://www.richmondcounty.ca/recreation-program-registration.html> or call 902.226.0663.

Program/event dates, times and locations are subject to change.

To register visit <https://www.richmondcounty.ca/recreation-program-registration.html> or call 902.226.0663.

## Adult/Senior Recreation

### Gentle Yoga 55 +

For seniors who are looking for a safe, effective way to enhance their physical health and overall wellness, the stretching, breathing, and meditation practices of yoga can be a great solution. In fact, as you will see, yoga regularly can result in many benefits for older adults, from greater flexibility and balance to lower stress and better sleep.

Instructor: Lynne Doucette

St. Peter's United Church Hall, St. Peter's  
Mondays, 8 weeks, beginning April 6  
9:30 am – 11:00 am, Fee: \$30

St. Peter's United Church Hall, St. Peter's  
Wednesdays, 8 weeks, beginning April 8  
9:30 am – 11:00 am, Fee: \$30

Red Islands Fire Hall, Red Islands  
Wednesdays, 8 weeks, beginning April 8  
12:00 pm – 1:15 pm, Fee: \$30

Centre La Picasse, Petit de Grat  
Fridays, 8 weeks, beginning April 10  
11:00 am – 12:15 pm, Fee: \$42 \*No Class May 8th

### Chair Yoga

Chair Yoga is a great way for older adults to get the wonderful health benefits of yoga. It also makes yoga accessible to more people. Staying seated while doing yoga means that even frail seniors or those who aren't flexible can safely do the exercises. The benefits of chair yoga for older adults include loosening and stretching painful muscles, reducing chronic pain, decreasing stress, and improving circulation. It also reduces anxiety, helps lower blood pressure, protects joints, and builds strength and balance.

Instructor: Lynne Doucette

Louisdale Lions Hall, Louisdale  
Mondays, 8 weeks, beginning April 6  
1:00 pm – 2:15 pm, Fee: \$30

United Church Hall, St. Peter's  
Tuesdays, 8 weeks, beginning April 7  
9:30 am – 10:45 am, Fee: \$30

Red Islands Fire Hall, Red Islands  
Wednesdays, 8 weeks, beginning April 8  
1:30 pm – 2:45 pm, Fee: \$30

United Church Hall, St. Peter's  
Thursdays, 8 weeks, beginning April 9  
9:30 am – 10:45 am, Fee: \$30

Centre La Picasse, Petit de Grat  
Fridays, 8 weeks, beginning April 10  
9:30 am – 10:45 am, Fee: \$42 \*No Class May 8th

### Adult Line Dancing

If you can count to 8, you can line dance. The best steps you will ever take! You will learn many line dancing steps and dance to various music genres and choreographed dances all while gaining confidence on the dance floor and improving your whole-body wellness.

St. Peter's United Church Hall, St. Peter's  
Tuesdays, for 8 weeks, beginning April 7  
2:00 pm – 4:00 pm, Fee: \$40  
Instructor: Belinda LaRoche

## Adult Sports

### Adult Sports

Adult sports create great opportunities for adults, co-workers, family and friends to stay active, spend time together, meet new people, and have fun while playing their favorite sports! Adult sports will conclude the week of June 15, 2026.

### Pickleball (Ages 18+)

Mondays, 7:00 pm – 9:00 pm  
East Richmond Education Centre, St. Peter's  
Supervisors: Hazel & Glen Pottie

### Badminton (Ages 18+)

Tuesdays, 7:00 pm - 9:00 pm  
East Richmond Education Centre, St. Peter's  
Supervisor: Sharon Hall

### Basketball (Ages 15+)

Tuesdays, 6:30 pm - 8:30 pm  
Felix Marchand Education Centre, Louisdale  
Supervisor: Jimmy Bungay

### Pickleball (Ages 18+)

Wednesdays, 7:00 pm – 9:00 pm  
East Richmond Education Centre, St. Peter's  
Supervisors: Hazel & Glen Pottie

### Volleyball (Ages 18+)

Thursdays, 6:00 pm – 9:00 pm  
East Richmond Education Centre, St. Peter's  
Supervisor: Melanie Paul

### Pickleball (Ages 18+)

Fridays, 7:00 pm – 9:00 pm  
East Richmond Education Centre, St. Peter's  
Supervisors: Hazel & Glen Pottie



# PLAYBINS

Looking for a fun way to spend a day outside? Our PlayBins are treasure chests filled with games, recreation equipment, fun activities and so much more. These are shared PlayBins - other community members may be using the equipment at the same time. Be courteous of fellow PlayBin users and visitors. PlayBin locations may change throughout the year, based on community needs and interests. We ask that users place all equipment back in the PlayBin when they are all played out and secure the lid of the bin.

Let us know if a bin needs attention 902.226.0663 or [recreation@richmondcounty.ca](mailto:recreation@richmondcounty.ca). PlayBins are used at your own risk. Please be sure to play safe and have FUN!

Each PlayBin is filled with a collection of equipment (sports equipment, lawn games, jump ropes, and seasonal play items). All equipment is FREE to use.

### PlayBin locations

- Little Anse Samson's Cove Social Action Centre Playground  
4114 Highway 206, Little Anse
- Our Lady of Assumption Hall Upper Parking Lot (basketball net)  
Highway 206, Arichat
- River Bourgeois Community Playground  
21 Recreation Rd, River Bourgeois



## EQUIPMENT LOAN PROGRAM

Recreation equipment loan programs are here to stay as our recreation services continue to build inventory varying from fishing rods and lawn games to larger equipment pieces like portable basketball nets, road hockey nets, ping pong tables, Mobi beach chairs and more! If there is a piece of equipment that you would enjoy, simply reach out to the recreation department at [recreation@richmondcounty.ca](mailto:recreation@richmondcounty.ca) or phone 902.226.0663 to learn more about how to reserve equipment and ask about the various equipment loan pick up and drop off locations.

Program/event dates, times and locations are subject to change.

To register visit <https://www.richmondcounty.ca/recreation-program-registration.html> or call 902.226.0663.



**Removing Financial Barriers.** Jumpstart’s Individual Child Grant program provides financial assistance to help children from low-income families participate in sport-focused activities. Grants cover eligible registration and equipment costs of up to \$300 per year, per child. Please see below for more information on grant eligibility and the application process.

Individual Child Grants may no longer be available in some Chapters where Jumpstart is able to invest in local community-run programs and initiatives. Please see the FAQ page for more information about this change. The Individual Child Grant program is now open for 2026.

**Eligibility Financial Requirements**

To be eligible for funding for one or more children, families must first meet specific financial criteria as per Revenue Canada’s Low-Income Cut-Offs (LICO) chart. Jumpstart uses the furthest column to the right of the chart for eligibility.

Children must fall between the ages of 4 - 18 years old. Funding is allocated to sustained programs that involve a sport or physical activity.

Programs should be a minimum of five weeks in duration and include at least one session per week. In the case of sports camps, the program must last at least five consecutive days for consideration.

**Applications**

Individual Child Grant applications may no longer be accepted at your local Chapter. To confirm whether your local Chapter is still accepting applications, please register/log in and refer to your Jumpstart account before starting the application process.

- It is recommended that applications be submitted prior to the program start date. Applications submitted where the program has concluded will not be reviewed.
- Applications must include proof of financial need. A clear, legible, and most current copy of your Canada Child Benefit statement will be required as proof of need including the following information: Parent Name, Family Net Income, Marital Status, Child First Names.
- Under exceptional circumstances (e.g., recent immigrants to Canada, individuals fleeing spousal abuse, etc.) alternative confirmation of eligibility will be accepted on a case-by-case basis.
- The maximum amount of funding per application is \$300
- All applications are reviewed by Jumpstart staff members and are subject to local demand and funding availability.
- Cheques are made payable to the service organization, identified as the “payee” in the application. A payee can be a local hockey association, gymnastics club, etc., that coordinates the sports or physical activity on behalf of the qualifying youth/child.
- Payees must be registered with Jumpstart and approved as a payee before funding is issued. Please note that Jumpstart is not currently accepting new payee registrations.
- If you require additional support, please email [jumpstart@cantire.com](mailto:jumpstart@cantire.com).

**KidSport** provides grants to kids (18 years old or younger) from families facing financial barriers so they can participate in registered sport programs and experience the lifelong benefits of a season of sport. KidSport Nova Scotia provides grants of up to \$500 per eligible kid, per year (January 1<sup>st</sup> - December 31<sup>st</sup>) towards sport registration and equipment fees.

If the child needs equipment, we will provide a voucher so you can get the right gear from our equipment partner Cleve’s Source for Sports. Grants are intended to be used for sport registration and equipment fees; travel and competition fees are not eligible for funding.

**Eligibility Requirements**

KidSport Nova Scotia uses a Notice of Assessment, an endorsement from the Department of Community Services or an endorsement from Indigenous Social Development to determine financial eligibility for grants. If you are unsure of your eligibility to receive a grant, please reach out to [kidsport@sportnovascotia.ca](mailto:kidsport@sportnovascotia.ca).

If applying with a Notice of Assessment (one for each parent/guardian in the household) please ensure your total income (Line 15000) does not exceed the cut-offs listed below for your family size:

- \* 2 person family - \$38,922
- \* 3 person family - \$47,851
- \* 4 person family - \$58,096
- \* 5 person family - \$65,892
- \* 6 person family - \$74,315
- \* 7 person family - \$82,739

**How to Apply**

- 1) Find a sport program your kid would like to join and sign up. Let the program’s administrators know you will be applying for KidSport funding. To view a list of eligible sport programs go to <https://kidsportcanada.ca/nova-scotia/provincial-fund/>
- 2) Find your local KidSport Nova Scotia Chapter, or if you are unsure you may apply through the provincial fund.
- 3) Apply online or use the paper application form - be sure to complete all sections of the application, as incomplete applications take much longer to process, and can cause delays in receiving your grant. Completed application will be processed within 30 days of the deadline you’re applying for.
- 4) If you qualify for KidSport funding, the grant will be sent directly to the sport program your kid has signed up for. You will also receive a notice payment has been sent out by email or mail within 30 days from the deadline you applied for. If you qualified for equipment funding your voucher will be included with your status letter.



Nova Scotia Walk Day celebrates how walking connects us to our communities—and to each other. It’s a chance to come together and celebrate walkable, welcoming places for everyone! Join Recreation Staff at the following trails/tracks. Let’s connect with our communities—one step at a time.

- Richmond County Rail Trail, Louisdale | 10:00 am
- Bonnie Brae Seniors Club, St. Peter’s | 6:30 pm
- Lennox Passage Provincial Park, Martinique | 6:30 pm



**These walks are weather dependent. Updates will be shared if conditions change.**

# Community Champions

Volunteers are the heart of our community, powering local initiatives with their passion and dedication.

Do you know a volunteer who goes above and beyond? Recognize their contributions by submitting a nomination at:

[www.richmondcounty.ca/volunteers](http://www.richmondcounty.ca/volunteers)



**Sonia Morris**  
December 2025



**Pierre LaRoche**  
January 2026



**Nikki Carter**  
February 2026

## National Volunteer Week

*April 19 - 25, 2026*

National Volunteer Week is a time to recognize the spirit of volunteerism and honour the dedicated individuals and volunteer-led organizations who strengthen our communities.

On behalf of Council and the staff of the Municipality of the County of Richmond, we extend our heartfelt thanks to all volunteers and volunteer-driven groups across our County. Your enthusiasm, unwavering compassion, and strong community spirit enrich Richmond County, making it a more welcoming place for all!



# Access Awareness Week

**May 31 - June 6, 2026**

Access Awareness Week in Nova Scotia aims to change the narrative for persons with disabilities by doing our part in raising awareness and taking action.

Visit our website for updated information and activities scheduled to take place during the week.

[richmondcounty.ca](http://richmondcounty.ca)

[villageofstpeters.ca](http://villageofstpeters.ca)



# IDEA



*(Inclusive, Diverse, Equitable, Accessible)*

## Committee

# ROAD TRAILS IN RICHMOND COUNTY

The Department of Public Works approved several road trail sites in Richmond County. These roadways provide Off-Highway Vehicle (OHV) riders with additional trail connectivity and access to businesses and services, including lodging, restaurants, and fuel. The new sites are as follows:

- BACK ROAD (RICHMOND COUNTY)**  
0.16 km on Back Road, connects the Richmond County Rail Trail to the K-class unmaintained section of Back Road.
- BLACK RIVER ROAD (RICHMOND COUNTY)**  
(two road trails) 2.7 km on Black River Road and 2 km on Balmoral Road, assisting in connecting the Richmond County Rail Trail to Cooper Road to connect to Trail 60.
- CAMERON MOUNTAIN - WEST BAY ROAD (RICHMOND COUNTY)**  
20.2 km, Trail 65 begins at the parking area on Cameron Mountain Road - Cameron Mountain Road - Rock Bay Road right up to Inspiration Point Lodge.
- CAPELIN COVE (FRAMBOISE)**  
3.25km on St. Peter's Fourchu Rd to connect trail 679 at Capelin Cove Rd to 679 at St. Esprit Rd.
- COOPER ROAD (RICHMOND COUNTY)**  
0.81 km on Cooper Road connecting to Trail 60.
- FRAMBOISE**  
1.75km on St Peter's Fourchu Rd and 250m on North Framboise Rd to connect MacDonal'ds Rd trail to trail #652.
- LENNOX PASSAGE 2 (RICHMOND COUNTY)**  
500m on Rogers Rd, 150m on Hwy 206 and 7.7km on Hwy 320 to connect trails on Isle Madame to the rail trail (trail #2) into River Tillard.
- LOCH LOMOND ROAD (RICHMOND COUNTY)**  
18 km, Trail 681- Stirling Road - Loch Lomond Road - Trail 616.
- NORTH FRAMBOISE ROAD (RICHMOND COUNTY)**  
9.3 km, Trail 652 - North Framboise Road - Grand Mira North Road - Trail 652C.
- PONDVILLE (RICHMOND COUNTY)**  
3.79 km, Trail 601 - Highway 320 - Pondville North Road - Gibbs Lane - Rocky Bay Road - Trail 601.
- RIVER TILLARD (RICHMOND COUNTY)**  
530m on Mountain Rd to connect the rail trail to trail #62.
- ST. PETER'S ACCESS (RICHMOND COUNTY)**  
5.75 km on Oban Road and 0.7 km on Pepperell Street connecting Trail 64 to amenities.

## NOVA SCOTIA'S ROAD TRAILS ACT

### Clearing Misconceptions Around the Legislation

#### WHAT IT IS

- Allows OHV riders access to DESIGNATED parts of APPROVED roadways to allow connectivity between trails and/or access to amenities.
- Riders may only travel on the shoulder of the road on the same side and direction as traffic. Only if the road has no shoulder can operators drive on the roadway.
- The ACT only allows riders to travel 30-minutes before sunrise until 30 minutes after sunset at a maximum of 25km/hr.
- The operator must hold a valid driver's license, proof of insurance and registration.

#### WHAT IT'S NOT

- Does NOT permit OHV riders the right to travel anywhere at any time on public highways or on the shoulder of the road.
- Operators may NOT ride in the middle of the road where a shoulder is available and ignore the direction of traffic.
- NO riding at night or speeding is permitted on road trails.
- Riders are NOT permitted to pass on road trails and must travel in single.
- The act does NOT permit operators to ignore the rules of the road, including equipment requirements, licensing, registration, and insurance.



For more information, visit: [atvans.wildapricot.org](http://atvans.wildapricot.org)

## All recyclables must be clean & dry

# Richmond County RECYCLES

Please post on your refrigerator door as a handy reminder for your family

Residential waste can be separated into four separate waste streams: recyclable containers, paper products, compostable materials, and regular refuse for disposal.

### Blue Bag # 1

Containers Including:

- ✓ Glass Jars and Bottles
- ✓ Beer and Liquor Bottles
- ✓ Wine and Juice Bottles
- ✓ Aluminum Pie Plates
- ✓ Steel/Tin/Aluminum Cans (labels included)
- ✓ Milk and Juice Containers
- ✓ All Plastic Containers and Packaging
- ✓ Pop and Water Bottles
- ✓ Plastic Bags (grocery and bread)
- ✓ Cookie and Sweet Trays
- ✓ Shampoo and Conditioner Bottles
- ✓ Cleaning Fluid Bottles

### Blue Bag # 2

Paper Products Including:

- ✓ Newspapers
- ✓ Paper Egg Cartons
- ✓ Cereal Boxes
- ✓ Phone Books
- ✓ Paper (including shredded paper)
- ✓ Envelopes (including windows)
- ✓ Paperback Books
- ✓ Flyers & Glossy Flyers
- ✓ Magazines and Catalogues
- ✓ Cigarette Packages (without foil)
- ✓ Paper Towel Rolls
- ✓ Box Board
- ✓ Frozen Food Boxes
- ✓ Corrugated Cardboard (Flatten, tie in bundles & Place beside blue bag)

### Backyard Composter

Compostables Including:

- ✓ Fruit & Vegetables
- ✓ Peelings
- ✓ Bread & Baked Goods
- ✓ Rice, Grains and Pasta
- ✓ Egg Shells
- ✓ Tea Bags and Coffee Grounds
- ✓ Shredded Paper
- ✓ Leaves & grass clippings
- ✓ Hay
- ✓ Soiled napkins, paper & cardboard

### Clear Bag

- ✓ Meat, Fish, Shell Fish, Chicken or Bones
- ✓ Dairy Products (milk, cheese, yogurt)
- ✓ Mayonnaise and Salad Dressing
- ✓ Cooking Oil and Fat
- ✓ Pet Waste

### Clear Bag cont'd...

Everything Else Including:

- ✓ All Styrofoam Products
- ✓ Chip and Cookie Bags
- ✓ Candy Wrappers
- ✓ Coffee Cups
- ✓ Frozen Drink Containers
- ✓ Disposable Diapers
- ✓ Broken Bottles
- ✓ Broken Toys
- ✓ Spray Cans
- ✓ Light Bulbs
- ✓ Feminine Hygiene Products and Bathroom Tissue
- ✓ Oil and Antifreeze Containers
- ✓ Waxed Cardboard
- ✓ Wrapping Paper and Waxed Paper
- ✓ Toothpaste Tubes
- ✓ Laundry Detergent Boxes
- ✓ Empty Paint Cans (Lids removed)
- ✓ Gift Wrap
- ✓ Photographs



Richmond County Recycling Hotline  
**902 226-2396** Compost Setup & inquiries



In times of crisis, residents need timely, accurate information to stay safe. Richmond County has chosen Voyent Alert! to deliver critical alerts, such as fires or floods, as well as day-to-day updates like maintenance notices and water advisories.

**How to Register :**

Registration for the service is FREE, simple, and anonymous. There are four (4) ways to receive alerts:

- SMS Text
- Voice-to-Landline
- Email
- Voyent Alert Mobile App

For SMS Text, voice-to-landline, and Email alerts: Register online at [Voyent Alert!](#)

For Mobile App Alerts: Download and install the Voyent Alert! app from the [Apple](#) or [Google Play](#) app stores.

**For more information, visit :**

<https://www.richmondcounty.ca/voyent-alert.html>

**Voluntary Vulnerable Persons Registry**

**What is a Voluntary Vulnerable Persons Registry (VVPR):**

The VVPR is a voluntary, self-referral list of individuals who may require support during emergency situations.

**Who should consider being part of the list:**

Individuals who reside in Richmond County who experience severe difficulty with any of the following :

- Mobility
- Vision loss
- Hearing loss
- Developmental disabilities
- Cognitive impairment
- Mental health conditions
- Persons who require electricity for life-saving equipment such as oxygen and dialysis

**How to Register:**

- Forms can be picked up from the Municipal Office in Arichat
- Requested by email contact: [vypr@richmondcounty.ca](mailto:vypr@richmondcounty.ca)
- Download from the Municipal website, [VVPR Registration Form](#)
- Over the phone at (902) 226-2400



**Water, Sewer and Tax Bills**

**Department of Finance and Taxation**

The Finance Department is responsible for coordinating all the financial activities of the Municipality of the County of Richmond. The major areas of responsibilities of the Department are property taxation, other source revenues, accounts payable, payroll, budgeting, accounting and financial management. **The Municipality of the County of Richmond's fiscal year runs April 1 - March 31.**

**Property Tax Bills**

Billing date:



Due date:



Please allow three business days for processing.

**Tax and Area Rates**

The 2025-2026 Residential tax rate for the Municipality of the County of Richmond is \$0.85 per \$100 of assessment.

The Commercial tax rate for 2025-2026 is \$2.15 per \$100 of assessed value. Area rates are also added. See our website for a detailed breakdown.

**Water and Sewer Bills**

Water and sewer bills are sent quarterly with billing dates of April 1, July 1, October 1 and January 1.

Next Billing date:



Next Due date:



Please allow three business days for processing.

**Property Tax Billing and Interest Rates**

The Municipality's tax bills are issued on the 1<sup>st</sup> of April and September and are due on the first working day of June and November.

All taxes not paid by the due date accrue interest at a rate of 18% per annum (1.5% per month). The Municipality sends out approximately 12,000 annual tax bills.

If you have any questions in regards to your tax bill, please contact the Tax Office at 902-226-2400 or 902-226-3976.

**Tax Payment Methods**

Tax payments may be made at the Municipal Tax Office located at 2357 Highway 206, in Arichat, by presenting your tax bill to the Tax Clerk. The office is open Monday through Friday between 8:30 am and 4:00 pm.

The Municipality offers Debit Card payments.

**PLEASE NOTE: VISA, Mastercard, American Express, etc. are NOT accepted.**

Online and telephone banking are other alternatives for paying property tax bills through most financial institutions.

Your payment can also be made by mail. Please send your cheque or money order to:

Municipality of the County of Richmond - Tax Office,  
P.O. Box 120,  
Arichat, NS,  
B0E 1A0

Please remember to enclose the remittance stub of your tax bill with your payment and indicate your property account number(s) on your cheque or money order.

**Land Transfer Tax**

The Municipality of the County of Richmond has a Deed Transfer Tax of 1.5%. The Deed Transfer Tax is collected on the Municipality's behalf by the Province of Nova Scotia at the Registry of Deeds.

**Finance Spring Tips**

\* Lifetime Dog tags are available for dogs aged one year and older, which cost a one-time fee of \$45.00. We just need a short information form filled out and a picture of your dog. We also have puppy tags available for dogs less than one year old for a fee of \$10.00. Call or email our office with any questions!

\* Tax, water and sewer bills will all be out April 1, 2026.

**Did you know?**

- Maple syrup season in Nova Scotia typically runs from early March to late April. Be sure to visit a maple farm this spring to learn all about the process of creating this sweet treat that Canada is known for!

- Spring doesn't begin the same time for everyone, Springtime starts differently in some parts of the world. Spring in the Northern Hemisphere occurs when it is autumn in the Southern Hemisphere.

- At the North Pole, the start of spring means that there will be 12 straight hours of uninterrupted daylight.

**\*\*Online payments can take 1-2 business days for processing, so please take this into consideration when paying your bills online.**

## Meet Your Economic Development Officer

Cape Breton Partnership

CBREN Cape Breton Regional Enterprise Network

### Providing tools and supports to build a thriving Unama'ki - Cape Breton.

As Unama'ki - Cape Breton's private sector-led economic development organization, we apply our Island-wide perspective of economic development to everything we do as we work with businesses and communities across our Island!

#### Supports and services provided:

- Business Advisory Services
- Entrepreneurship Supports
- Business and Investment Attraction
- Economic Development Planning and Projects
- Workforce Development
- Immigration Services
- & More!

If you want to start a new business, have an existing business that you want to grow or that needs support, or want to bring your investment idea, please reach out!



capebretonpartnership.com

902-562-0122 | meghraj@capebretonpartnership.com



**MEGHRAJ SOLANKI**

Economic Development Officer  
Richmond County/Town of Port Hawkesbury

## Immigration Access+



### AFFORDABLE, LOCAL IMMIGRATION SERVICES Designed for Unama'ki - Cape Breton businesses

Are you a business in need of immigration support? We're proud to publicly launch Immigration Access+, a program offering hands-on, start-to-finish immigration services delivered by licensed Regulated Canadian Immigration Consultants (RCICs).

**SCAN THE CODE TO LEARN MORE!**  
capebretonpartnership.com/immigration-services



## CENTRE IFIT

2356 HIGHWAY 206, ARICHAT  
902.226.0204 | FELICIA.BRUSHETT@IFITCENTREIFIT.CA



## VILLAGE FITNESS CENTRE

9992 UNIT 3 GRENVILLE STREET, ST. PETER'S  
902.302.5438 | STPETERSVILLAGEFITNESS@GMAIL.COM



Both of these Richmond County fitness centers use RhinoFit, an easy-to-use member management software. This versatile platform works on all internet-enabled devices — your computer, cell phone, or tablet — and supports access with cards and fobs, making it simple and convenient for members to check in, manage memberships, and stay connected with their fitness goals.

To learn more about membership fees and upcoming classes, reach out to them today and start your fitness journey!

**WE ARE OPEN!**  
WE ARE SO EXCITED TO WELCOME YOU TO OUR NEW SPACE!  
**ST. PETER'S PUBLIC LIBRARY**  
9992 GRENVILLE ST.

**VOLUNTEERS WANTED!**  
CALLING ALL VOLUNTEERS!  
WE NEED YOUR HELP!

Do you have expertise that you can share with your community? Want to connect with others?  
If you are interested in sharing your skills and offering a workshop at the library, contact us!

**ecrl** eastern counties REGIONAL LIBRARY  
RICHMOND

**READ COAST 2 COAST**  
**A Canadian Reading Challenge!**  
Feb 21-Apr 30

**Teen BOARD GAMES**  
Afternoons at the library

Light Snacks  
Play Together  
Relax  
Learn New Games  
Meet People

**Petit De Grat Public Library**  
Feb 28, Mar 7  
April - June  
Every 1st & 3rd  
**Saturday 3-5pm**

with approval by: **ecrl** eastern counties REGIONAL LIBRARY  
contact / Questions: @ EnrageGoose@proton.me 902 302 2024

**Rules**

- 1 Get a free contest map at your library or from the Same Page website
- 2 Read one Canadian book from each of the five regions
- 3 After you finish a book bring your map to the library to get a travel stamp

**Travel Stamp**

**ecrl.ca** | **facebook.com/ECRLlibrary**  
**instagram.com/ecrl\_ns** | **x.com/ECRLlibrary**

We're excited to welcome you into our newly refreshed library space here in St. Peter's!

Our library is now brighter, more open, and more inviting than ever—a warm, welcoming place to browse, learn, and connect. Whether you're stopping in for a quick visit or settling in with a good book, you'll notice the fresh new feel designed with our community in mind.

Be sure to check out our **Seed Library**, now proudly on display, making it easier than ever to grow something new at home. Little ones can also enjoy our **take-home craft bags**, filled with fun, creative activities to keep imaginations blooming.

This is just the beginning—there's more to come, and we can't wait to share it with you. Stop by, explore the space, and see what's growing at your library!

**Hours of Operation**  
Wednesday - Saturday  
10:00 am - 1:00 pm; 2:00 pm - 6:00 pm

**Coming Soon!**

**Seniors Take Action Coalition**  
...promoting age-friendly communities  
**Coalition des aînés en action**

**Mental Health First Aid Canada** **Supporting Older Adults**

**This MHFA Course for Older Adults is designed for people who have frequent contact with older adults, for example, family members, friends, public and private caregivers, community health workers, and volunteers.**

**We have funding available to offer this course to 15 people at no charge. Consists of 10 hours of in-person training over a two-day period.**

Please reach out for more information  
[seniorstakeaction.info@gmail.com](mailto:seniorstakeaction.info@gmail.com)

**COMING SOON**

**Seniors Take Action Coalition**  
...promoting age-friendly communities  
**Coalition des aînés en action**

**LOOKING TO GET INVOLVED IN YOUR COMMUNITY**  
Join our team. New committees are being formed to support the work of the Board of Directors to support healthy communities that support seniors' well-being.

Communication/Outreach | Advocacy | Collaboration/Engagement  
Finance, Grants, Resource Development

For more information contact Celeste  
[seniorstakeaction.info@gmail.com](mailto:seniorstakeaction.info@gmail.com)

# Community News & Events

## Eastern Counties Regional Libraries

St. Peter's Library & Petit de Grat Library  
Wednesday – Saturday,  
10:00 am – 1:00 pm & 2:00 pm – 6:00 pm

## Petit De Grat Library, Petit De Grat Teen Board Games Afternoons

April 4, April 18, May 2, May 16, June 6, June  
20; time: 3:00 – 5:00 pm  
Contact: Dorothy Booher 902.302.2024

## Tartan Day

St. Peter's United Church Hall, April 6; 2:30 pm  
Come and join us as we celebrate this day!  
A Talk about Tartan Day (originated in Nova Scotia!)  
Tea, Tunes, Treats, Toe-tapping dance  
demonstrations  
Hosted by Richmond MacAdian Ceilidh Dancers.



## Richmond Rainbow Alliance

The Richmond Rainbow  
Alliance is committed to  
promoting social justice,  
inclusivity, and safe,

welcoming spaces for 2SLGBTQIA+ individuals  
and their allies. Follow us on Facebook  
[@RichmondRainbowAlliance](#) to learn about  
upcoming events, ways to get involved, or  
how to bring activities to your community.

## Visitor Information Centre

9992 Grenville Street, St. Peter's  
Phone: 902.535.2185  
Open June 7 - October 17

## Tara Lynne Center, River Bourgeois

45 Card Game each Sunday; 2:00 pm  
Prizes \$100, \$60, \$40 Plus Jackpot  
Contact: Doreen Boudreau at 902.817.4899  
or 902.535.2756

## Grand River Fire Hall, Grand River

Mother's Day Breakfast  
Saturday, May 9; 7:00 am – 10:00 am  
\$12 for adults / \$5 for kids under 12

## Rhubarb Art Festival

Saturday, June 20; 1:00 pm – 4:00 pm  
Enjoy an afternoon of local art  
(some pieces for purchase)  
and a tea including assorted rhubarb  
desserts. \$8 per person

## South Mountain Arm of Gold

Fishcake & Beans Supper  
St. Georges Channel Hall  
June 12; 4:30 pm - 6:00 pm; \$15.00 pp

## Isle Madame Historical Society

708 Veterans Memorial Dr. Arichat

## Mother's Day Cup & Saucer Sale

Saturday, May 9, 2026; 11:00 am - 3:00 pm  
We have a wide variety of colours and patterns  
to choose from, so you're bound to find the  
perfect one for yourself or your Mom!

## IMHS's Summer Learning Series: "Hunting your Ancestors"

Saturday, June 6; 1:30 pm, Fee: \$25  
Join us as we look at census records and  
discover what they can tell us about our  
ancestors. Workshop presented by Anne  
Leavitt. Pre-registration is required, contact  
us at 902.226.9364 or email -  
[islemadamehistoricalandsociety@gmail.com](mailto:islemadamehistoricalandsociety@gmail.com)

## St. John's Centre for the Arts

2513 Highway 206, Arichat  
[friendsofstjohnsarichat@gmail.com](mailto:friendsofstjohnsarichat@gmail.com)  
Marg Herdman, 902.227.8303  
Sponsored by Friends of St. John's Arichat

## Love in Harmony

Carli Poirier and Jamus Dorey  
Sunday, April 19; 2:00 pm  
Donation at the door

## Celebration Isle Madame

Saturday, May 9 from 1:00 pm - 3:30 pm  
\$10, either by e-transfer or donation at the door

## Anne Janelle and James Hill

Saturday, May 16; 7:00 pm  
\$30 advance/ \$35 at the door/students \$10  
Etransfer: [friendsofstjohnsarichat@gmail.com](mailto:friendsofstjohnsarichat@gmail.com)  
Call: 902.227.8303

## Jud Gunning

Sunday, June 14; 7:00 pm  
\$25 advance/ \$30 at the door/ students - free

## Ellen and Adrianna

Sunday, June 28; 7:00 pm  
\$20 advance/ \$25 at the door/students - free

## Spring Student Recital

Sunday, June 7; 3:00 pm  
Donations at the door

## Royal Canadian Legion, Branch 150, Arichat

**Breakfast** - Sundays - April 5, May 3, June  
7; 8:00 am - 11:00 am. Eat in or Take out

**Fish Fry** - Fridays - April 17, May 15, June  
19; 4:00 pm - 6:30 pm. Eat in or Take out

**Music Circle** - Saturdays - April 4, May 2, June  
6; 2:00 pm; Free Admission - Bring your  
own instrument.

**Veteran's Social** - Saturdays - April 25, May  
30, June 27; 2:00 pm; All Veterans invited  
to attend

**Bingo** - Sundays - April 12, 19 & 26; 2:00 pm

**General Meeting** - Tuesdays - April 14, May 12,  
June 9; 2:00 pm; All members invited to attend.

**45 Card Game** - Poppy Fund Fundraiser -  
Saturdays - April 18, May 16, June 20;  
7:00 pm. Bring a partner - Prizes awarded

## Riverdale Community Centre

**80's & 90's Dance** - DJ Brett MacCole  
April 11; 9:00 pm – 1:00 am; \$10 pp

**Easter Egg Hunt**  
April 3; 11:00 am – 1:00 pm

**Monthly Breakfast**  
April 5, May 3, June 7; 9:00 am

**Riverdale Social**  
Recorded music, cards, games, darts (bring  
your own darts)  
April 24; 7:00 pm - 11:00 pm

## VON Week

May 17-23, 2026. Join us in recognizing  
the people who provide care across our  
community. For more information email  
[communications@von.ca](mailto:communications@von.ca) or visit  
[von.ca/von-week](http://von.ca/von-week)

## Dr. Kingston Memorial Community Health Centre

40 School Rd, L'Ardoise, NS BOE 1S0; 902.587.2800

## How to use Naloxone (Narcan)

May 1; 2:00 pm; FREE  
In this session you will learn how to safely  
carry Naloxone, how to spot signs of an  
overdose, and how to administer it.

## Annual general meeting

May 26; 6:00 pm to 7:00 pm

## Cafe Reminisce

A friendly and supportive space for people  
with memory challenges and their  
Caregivers. April 14, May 12,  
June 16; 1:00 pm – 2:30 pm

## Mental Wellness

Facilitator: Julia Goldsworthy, RCT  
\* April 16: Mindfulness & Self-Regulation –  
Simple tools for everyday calm  
\* May 21: Joy, Connection and Purpose in our  
daily lives  
\* June 18: Managing Anxiety and Worry in  
daily life

## Seniors Connecting

\* April 21 at 1:00 pm: Playful & Interactive  
Sound Workshop with Natascha (Riverdale  
Hall, Lower River)  
\* May 19 at 2:00 pm: Mosaic Garden  
Stepping Stones workshop with Teresa  
(River Roots, River Bourgeois)

## Other Information Sessions

\* Alzheimer Society Information Session:  
April 15 at 12:00 pm (Potlotek Health Centre)  
\* Estate Planning Information Session:  
Coming in April  
\* 12-Week Food-Fit Programs: Coming in April  
\* Walking Group: Starts May 13 at 10:00 am

## La Picasse, centre communautaire culturel

3435 route 206, Petit-de-Grat  
Andrée Lacourse, 902.226.0149

**Jeudis Art - Macramé pour débutant  
(partie 1 et 2) - Alvina Samson**  
2 et 9 avril à 18h30 ; 10\$- Inscription obligatoire

**Jeudis Art - Jour de la terre**  
Activités de plantation de graines,  
recyclage d'objet  
23 avril à 18h30; 5\$ - Inscription obligatoire

**Spectacle avec assiette de bouchées acadiennes**  
9 mai à 19h00; 25\$/personnes

**Jeudis Art - Peinture sur roche**  
Louise Migneault; 14 mai à 18h30, 5\$  
Inscription obligatoire

**Jeudis Art - Langage des signes  
(partie 1 et 2) - Connie Samson**  
21 et 28 mai à 18h30; 10\$ - Inscription obligatoire

**Jeudis Art - Couture (Altération pour  
débutant - à la main) - Lynn Theriault**  
4 juin 18h30; 5\$ - Inscription obligatoire

**Jeudis Art - Peinture acrylique avec  
spatule (partie 1 et 2) - Shirley Bonin**  
18 et 25 juin 18h30; 10\$ - Inscription obligatoire