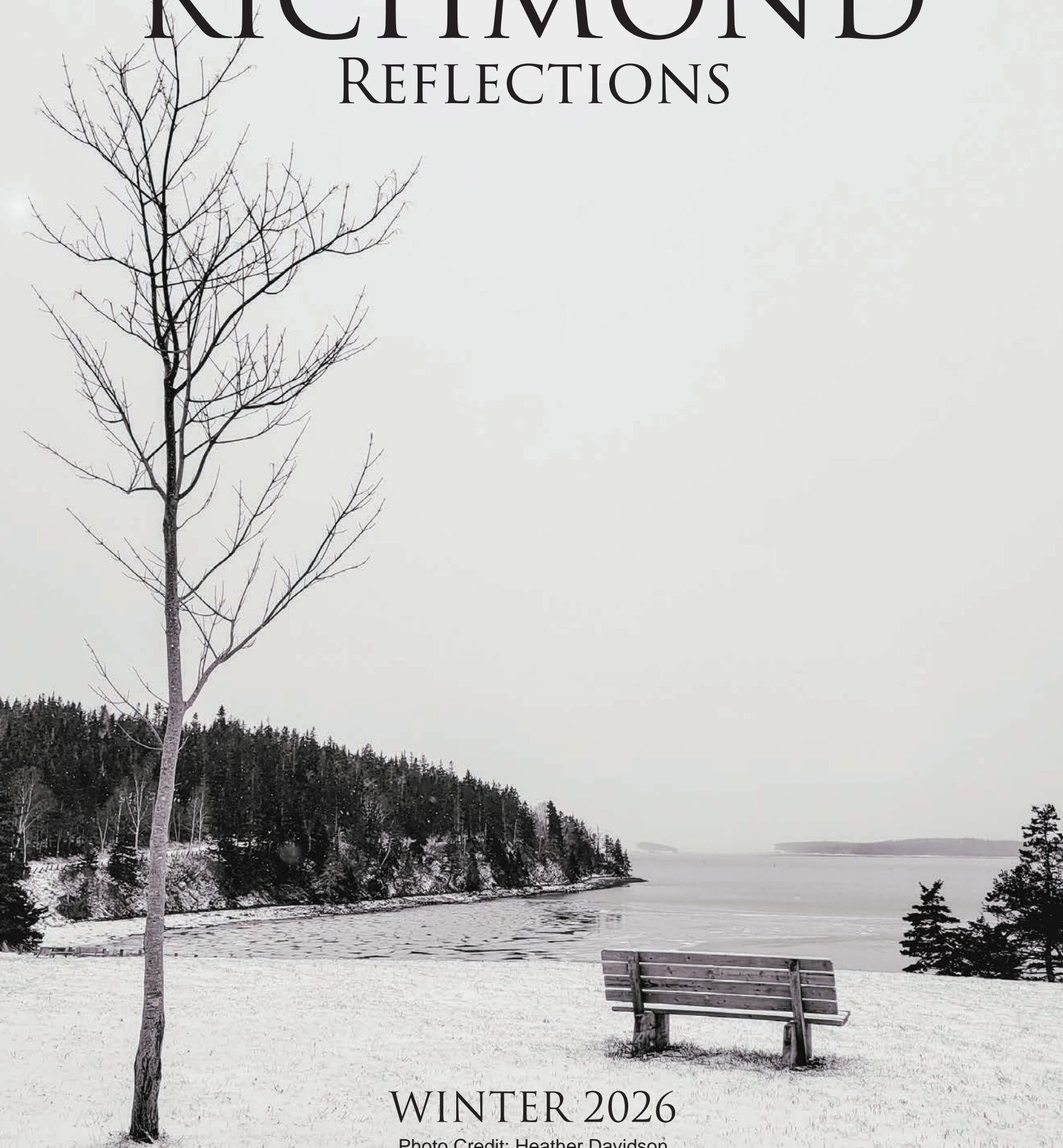


RICHMOND

REFLECTIONS



WINTER 2026

Photo Credit: Heather Davidson

Contact Information

Staff Directory

Who Do I Contact For..?

Telephone Number: 902.226.2400

Administration

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Shelley David
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Carla Martell
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Public Works Field Staff

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Tyler Fougere
Shelton Benoit

Solid Waste Management Facility

Evan Fougère
Jerome Ford
Charlene Short
Lance Anderson
Justin MacDonald
Rene Lavandier
John Burke
Bert Matthews
Kallum MacRae

Richmond Arena

Rene Babin
Wayne Doyle
Donald Blair Martell
Tyler Molloy

Water System Operator

Cecil Frost

Sewer System Operator

André LeBlanc

Water/Sewer Operator

Daniel Bowen

Emergency Services Management

Steven Marcellus
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Clint Samson
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Michelle Martineau
Interim Financial Reporting & Accounts Payable and Receivable
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Community Development and Recreation

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Ronalda Boudreau
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Danielle Martell
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Technologist Specialist

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Technology Specialist
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Innovation and Economic Development

Economic Development Coordinator
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Energy Transition Manager

Martin Thomsen
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Dog Control By-Law Officer
902.226.2400

Building/Fire Inspection
André Samson
Building Inspector/Fire Inspector
902.631.6012

Todd Samson
Assistant Building Inspector/Fire Inspector
902.226.2900/902.631.5905

Civic Addresses/Numbering
Bryne Butts, Civic Addressing Coordinator
902.625.5366

Emergency Management Organization
Steven Marcellus
902.226.3990

Home Repair Grants
Housing Nova Scotia (Cape Breton Branch)
1.844.424.5110

Plowing/Road Issues
Department of Transportation and Infrastructure
Renewal
902.625.2540

Potlotek First Nation
902.535.3317
www.potlotek.ca

Property Valuation Services Corporation
1.800.380.7775

Recycling
902.226.2396

St. Peter's Recycling Depot
902.535.2795
Monday, Tuesday, Thursday, Friday & Saturday
9:00 am - 4:30 pm * No longer accepting electronics

Arichat Recycling Depot
902.302.8570
Wednesday, Friday & Saturday
9:00 am - 4:00 pm * No longer accepting electronics

Registry of Deeds (Access Nova Scotia)
1.800.670.4357

Request Water/Sewer Service Connections
902.226.3977

Schedule of Council/Committee Meetings, Meeting Minutes, Requests to meet with or make presentations to Municipal Council
Shelley David, Municipal Clerk, Communications & Administrative Officer
902.226.3971

Street Light Repairs
Nova Scotia Power
1.800.428.6230
YourBusiness@nspower.ca

Address:

2357 Highway 206 Arichat, NS B0E 1A0

Hours of Operation:

Monday - Friday 8:30 am - 4:00 pm



Warden's Message



It's remarkable how quickly the seasons change. It feels like summer just came to an end, yet here we are already preparing for another winter in Richmond County. The warm months flew by, but they certainly left their mark. Across our communities, the summer brought one of the most challenging droughts we've experienced in years. Many residents and farmers faced real difficulties with wells and water supplies, and communities worked hard to support one another through those dry months. Thankfully, by late fall the rain returned, helping to restore water levels before the winter freeze.

These changing weather patterns remind us that climate change isn't a distant issue—it's something we're already experiencing here at home. At the municipal level, we're taking steps to better understand and address these impacts. Richmond County was recently named one of nine new communities to join Nova Scotia's Community Climate Capacity Program, which supports local governments in preparing for and responding to the effects of global climate change. Through this initiative, we'll develop a climate plan and framework, complete flood mapping and inundation modelling, and advance clean energy and fuel use strategies. These efforts will help us build stronger, more resilient communities and ensure we're ready for the challenges and opportunities ahead.

Council and staff have also been working to improve how we plan and deliver services. On December 1, changes will take effect around how we collect solid waste in two of Richmond County's three zones. We are also aligning our services with provincial changes to circular materials management and the new Extended Producer Responsibility framework. Another important improvement is our decision to move budget deliberations earlier in the calendar year. This adjustment gives us more time to plan carefully, coordinate with provincial and federal programs, and invite residents to share their perspectives. It's part of our continued effort to strengthen transparency, collaboration, and long-term fiscal responsibility in municipal government.

As we moved through November, our attention turned to remembrance and gratitude. I want to extend sincere thanks to all who organized and participated in Remembrance Day ceremonies across Richmond County. From schools and community halls to Legions and volunteer groups, your efforts ensure we pause to honour our veterans and reflect on the freedoms we enjoy because of their service.

On behalf of Council and staff, I wish everyone a safe, peaceful, and healthy winter season. Let's continue to support one another and keep building a bright, resilient future for Richmond County.

Warden Lois Landry
loislandry@richmondcounty.ca
 902-631-0332

Warden Lois Landry

lois.landry@richmondcounty.ca
 902.631.0332

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23. Winter Festival
24. Community News & Events



THE MUNICIPALITY OF THE COUNTY OF
LA MUNICIPALITÉ DU COMTÉ DE
RICHMOND



District 1
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902.227.5570
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District 2
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902.631.0332
lois.landry@richmondcounty.ca

District 3
Councillor Brian Marchand
902.226.3022
brian.marchand@richmondcounty.ca

District 4
Deputy Warden Amanda Mombourquette
902.631.0690
amanda.mombourquette@richmondcounty.ca

District 5
Councillor Brent Sampson
902.227.7006
brent.sampson@richmondcounty.ca

Spring Budget Deliberations: Council is encouraging community groups and organizations to start planning their 2026 projects and events. We appreciate the work you do in our communities and invite you to begin preparing for the upcoming 2026-2027 Community Grants program.

Share Your Community Events: Our Municipal Community Calendar on our website highlights local events happening throughout Richmond County. If your group has an upcoming activity to promote, send the details to danielle.martell@richmondcounty.ca to have it added.

Supporting our Seniors: Council is committed to helping older adults live safely and independently in Richmond County. Residents can find information on wellness programs, safety initiatives, grants, and community supports on the Senior Resources and Support webpage.

Municipal Council Meeting Schedule



Committee of the Whole: Second Tuesday of each month
Regular Council: Fourth Tuesday of each month

For presentations to Council, contact the Municipal Clerk at 902-226-3971 or clerk@richmondcounty.ca.

You can live stream council meetings by visiting:
<https://www.youtube.com/@RichmondCountyNS>

Municipal Website



Council and staff expenses, cheques issued, budget documents, visa statements and recorded Council meetings are all posted on the Richmond County website www.richmondcounty.ca.



The municipality continues to work with community partners to expand the equipment loan program, bringing equipment into your community and closer to residents, increasing opportunities to be active outdoors and indoors.

Snowshoes

65 pairs of snowshoes for both children and adults in varying sizes.

Nordic Walking Poles/Trekking Poles

Help to propel you forward while providing traction and stability with their bell-shaped hand grips.

**To borrow equipment from the program, contact the Recreation Department:
Telephone: 902-226-0663 or Email: recreation@richmondcounty.ca**



While visiting the Richmond Arena, participants are welcome to borrow the following equipment on site. **Please note that these items are not permitted to leave the building:**

Skate Helpers

The safe, sturdy, and fun skate aid for adults and kids

Hockey and Figure Skates

Limited selection of both hockey and figure skates in various sizes.

CSA Helmets

Limited selection of helmets in various sizes.

Sledges

Sledges are equipped with a push bar as well as hockey sticks to help the rider propel themselves forward. Great equipment for riders with limited mobility or compromised balance.



Community Play Bins

The contents of each Play Bin will change throughout the year to reflect seasonal activities and community needs. All Play Bin equipment is free to use. Community members are welcome to explore the bins and enjoy the activities provided. It's important to remember to return equipment after use, keep items organized and in good condition and always share the play space respectfully.

PlayBins can be found at the following community locations:

- ❖ RIVER BOURGEOIS
COMMUNITY PLAYGROUND
21 Recreation Rd, River Bourgeois
- ❖ LITTLE ANSE SAMSON'S COVE SOCIAL
ACTION CENTRE PLAYGROUND
4114 Highway 206, Little Anse



Community Partnerships

The municipality continues to work with community partners to expand the equipment loan program, bringing equipment into the community and closer to residents, increasing opportunities to be active outdoors this winter.

Snowshoes are available for loan at the following community minded businesses:

- ❖ BRAS D'OR LAKES INN
10095 Grenville St, St. Peter's
(902) 535-2200
- ❖ EASTERN COUNTIES REGIONAL LIBRARY
PETIT DE GRAT BRANCH
3435 Highway 206, Petit de Grat
(inside La Picasse)
(902) 226-3534



Program/event dates, times and locations are subject to change.

To register visit <https://www.richmondcounty.ca/recreation-program-registration.html> or call 902.226.0663.



Winter Programming January – March 2026

If you find a program that interests you or a member of your family, we encourage you to register through LeagueApps, our online registration platform. Visit www.richmondcounty.ca to learn more.

Prefer to register by phone instead? No problem! You can contact us directly at 902-226-0663 to speak with Recreation Staff and learn more.

YOUTH PROGRAMMING			
PROGRAM	INSTRUCTOR/SUPERVISOR	LOCATION	PAGE
Learn to Skate (Ages 5 - 7)	Shanna Burke & Kendra Burke	Richmond Arena, Louisdale	8
Learn to Skate (Ages 8 - 14)	Shanna Burke & Kendra Burke	Richmond Arena, Louisdale	8
Youth Recreation Hockey (Ages 8 - 14)	Brandon Boudreau/Dylan David	Richmond Arena, Louisdale	8
ADULT/SENIOR PROGRAMMING			
PROGRAM	INSTRUCTOR/SUPERVISOR	LOCATION	PAGE
Corespin 3	Sonia Morris	Isle Madame iFit Centre, Arichat	8
Corespin 4	Sonia Morris	Isle Madame iFit Centre, Arichat	8
Corespin 5	Sonia Morris	Isle Madame iFit Centre, Arichat	8
Sound Bath Meditative Experience	Adele Boudreau	Centre La Picasse, Petit de Grat	8
Traditional Indian Yoga & Meditation	Ann Marie Powers	L'Ardoise Community Centre, L'Ardoise	8
Chair Yoga - Tuesdays	Lisa DeWolf	Centre La Picasse, Petit de Grat	9
Chair Yoga - Thursdays	Lisa DeWolf	Centre La Picasse, Petit de Grat	9
Scottish Country Dancing (All ages)	Diane and Conrad Landry	St. Peter's United Church Hall, St. Peter's	9
PiYo Live	Margaret MacNeil-Gracie	Felix Marchand Elementary Centre, Louisdale	9
Zumba - Tuesdays	Margaret MacNeil-Gracie	Felix Marchand Elementary Centre, Louisdale	9
Zumba - Thursdays - CANCELLED	Margaret MacNeil-Gracie	L'Ardoise Community Centre, L'Ardoise	9
Slow Flow Yoga - Mondays - January Session	Michelle Juurlink	St. Peter's United Church Hall, St. Peter's	9
Slow Flow Yoga - Thursdays - January Session	Michelle Juurlink	St. Peter's United Church Hall, St. Peter's	9
Slow Flow Yoga - Mondays - February Session	Michelle Juurlink	St. Peter's United Church Hall, St. Peter's	9
Slow Flow Yoga - Thursdays - February Session	Michelle Juurlink	St. Peter's United Church Hall, St. Peter's	9

Program/event dates, times and locations are subject to change.
To register visit <https://www.richmondcounty.ca/recreation-program-registration.html> or call 902.226.0663.

ADULT/SENIOR PROGRAMMING			
PROGRAM	INSTRUCTOR/SUPERVISOR	LOCATION	PAGE
Adult Line Dancing	Belinda LaRochelle	St. Peter's United Church Hall, St. Peter's	10
Strength & Stretch - Session 1	Sonia Morris	Isle Madame iFit Centre, Arichat	10
Strength & Stretch - Session 2	Sonia Morris	L'Ardoise Community Centre, L'Ardoise	10
Stride for Strength / Pilates	Sonia Morris	Anne Sampson Building, River Bourgeois	10
Active Lifestyle & Wellness Program	Sonia Morris	Isle Madame iFit Centre, Arichat	10
Gentle Yoga 55+ - Mondays	Lynne Doucette	St. Peter's United Church Hall, St. Peter's	10
Gentle Yoga 55+ (Chair & Floor) - Wednesday	Lynne Doucette	Red Islands Fire Hall, Red Islands	10
Chair Fitness 55+	Debra Cooper	Riverdale Community Centre, Lower River	10
Chair Yoga 55+ - Wednesdays	Lynne Doucette	St. Peter's United Church Hall, St. Peter's	11
ADULT SPORTS			
PROGRAM	INSTRUCTOR/SUPERVISOR	LOCATION	PAGE
Pickleball (Ages 18+) - Mondays	Hazel & Glen Pottie	East Richmond Education Centre, St. Peter's	11
Badminton (Ages 18+)	Sharon Hall	East Richmond Education Centre, St. Peter's	11
Volleyball (Ages 18+)	Melanie Paul	East Richmond Education Centre, St. Peter's	11
Pickleball (Ages 18+) - Wednesdays	Hazel & Glen Pottie	East Richmond Education Centre, St. Peter's	11
Pickleball (Ages 18+) - Fridays	Hazel & Glen Pottie	East Richmond Education Centre, St. Peter's	11
Co-Ed Hockey (Ages 18+)	Brayden Marchand	Richmond Arena, Louisdale	11
Women's Hockey (Ages 18+)	Rochelle Heudes	Richmond Arena, Louisdale	11



Follow us on FACEBOOK!! Search for **Municipality of the County of Richmond** and LIKE our page.

The **Municipality of the County of Richmond** page is your source for Public Works updates related to water, sewer and recycling, recreation program information and much more!



Follow us on INSTAGRAM! Search for Richmond Recreation on Instagram and give us a follow!

You can see up-to-date information, photos and videos of everything related to recreation and physical activity in Richmond County!

Stay informed on local issues relevant to you!

Program/event dates, times and locations are subject to change.
To register visit <https://www.richmondcounty.ca/recreation-program-registration.html> or call 902.226.0663.

Youth Recreation

Learn to Skate

We welcome beginners as well as those wishing to improve their basic skills. This learn-to-skate program focuses on fun, participation, and basic skill development. Skaters progress at their own rate, and instructors make sessions active using teaching aids, upbeat music and a wide variety of activities that create a motivational environment and promote learning. Participants are asked to bring a CSA-approved hockey helmet, long pants, mittens, a warm sweater or jacket, and a water bottle.

Richmond Arena, Louisdale

Instructors: Shanna Burke and Kendra Burke

Ages 5 - 7

Mondays, for 6 weeks, beginning January 19
5:30 pm - 6:15 pm, Fee: \$33

Ages 8 - 14

Mondays, for 6 weeks, beginning January 19
6:15 pm - 7:00 pm, Fee: \$33

Youth Recreation Hockey | Ages 8-14

The Youth Recreation Hockey program is all about having fun on the ice! This program gives children the chance to play hockey, practice new skills, and enjoy being part of a team in a relaxed and supportive environment. Designed for youth not currently enrolled in organized hockey, it encourages active participation, teamwork, and confidence-building while keeping the focus on enjoyment rather than competition.

Richmond Arena, Louisdale

Saturdays, for 10 weeks, beginning January 10
5:30 pm - 6:30 pm, Fee: \$50

Instructors: Brandon Boudreau and Dylan David

MARCH BREAK TEASER

Recreation Staff with the Municipality of Richmond County are preparing a week of active, engaging, and family-focused programming for March Break.

A wide range of activities will be offered throughout the county to support physical activity, creativity, and community connection. The full schedule and registration information will be available in late February. Please follow us on Facebook to stay informed. We look forward to welcoming you this March Break!



Adult/Senior Recreation

Corespin 3

Suitable all levels

Corespin is a trio of workouts combining Cardio, Strength, Core conditioning for the whole body, it is low impact yet a sweaty and intense workout as per your ability. Modifications can be given for all fitness levels.

**7 bikes with modified options available (recumbent bike, upright bike and mini health riders)

Centre iFit, Arichat

Mondays and Thursdays, for 4 weeks, beginning January 5

5:00 pm – 6:00 pm, Fee: \$68

Instructor: Sonia Morris

Corespin 4

Suitable all levels

Corespin is a trio of workouts combining Cardio, Strength, Core conditioning for the whole body, it is low impact yet a sweaty and intense workout as per your ability. Modifications can be given for all fitness levels.

**7 bikes with modified options available (recumbent bike, upright bike and mini health riders)

Centre iFit, Arichat

Mondays and Thursdays, for 4 weeks, beginning February 2

5:00 pm – 6:00 pm, Fee: \$68

Instructor: Sonia Morris

Corespin 5

Suitable all levels

Corespin is a trio of workouts combining Cardio, Strength, Core conditioning for the whole body, it is low impact yet a sweaty and intense workout as per your ability. Modifications can be given for all fitness levels.

**7 bikes with modified options available (recumbent bike, upright bike and mini health riders)

Centre iFit, Arichat

Mondays and Thursdays, for 4 weeks, beginning March 9

5:00 pm – 6:00 pm, Fee: \$68

Instructor: Sonia Morris

Sound Bath Meditative Experience

An immersive experience using crystal singing bowls to promote deep relaxation and stress relief. Participants are encouraged to lie down and experience the therapeutic benefits and to receive healing vibrations. Deep healing can occur on all levels of mind, body, and spirit.

Centre La Picasse (Foyer), Petit-De-Grat

Thursday, March 19

6:30 pm – 7:30 pm, Fee: \$20

Instructor: Adele Boudreau, Regis. Acupuncturist/Reiki Master

Traditional Indian Yoga & Meditation

Join us for a simple yoga and meditation practice to help restore natural balance, focus and inner peace. Suitable for all levels. We will close with a short silent (10 minute) meditation. Participants should come to class wearing comfortable clothing, yoga mats, and a small blanket. Optional: bolster or pillow for under knees and an eye covering for corpse (relaxation pose).

L'Ardoise Community Centre, L'Ardoise

Thursdays for 10 weeks, beginning January 22

6:00 pm – 7:30 pm, Fee: \$60, or \$6 per class

Instructor: Ann Marie Powers

Program/event dates, times and locations are subject to change.

To register visit <https://www.richmondcounty.ca/recreation-program-registration.html> or call 902.226.0663.

Adult/Senior Recreation

Chair Yoga

Welcoming adults of all ages who desire the benefits of yoga without getting down on the floor. No yoga experience is necessary. Modified yoga movements are done sitting or standing by a chair, with the option to remain seated for the entire class. Chair yoga serves a greater purpose than just the poses. It focuses on maintaining or improving functional mobility (balance, strength, flexibility, range of motion). It can improve general wellbeing and relaxation. It also promotes a sense of connection with others, in a relaxed and joyful environment. Please bring a yoga mat. A strap will be provided if you do not already have one.

La Grande Salle, Centre La Picasse, Petit de Grat
Tuesdays, for 7 weeks, beginning January 13
2:00 pm – 3:15 pm, Fee: \$42 or \$6 per class

Participants choosing to attend classes on a drop-in basis must register and submit payment online prior to attending
Instructor: Lisa DeWolf, RYT 200

La Grande Salle, Centre La Picasse, Petit de Grat
Thursdays, for 7 weeks, beginning January 15
2:00 pm – 3:15 pm, Fee: \$42 or \$6 per class

Participants choosing to attend classes on a drop-in basis must register and submit payment online prior to attending
Instructor: Lisa DeWolf, RYT 200

Scottish Country Dancing (All ages)

Richmond MacAdian Ceilidh Dancers Sociable invites all ages for an enjoyable afternoon of Scottish Country Dancing. Dancers are normally grouped in sets, typically three, four or five that are arranged either in two lines (partners facing each other) or in a square. They work together to dance a short sequence of formations that provide a particular dance with its identity. The originality of the formations ensures each couple gets the chance to experience the dance from different positions. Scottish Country Dancers mainly dance for pleasure, finding the shared experience of dance both physically and mentally enjoyable. A soft shoe or slipper works best.

St. Peter's United Church Hall, St. Peter's
Sundays, for 10 weeks, beginning January 18
2:00 pm – 4:00 pm, Fee: FREE
Instructors: Dianne and Conrad Landry

PiYo Live

PiYo Live is a hybrid, athletic workout, which combines the mind/body practices of Yoga and Pilates as well as the principles of stretching, strength training, conditioning, and dynamic movement. We crank up the music, the speed, and the fun to give you an intense, yet low-impact workout. Modifications can be made for all fitness levels.

Felix Marchand Elementary Centre, Louisdale
Thursdays, for 5 weeks, beginning January 22
6:15 pm – 6:45 pm, Fee: \$35 or \$8 per class

Participants choosing to attend classes on a drop-in basis must register and submit payment online prior to attending
Instructor: Margaret MacNeil-Gracie

Zumba

Zumba brings people together through group exercise classes that blend rhythmic Latin music with high-intensity cardio dance moves to make getting in shape more fun than ever. Get a full-body workout while forgetting you're even exercising by joining the Zumba dance party! You don't need to be any good at dancing to do Zumba — all you need is an open mindset and a willingness to give it your best shot. Join one or all of Margaret's Zumba sessions this spring.

L'Ardoise Community Centre, L'Ardoise - **CANCELLED**
Tuesdays, for 5 weeks, beginning January 13
5:30 pm – 6:10 pm, Fee: \$40 or \$9 per class

Participants choosing to attend classes on a drop-in basis must register and submit payment online prior to attending
Instructor: Margaret MacNeil-Gracie

Felix Marchand Elementary Centre, Louisdale
Thursdays, for 5 weeks, beginning January 22
5:30 pm – 6:10 pm, Fee: \$35 or \$8 per class

Participants choosing to attend classes on a drop-in basis must register and submit payment online prior to attending
Instructor: Margaret MacNeil-Gracie

Slow Flow Yoga

Slow Flow Yoga is an accessible style of flow class designed to connect breath with movement, helping to cultivate a sense of calm and balance. In this class, we'll move through a series of poses at a slower pace, allowing for deeper exploration of each posture. The focus is on alignment, as well as improving mobility, strength, and balance. Whether you're new to yoga or looking to deepen your practice, this class offers a welcoming space to unwind, release tension, and enhance both physical and mental well-being. While lots of options will be given to make this class accessible, the nature of a flow class will be kept including standing sequences and movement from the floor to standing. A great opportunity to build strength and mobility.

St. Peter's United Church Hall, St. Peter's
Mondays, for 5 weeks beginning January 12
6:30 pm – 7:30 pm, Fee: \$50
Instructor: Michelle Juurlink

St. Peter's United Church Hall, St. Peter's
Thursdays, for 5 weeks beginning January 15
10:00 am - 11:00 am, Fee: \$50
Instructor: Michelle Juurlink

St. Peter's United Church Hall, St. Peter's
Mondays, for 5 weeks beginning February 23
6:30 pm – 7:30 pm, Fee: \$50
Instructor: Michelle Juurlink

St. Peter's United Church Hall, St. Peter's - **CANCELLED**
Thursdays, for 5 weeks beginning February 26
10:00 am - 11:00 am, Fee: \$50
Instructor: Michelle Juurlink

Program/event dates, times and locations are subject to change.

To register visit <https://www.richmondcounty.ca/recreation-program-registration.html> or call 902.226.0663.

Adult/Senior Recreation

Adult Line Dancing

If you can count to 8, you can line dance. The best steps you will ever take! Belinda invites you to a fun and rewarding way to exercise and work on your total body wellness, both physically and mentally. You will learn many line dancing steps and dance to various music genres and choreographed dances all while gaining confidence on the dance floor and improving your whole-body wellness.

St. Peter's United Church Hall, St. Peter's
Tuesdays, for 8 weeks, beginning January 13
2:00 pm – 4:00 pm, Fee: \$40
Instructor: Belinda LaRochelle

Strength & Stretch – Move, Breathe, Restore

Strength & Stretch is a movement class designed for those who do it all—but rarely take time for themselves. This gentle and low-impact class helps release everyday tension, improve mobility, and reset the body and mind. Using mindful breathwork, controlled movements, and functional stretches, we'll focus on building strength, balance, flexibility, and stamina. No high intensity, no complicated choreography—just space to slow down and reconnect with yourself. Light resistance and/or bodyweight movements are used to support joint health and improve posture. Perfect for anyone who spends long hours sitting, juggling family life, or feels the physical effects of stress and fatigue.

L'Ardoise Community Centre, L'Ardoise
Saturdays, for 6 weeks beginning January 17
10:00 am – 11:00 am, Fee: \$50
Instructor: Sonia Morris

Isle Madame iFit, Arichat
Tuesdays, for 6 weeks, beginning January 13
7:00 pm – 8:00 pm, Fee: \$50
Instructor: Sonia Morris

Stride for Strength / Pilates Combo

This 6-week program is designed to improve posture, breathwork, core strength, range of motion, stability, mobility, and everyday functional movement. Perfect for beginners, as well as individuals with arthritis or osteoporosis, the program uses a variety of resistance tools and incorporates chairs for added stability. Sessions include a mix of seated and standing exercises, with options to modify comfort or advance to floor-based mat work. With a focus on full-body training and mind-body connection, you will finish each class feeling empowered, confident, and strong.

Anne Sampson Building, River Bourgeois
Saturdays, for 6 weeks, beginning January 10
2:00 pm – 4:00 pm, Fee: \$42
Instructor: Sonia Morris

Active Lifestyle & Wellness Program

This structured 6-week program focuses on split workouts (upper and lower body) that are highly effective and sustainable for building strength, muscle tone, and mass. Designed in two phases and adhering to the FITT principles, participants will learn correct form, breathwork, and core/muscle engagement to enhance strength, stability, and self-accountability. In-person classes are held twice a week, beginning with a warm-up, followed by main exercises targeting different muscle groups, and concluding with cool-down stretches. Home exercises and weekly challenges -Goal setting, Physical movement, Hydration, Self-care & Sleep. Outcome provides a metabolic boost and foundational strength for daily activities, contributing to improved overall wellbeing. Before starting, participants can join a pre-program of Zoom Q&A to understand the program's structure. Includes optional weekly Zoom check-ins, a private Facebook community group, and 24-hour messaging via text, email, and messenger. Challenge yourself to become stronger and more confident. Suitable for all levels - modifications can be given.

Isle Madame iFit Centre, Arichat ****NEW Date****
Mondays and Thursdays, for 6 weeks, beginning February 9
7:00 pm – 8:00 pm, Fee: \$97
Instructor: Sonia Morris

Gentle Yoga 55 +

For seniors who are looking for a safe, effective way to enhance their physical health and overall wellness, the stretching, breathing, and meditation practices of yoga can be a great solution. In fact, as you will see, yoga regularly can result in many benefits for older adults, from greater flexibility and balance to lower stress and better sleep.
Instructor: Lynne Doucette

United Church, St Peter's
Mondays, for 8 weeks, begin January 12
10:00 am - 11:30 am, Fee: \$30

Chair/Floor Class

Red Islands Fire Hall, Red Islands
Wednesdays, for 8 weeks, begin January 14
1:30 pm - 3:00 pm, Fee: \$30

Chair Fitness | 55+

Chair Fitness classes are performed while sitting in the chair or using the chair as an adaptive device. Designed to improve muscle tone, flexibility, and endurance. Chair Fitness is ideal for those with arthritis, osteoporosis or those starting an exercise program. This class is so much more than having a chair available if you need to improve your balance or for some exercise. This class requires hand weights to help you become stronger and healthier.

Participants are asked to bring 2lb or 3lb weights, an exercise belt/band, and a yoga mat for this program.

Riverdale Community Centre, Lower River
Wednesdays for 6 weeks, beginning January 14
10:00 am – 11:00 am, Fee: \$30
Instructor: Debra Cooper

Program/event dates, times and locations are subject to change.
To register visit <https://www.richmondcounty.ca/recreation-program-registration.html> or call 902.226.0663.

Adult/Senior Recreation

Chair Yoga 55+

Chair yoga is a great way for older adults to get the wonderful health benefits of yoga. It also makes yoga accessible to more people. Staying seated while doing yoga means that even frail seniors or those who aren't flexible can safely do the exercises. The benefits of chair yoga for older adults include loosening and stretching painful muscles, reducing chronic pain, decreasing stress, and improving circulation. It also reduces anxiety, helps lower blood pressure, protects joints, and builds strength and balance.

United Church Hall, St Peter's
Wednesdays, for 8 weeks, begin January 14
10:00 am – 11:15 am, Fee: \$30
Instructor: Lynne Doucette

Hosted by the HEARTS Ability Society

SENSORY GYM NIGHT

OPEN TO ALL AGES!

Activity List
Basketball
Baseball
Curling
Scooters
Hoops
Gym Mats
Free Play!

THURSDAYS!

École Beau-Port
Arichat, N.S.

Every Thursday (Unless Otherwise Posted)
From 6:00pm to 7:00pm

Our weekly gym night is for anyone with sensory needs or any type of special need.

Adult Sports

Adult sports create great opportunities for adults, co-workers, family and friends to stay active, spend time together, meet new people, and have fun while playing their favorite sports! **All sports played in schools will begin the week of January 5.**

Pickleball (Ages 18+)

Mondays, 7:00 pm – 9:00 pm
East Richmond Education Centre, St. Peter's
Supervisors: Hazel & Glen Pottie

Badminton (Ages 18+)

Tuesdays, 7:00 pm - 9:00 pm
East Richmond Education Centre, St. Peter's
Supervisor: Sharon Hall

Volleyball (Ages 18+)

Thursdays, 6:00 pm – 9:00 pm
East Richmond Education Centre, St. Peter's
Supervisor: Melanie Paul

Pickleball (Ages 18+)

Wednesdays, 7:00 pm – 9:00 pm
East Richmond Education Centre, St. Peter's
Supervisors: Hazel & Glen Pottie

Pickleball (Ages 18+)

Fridays, 7:00 pm – 9:00 pm
East Richmond Education Centre, St. Peter's
Supervisors: Hazel & Glen Pottie

All Adult Sports programming at the arena will continue as scheduled, pending any holiday-related closures.

Co-Ed Hockey (Ages 18+)

Tuesdays, beginning October 21, from 9:00 pm - 10:00 pm,
\$10 drop-in fee
Richmond Arena, Louisdale
Supervisor: Brayden Marchand

Women's Hockey (Ages 18+)

Mondays, beginning October 20, from 8:00 pm - 9:00 pm,
\$10 drop-in fee
Richmond Arena, Louisdale
Supervisor: Rochelle Heudes



Program/event dates, times and locations are subject to change.
To register visit <https://www.richmondcounty.ca/recreation-program-registration.html> or call 902.226.0663.

Richmond Arena
3122 Basin Rd, Louisdale



Home of the
HURRICANE

Facility Rates

Prime Time \$200/hr.
Monday - Friday, 4:00 pm - 11:00 pm; All day Saturday & Sunday

Non-Prime Time \$170/hr.
Monday - Friday, 7:00 am - 4:00 pm

Boardroom \$50/half day or \$100/day

Skating Parties \$120/hr.
Saturdays, minimum 2 hour booking, available to non-profit organizations

Birthday parties \$175/hr.
Includes Hospitality Room for 1 hour before or after ice time.



Weekly Skate Schedule

Please note that all weekly skate schedules are subject to change.

To view the most up-to-date schedule and availability, please visit: <https://www.rectimes.app/richmondarena>

For additional information or assistance, please contact the **Department Administrator** at 902.226.0663.

MONDAYS

Parent and Tot Skate * new
11:00 am - 12:00 pm, Fee: FREE

Senior Skate * new
12:00 pm - 1:00 pm, Fee: FREE

Family Stick and Puck
1:00 pm - 2:00 pm, Fee: \$10/family

Women's Hockey | Ages 18+
8:00 pm - 9:00 pm, Fee: \$10 drop-in

WEDNESDAYS

Senior Shiny Hockey
10:00 am - 11:00 am, Fee: \$5 drop-in

Parent and Tot Skate
11:00 am - 12:00 pm, Fee: FREE

Senior Skate
12:00 pm - 1:00 pm, Fee: FREE

After School Skate
3:30 pm - 4:30 pm, Fee: FREE

Family Stick and Puck
4:30 pm - 5:30 pm, Fee: \$10/family

SATURDAYS

Public Skate
3:30 pm - 5:00 pm, FREE

TUESDAYS

Family Stick and Puck
9:00 am - 10:00 am, Fee: \$10/family

Parent and Tot Skate * new
11:00 am - 12:00 pm, Fee: FREE

Senior Skate * new
12:00 pm - 1:00 pm, Fee: FREE

Co-Ed Hockey | Ages 18+
9:00 pm - 10:00 pm, Fee: \$10 drop-in

THURSDAYS

Parent and Tot Skate * new
11:00 am - 12:00 pm, Fee: FREE

Senior Skate * new
12:00 pm - 1:00 pm, Fee: FREE

Family Stick and Puck
4:00 pm - 5:00 pm, Fee: \$10/family

FRIDAYS

Parent and Tot Skate * new
10:00 am - 11:00 am, Fee: FREE

Family Stick and Puck
11:00 am - 12:00 pm, Fee: \$10/family

Senior Skate * new
12:00 pm - 1:00 pm, Fee: FREE

Sensory Friendly Skate
4:00 pm - 5:00 pm, Fee: FREE



Arena Memberships and Day Passes

All memberships and day pass holders must be **18 years of age or older** and must comply with the **Richmond Arena Membership and Day Pass Agreement**. For a full list of rules and regulations, please visit: www.richmondcounty.ca

ARENA MEMBERSHIP - \$120/person

By purchasing a membership, you will be able to step on the ice any time it's not rented. Memberships can be purchased online, at the Municipal Office in Arichat, Monday to Friday, 8:30 am - 4:00 pm, or at Richmond Arena during regular hours of operation.

FAMILY ARENA MEMBERSHIP - \$200/person

By purchasing a family membership, the paying adult will be able to step on the ice any time it's not rented. This membership also includes access to scheduled Family Stick and Puck for the whole household.

DAY PASS - \$10/pass

Passes can be used anytime the ice is not being rented. Each pass is valid for one ice session during available ice time. Day Pass holders must be 18 years old and must adhere to the Richmond Arena membership agreement rules.

FAMILY STICK AND PUCK MEMBERSHIP - \$120/family

Family Stick and Puck Pass provide an upbeat environment for families to improve skating, stick handling, puck control, passing and other related ice skills. Unlike a traditional hockey game or practice, Family Stick and Puck are an informal session with no goalies, slapshots and zero contact. This membership includes all scheduled times.

FAMILY STICK AND PUCK DAY PASS - \$10/family

Family Stick and Puck Pass provides an upbeat environment for families to improve skating, stick handling, puck control, passing and other related ice skills. Unlike a traditional hockey game or practice, Family Stick and Puck is an informal session with no goalies, slapshots and zero contact.

MARCH BREAK SPECIAL ICE RATES

MARCH 16 - 20 \$125/hour

Call 902.226.0663 for more information

Skate Sharpening \$5

Skate sharpening services available, please phone 902-345-2103 in advance

ATM

For your convenience, there is an ATM on site

Public Wifi

Network:
RichmondArena_EXT

Closing Date

MARCH

29

Canteen Services/Vending Machines on site

Community Champions

Volunteers are extremely important to our communities and our county. They are passionate, tireless, and selfless, and they are the heart of our local community organizations.

Do you know a volunteer? Complete a nomination form and help us recognize them! Forms can be found on our website at www.richmondcounty.ca



Judy Morrison
August 2025



Kathryn Groves
September 2025



Francine Stanton
October 2025



Bradley Malcolm
November 2025

"We make a living by what we get, but we make a life by what we give."
Winston Churchill

Water, Sewer and Tax Bills

Department of Finance and Taxation

The Finance Department is responsible for coordinating all the financial activities of the Municipality of the County of Richmond. The major areas of responsibilities of the Department are property taxation, other source revenues, accounts payable, payroll, budgeting, accounting and financial management. **The Municipality of the County of Richmond's fiscal year runs April 1 - March 31.**

Property Tax Bills

Billing date:



Due date:



Please allow three business days for processing.

Water and Sewer Bills

Water and sewer bills are sent quarterly with billing dates of April 1, July 1, October 1 and January 1.

Next Billing date:



Next Due date:



Please allow three business days for processing.

Tax Payment Methods

Tax payments may be made at the Municipal Tax Office located at 2357 Highway 206, in Arichat, by presenting your tax bill to the Tax Clerk. The office is open Monday through Friday between 8:30 am and 4:00 pm.

The Municipality offers Debit Card payments.

PLEASE NOTE: VISA, Mastercard, American Express, etc. are NOT accepted.

Online and telephone banking are other alternatives for paying property tax bills through most financial institutions.

Your payment can also be made by mail. Please send your cheque or money order to:

Municipality of the County of Richmond - Tax Office,
P.O. Box 120,
Arichat, NS,
B0E 1A0

Please remember to enclose the remittance stub of your tax bill with your payment and indicate your property account number(s) on your cheque or money order.

Land Transfer Tax

The Municipality of the County of Richmond has a Deed Transfer Tax of 1.5%. The Deed Transfer Tax is collected on the Municipality's behalf by the Province of Nova Scotia at the Registry of Deeds.

Tax and Area Rates

The 2025-2026 Residential tax rate for the Municipality of the County of Richmond is \$0.85 per \$100 of assessment.

The Commercial tax rate for 2025-2026 is \$2.15 per \$100 of assessed value. Area rates are also added. See our website for a detailed breakdown.

Property Tax Billing and Interest Rates

The Municipality's tax bills are issued on the 1st of April and September and are due on the first working day of June and November.

All taxes not paid by the due date accrue interest at a rate of 18% per annum (1.5% per month). The Municipality sends out approximately 12,000 annual tax bills.

If you have any questions in regards to your tax bill, please contact the Tax Office at 902-226-2400 or 902-226-3976.

Finance Winter Tips

* The 2025/2026 **Heating Assistance Program** and **Seniors Care Grant** are both out! Apply by March 31, 2026 to qualify. You can apply online, print a form at home or call/visit our office to obtain a form.

* Lifetime Dog tags are available for dogs aged one year and older, which costs a one-time fee of \$45.

Did you know?

- According to the Guinness World Records, on January 28, 1987, a snowflake 15 inches wide and 8 inches thick fell in Forth Keogh, Montana, making it the largest snowflake ever observed.

- The largest recorded snowman ever built was in Bethel, Maine, in February 1999. The 113-foot, 7-inch snowman broke the previous record held by Yamagata, Japan, at 96 feet and 7 inches.

- Did you know certain hot chocolate made with cocoa can be beneficial for your winter health? Hot chocolate isn't just a cozy treat - it's packed with benefits! The antioxidants in cocoa may boost heart health and improve mood, making it the perfect winter drink for warmth and wellness. Sip your way to comfort and health!

****Online payments can take 1-2 business days for processing, so please take this into consideration when paying your bills online.**

Recyclable material list



Cardboard boxes

Pizza boxes, direct mail boxes, moving boxes, shoe boxes.



Place empty flattened and bundled cardboard 60 x 60 cm next to blue bags at the curb.

Boxboard

Cereal boxes, tissue boxes, egg cartons, rolls from toilet paper and paper towel.



Flatten. Empty.

Any colour, including flour bags, prescription bags, paper produce bags. Notepads, white or coloured loose paper, file folders, other printed materials. Community newspapers, flyers, brochures and magazines. Greeting cards and envelopes, gift boxes.

Paper



Place shredded paper in a tied clear plastic bag. Separate from plastic bags used to cover items, remove elastic bands. Remove rope handle from bags. Do not include soft or hard covered books/novels

Paper laminate packaging

Spiral cans, cookie dough package, ice cream containers, and hot and cold beverage cups.



Rinse and dry. Remove lids.

Plates, flour bags, paper and gift bags, muffin or sandwich bags..



Empty.

Plastic film

Plastic that can be stretched. Bags used for dry cleaning, bread, newspapers and flyers. Sandwich bags, freezer bags, shrink wrap.



Empty.

Cartons

Dairy and dairy substitute cartons, molasses and sugar cartons, laundry and cleaning cartons, soup and sauce cartons, coffee cartons.



Rinse and dry. Lids and caps on.



Recyclable material list

Plastic containers

Laundry detergent and household cleaner jugs, shampoo, body wash, salad dressing, condiment, dish soap, mouth wash bottles.

Food trays, salad, yogurt, peanut butter, bakery and egg containers, plastic cups, plastic tubs and lids. Toothpaste tubes, deodorant, hand cream tubes.

Small item packaging, hand sanitizer bottles, plant pots.

Empty. Lids and caps on.



Metal

Food cans, metal lids, candle, cookie, coffee and tea tins.

Rinse and dry.



Aluminum (foils and trays)

Aluminum foil, pie plates, frozen food trays.

Empty. Ball up aluminum foil.



Glass containers

Clear and coloured glass. Food containers, jars and bottles. Cosmetic containers, spice bottles, oil and vinegar bottles.

Empty. Lids and caps off.



Aerosol containers

Food spray, hairspray, air fresheners, shaving cream, deodorant.

Empty. Lids and caps on.



Flexible plastics

Coffee or deli pouches, chip bags, bubble wrap, vacuum packaging, candy and snack wrappers, cereal liner bags, gift bags.

Empty



Foam packaging

Meat trays, takeout containers, cups, plates, bowls, foam packaging.

Empty. Remove film wrap and absorbent pads from meat trays.



FAQs - Frequently Asked Questions

Check out the FAQs by visiting www.circularmaterials.ca/resident-provinces/nova-scotia/#FAQ to find out more about Nova Scotia's EPR transition. If you have any further questions, please contact at info@circularmaterials.ca.

EMERGENCY MANAGEMENT

IN RICHMOND COUNTY



Winter storm preparation is important to ensure you are ready to go when the emergency occurs. Emergency kits need to be fully stocked and ready to go.

If you haven't already done so, now is a great time to make sure you are ready for the winter weather approaching.

With snow and ice storms soon to arrive, there is an increased risk for more power outages post FIONA which could potentially have a lasting impact for a few days.

In case of any emergencies that may pop up, you need to be prepared. Having the necessary supplies on hand can take some of the worry out of an undesirable situation.

Three main areas to prepare in the case of emergencies are:

- Home – Disaster Preparedness kits
- Personal – Emergency Go-Bag
- Auto – Car Emergency Kit

HOME DISASTER PREPAREDNESS KIT

The Canadian Red Cross recommends that you keep a disaster preparedness kit in your home with enough supplies to meet your family's needs for at least 72 hours. Make sure you take precautions to ensure emergency medications are stocked as well for those family members requiring them.

Sample Disaster Preparedness Kit (enough supplies for the number of people present, if more than just your regular family):

- Bottled water
- Flashlight
- Non-perishable food
- Emergency Phone List
- Radio (battery or wind-up)
- First Aid Kit

PERSONAL EMERGENCY GO-BAG

Another thing to think about is to have an emergency go-bag in the event you need to evacuate.

The emergency go bag should contain your personal emergency items like:

- Small first-aid kit and personal medications
- Personal toiletries and items, such as an extra pair of glasses or contact lenses, change of clothes
- Copy of your emergency plan, copies of important documents, such as insurance papers
- Cash in small bills
- Local map with your family meeting place identified

CAR EMERGENCY KIT

Always have winter safety and emergency equipment in your car. A basic car kit should contain the following:

- Food that won't spoil, such as energy bars
- Water - plastic bottles that won't break if the water freezes (replace them every six months)
- Blanket(s)
- Extra clothing and shoes or boots
- First aid kit with seatbelt cutter
- Small shovel, scraper and snowbrush
- Candle in a deep can and matches
- Wind-up flashlight
- Whistle — in case you need to attract attention
- Roadmaps
- Copy of your emergency plan

Keep in mind as you are planning for emergencies and the changing seasons the items you need in your kits also change. For example, in the wintertime, having additional warm clothing and blankets is recommended for each kit. Snow tires and different maintenance may be needed.

Ensure all family members are aware of the kits and their location in the event they need to grab them. Where you store your emergency kit is up to each family, but it should be in a location that is quickly accessible.

Another thing to think about are the Power Outages. It is not uncommon to lose power during wind or snowstorms and if possible, to minimize the impact a back-up generator can help.

A great resource to make sure you are using it safely, always follow the manufacturers recommendations and use the Nova Scotia Power's website as a resource - <https://www.nspower.ca/about-us/safety>

COMFORT/WARMING EMERGENCY CENTRES

If you cannot invest in a generator, know where the nearest comfort/warming centre is located if needed. You should be prepared for at least 72 hours at which time if there is a need, comfort/warming centres can be activated. They are not meant to be overnight shelters. They are meant to provide a place to get warm, recharge devices, use the washroom, get a warm drink, check on each other, share information and get updates on weather and power resumption.

For those needing overnight accommodations, assistance may be requested through Red Cross and an Emergency Shelter will be activated.

If you are not quite needing to go to a comfort station, there are a few things to do to keep warm, without power.

- Eliminate Heat Loss – avoid opening and closing exterior doors and block drafts
- Wear plenty of layers
- Use candles safely
- Use the sun for heat — blinds open in the day and shut at night
- Keep yourself and pets warm with blankets
- Consume warm drinks

Immigration Access+



Immigration Access+ offers a deeper level of support, including full application preparation and submission, delivered by a licensed Regulated Canadian Immigration Consultant (RCIC). This service is ideal for employers and entrepreneurs who need hands-on, start-to-finish immigration assistance.



SCAN THE CODE TO LEARN MORE



Building Connections Across Unama'ki – Cape Breton

Welcome **Sumayya Mullassery**, the new Cape Breton Connector Program Coordinator.

Sumayya helps connect emerging talent with local professionals and employers — strengthening our Island community through opportunity.

CAPE BRETON CONNECTOR PROGRAM

Funded and supported by: An initiative of the:



START YOUR
JOURNEY TODAY

What's New

Seniors Take Action Coalition of Richmond County

By: Celeste Gotell

New Logo in both English and French



New Partnerships and Initiatives

In the past few months, Seniors Take Action Coalition (STAC) has been busy exploring funding opportunities and partnerships to bring new initiatives to Richmond County.

A recent partnership with Bereaved Families of Nova Scotia has allowed us to bring peer grief support programs to Richmond County. STAC hosted two Support and Share sessions, one in Arichat and one in St. Peter's. Support and Share provides immediate help for grieving individuals. Sessions are usually held once per month.

We also offered the Living With Grief Peer Support Program in Louisdale. This 6-week program is designed to bring people together who have suffered the loss of a loved one. It is sometimes referred to as the General Grief Program. To learn more, visit Bereaved Families of Nova Scotia.

We are also working closely with the team from Homeward Bound Nova Scotia. To learn more, visit their website: www.homewardboundns.ca Facebook and Instagram: @homewardboundns

Meet the new Board of Directors elected at our Annual General Meeting held in September 2025

Dorothy Barnard, Chair - lives in River Bourgeois and loves weeding.

Robert Goyetche, Vice-Chair - lives in Louisdale. He is an easy-going guy who enjoys working with others and has a great passion for building the community.

Janine Lacroix, Treasurer - lives in Petit-de-Grat. Her favourite time of the year is the summer; she is also an avid gardener and has beautiful gardens!

Noreen LeBlanc, Secretary - lives in Arichat, overlooking the ocean. She recently returned home after being away for decades, to enjoy family and a quiet retirement.

Howard MacIntyre - lives in Johnstown, on the shores of beautiful Bras d'Or Lake. He enjoyed six years working on offshore oil rigs in the Canadian Arctic and on the Grand Banks.

Marlene LeBlanc - lives in Petit-de-Grat and she loves being together with family and enjoys walking.

Richard Cook - lives in Whiteside. He loves to walk in the mornings with his walking buddies Whiteside Walkers, play a few rounds of golf and sing a few tunes occasionally.

Holly Brown - lives in Louisdale. She loves discovering the world, and cherishing every moment spent with family.

Richard L. LeBlanc - lives in Lower River. She has a passion for seeing people recognize their own value, and she loves seeing kindness and compassion in the world - to every soul - human and animal.

Sonia Morris - is an Outreach Fitness, Nutrition, and Wellness Coach living on Isle Madame. She loves nature, chess and reading.

To access this article in French go to <https://online.pubhtml5.com/qkgt/amsw/>



Meals on Wheels

VON Richmond County, Meals on Wheels provides a wide range of home-style, flavourful frozen meals, which can be cooked in a microwave or conventional oven.

Meals are available for pick-up at our St. Peter's location or delivered to your door on a weekly basis by our friendly staff and volunteers.

Meals are \$6.00 per unit, billed on a monthly basis, with no charge for delivery.

For more information, contact Christi at 902-345-2900 Ext. 1.



Winter Festival 2026

January 12 - February 20

Carnaval d'hiver 2026

La Picasse, centre communautaire culturel
Janvier 2026
Parrainé par: La Picasse et l'École Beau-Port
Contacte: Andrée Lacourse, 902-226-0149
programmation@lapicasse.ca

Legion Fish Fry

Royal Canadian Legion, Isle Madame Branch 150
Friday, January 16, 4:00 pm - 6:30 pm
Sponsored by: Royal Canadian Legion Branch 150
Contact: Joan Clannon, 902-631-1917
joan.1956@outlook.com

Isle Madame ATV Riders Small Winter Run

D'Escousse Civic Improvement Centre
Saturday, January 17, Registration: 9:00 am
Sponsored by: Isle Madame ATV Riders
Contact: Carla Samson, 902-631-2705
samsoncarla2@gmail.com

Tea & Tunes

Bonnie Brae Seniors Club, St. Peter's
Sundays, January 18 & 25, 2:00 pm - 4:00 pm
Sponsored by: Bonnie Brae Seniors Club
Contact: Pat Leachman, 902-535-2385
palkal@icloud.com

Cribbage Tournament

L'Ardoise Community Centre
Sunday, January 18, 1:00 pm
Sponsored by: L'Ardoise Recreation Club
Contact: Andrée Sampson, 902-587-2201
andreesampson48@gmail.com

Luck of the Draw ATV Rally

22 Clubhouse Rd., Lower L'Ardoise
Saturday, January 24,
Registration 9:30 am - 11:00 am
Sponsored by: Coastal Riders ATV Club
Contact: Marie Prout, 902-631-0363
coastal.riders22@gmail.com

Bye Bye January (Bonfire, Hot Chocolate and Rummoli Game)

Red Islands Fire Hall
Friday, January 30, 6:30 pm - 10:00 pm
Sponsored by: District 10 Volunteer Fire Dept.
Contact: Debbie Johnston, 902-304-0558
grammie_debbie1998@hotmail.com

Grand River Mixed Dart Tournament

Grand River Fire Hall
Saturday, January 31, 11:00 am
Sponsored by: Grand River Volunteer Fire Dept.
Contact: Joanne McCormack, 902-587-2154
bilmac1111@yahoo.com

Snowshoeing in the Park

Lennox Passage Provincial Park
Saturday, January 31, 2:00 - 4:00 pm
Sponsored by: Friends of Isle Madame Provincial Parks
Contact: Marg Herdman, 902-227-8303
margareteherdman@yahoo.ca

Village on the Canal Trivia Night

MacBouch Restaurant & Lounge
Saturday, January 31, 6:00 pm
Sponsored by: Village on the Canal Association
Contact: Shanna Burke, 902-631-2746
info@visitstpeters.com

Skating Party

9735 Grenville St., St. Peter's
Sunday, February 1, 1:30 pm - 3:30 pm
Sponsored by: St. Peter's Community Club
Contact: Clair Rankin, 902-535-1601
crankin@seaside.ns.ca

Student Ice Cream

Felix Marchand Education Centre, Louisdale
Date to be determined, Afternoon - 1:00 pm
Sponsored by: St. Louis Catholic Women's League
Contact: Joan Bona, 902-345-2203
joanlo.bona@gmail.com

Love in Harmony

St. John Centre for the Arts
Sunday, February 8, 2:00 pm - 4:00 pm
Sponsored by: Friends of St. John's Arichat
Contact: Margaret Herdman, 902-227-8303
friendsofstjohnsarichat@gmail.com

Isle Madame ATV Riders Winterfest

D'Escousse Civic Improvement Centre
Saturday, February 14, Registration 9:00 am
Sponsored by: St. Joseph's Credit Union
Contact: Carla Samson, 902-631-2705
samsoncarla2@gmail.com

Tea & Tunes | Bake Sale & Silent Auction

L'Ardoise Jolly Club, L'Ardoise
Saturday, February 14, 11:00 am - 1:00 pm
Sponsored by: L'Ardoise Jolly Club
Contact: Pam Martell, 902-535-2595
pjak.martell@gmail.com

West Bay Winterfest

West Bay Community Centre
Saturday, February 14, 1:00 pm - 4:00 pm
Sponsored by: West Bay Community Centre
Contact: Annamarie Talbot, 902-631-0033
annamarie.talbot@srce.ca



Richmond County

Community News & Events

Eastern Counties Regional Libraries

St. Peter's Library & Petit de Grat Library
Wednesday – Saturday,
10:00 am – 1:00 pm & 2:00 pm – 6:00 pm

Can you help? The Community Volunteer Income Tax Program needs volunteers to do simple tax returns for those in need. You don't have to be a tax expert to make a difference. You'll receive training and support, and you get to decide how often you volunteer! Sign up today by phone at 1-866-837-1531 or go to Canada.ca/taxes-volunteer

Do you need help doing your taxes? We can help! By doing your taxes, you could get benefit and credit payments like the Canada child benefit and the GST/HST credit! If you have modest-to-no income and a simple tax situation, volunteers from the Community Volunteer Income Tax Program may be able to do your taxes for free! For eligibility and details, visit canada.ca/taxes-help or call 1-866-837-1531.

Framboise Community Hall, Framboise

Chase the Ace every Monday from 6:00 pm – 7:00 pm. 45's card games every Wednesday starting at 1:00 pm. Fun darts, Friday nights from 7:00 pm – 10:00 pm.

Fourchu Hall, Fourchu

Bingo starting at 1:00 pm. January 11 & 25, February 8 & 22, March 8 & 22.

2842 L'Ardoise Legion Army Cadet Corps

Ages 12 to 19, Tuesday evenings, L'Ardoise Legion, 6:30 pm – 8:00 pm, outdoor activities, marksmanship, biathlon, camping, hiking and more. For more information please contact Capt. Allison Martell at 902.595.4202.

2842 L'Ardoise Legion Royal Canadian Army Cadets, L'Ardoise Legion

Tuesdays, 6:15 pm to 8:30 pm
Opened to ages 12 to 18, always accepting new recruits. For more information contact 902-595-4202

Cribbage Tournament

L'Ardoise Community Centre
January 18, February 22 and March 22
Time: 1:00 pm
Fee: \$25.00 per team, teams of 2
Cash prizes for 1st and 2nd place

HEARTS Ability Society

Gym nights run every Thursday night from 6:00 pm – 7:00 pm whenever École Beau-Port is open. Sensory-friendly. Everyone is welcome.

Swims are monthly at 2:00pm at SAERC pool. Everyone is welcome. Sensory-friendly.
January 3, 2026, February 7, 2026, March 7, 2026, April 4, 2026, May 2, 2026, June 6, 2026.

Johnstown Sewing/Handicraft Group

District 19 Fire Department, Red Islands, Thursdays, 1:00 pm from January 8 to April 2, 2026. Bring a project to sew, knit and/or craft with others. Everyone welcome.
Contact: Rita Campbell, 902-631-0209.

Anne Sampson Building, River Bourgeois

Tock Tournaments

Tock Games are held on the 3rd Friday each month at 6:00 pm - \$5 per person and tickets 3 for \$5.00, bring a partner. Contact Sharon Chilvers at 902-535-2512.

Cribbage Nights on the 2nd and 4th Friday of each month at 6:30 pm, \$5.00 to play & Tickets, 3 for \$5.00
Contact Laura Doney at 902-302-8845

Gerry's Music Circle

January 8th and every 2nd Thursday after.
Start at 6:30 pm. Bring your instruments or just come and listen. Donation at door.
Contact Wayne Bona at 902-302-2253

Tara Lynne Centre, River Bourgeois

45 Card game every Sunday afternoon from 2:00 pm to 4:00 pm. Prizes are \$100.00, \$60.00 and \$40.00, \$10.00/person, bring a partner. Contact Doreen Boudreau at 902-535-2756.

Royal Canadian Legion, Branch 150, Arichat

Breakfast - Sunday - January 4, February 1, March 1. Time: 8:00 am -11:00 am. Eat in or Take out

Fish Fry - Friday - January 16, February 20, March 20. Time: 4:00 pm - 6:30 pm. Eat in or Take out

Music Circle - Saturday - January 3, February 7, March 7 at 2:00 pm - Free Admission - Bring your own instrument

Veteran's Social - Saturday - January 31, February 28, March 28 at 2:00 pm. All Veteran's invited to attend

Bingo - Every Sunday in January, February & March at 2:00 pm

General Meeting - Wednesdays - January 14, February 11, March 11 at 2:00 pm. All members invited to attend.

Tarabish Tournament - Saturdays, January 31, February 28, March 28 at 7:00 pm. Bring a partner - Prizes awarded

45 Card Game - Poppy Fund Fundraiser - Saturday, January 17, February 21, March 21 at 7:00 pm. Bring a partner - Prizes awarded

Lakeside 4H Club

Lakeside 4H Club registration is now open and closes January 31, 2026. Children ages 7-21 are welcome to join with various life skills and livestock projects to choose from including: Poultry, Sheep, Crafts, Cake Decorating, Building Blocks, Photography, Small Engines, and Lumbersports plus many more. For more information or a full list of Projects offered please email: Lakeside4HClub@gmail.com.

Dr Kingston Memorial Community Health Centre, L'Ardoise

Weekly walking group

Every Thursday at 11:00 am, leaving from the Dr Kingston Memorial Community Health Centre parking lot. Walks are of moderate intensity, and last approximately 1 hour, Weather permitting. No registration required.

Memory Cafes

Low stimulation social events for people living with dementia as well as their families and caregivers. Come join us for some creative activities, snacks, and non-memory-based conversations!

Two dates this season: February 10 and March 17, 1:00 to 2:00 pm at the Dr Kingston Memorial Community Health Centre. Please contact Rachael LeBlanc to register at 902-587-2800 ext 3

Free info session: Disability Tax credit

February 26, 1:00 pm
If you've ever wondered if you are eligible for the disability tax credit, or have been overwhelmed about how to start, this session can help you! This event is hosted in collaboration with Independent Living Nova Scotia, a non-profit that provides free help with disability tax navigation. Hybrid event. You can attend in person or watch online whichever works for you. Please contact Josie Robinson to register: 902-597-2800 ext 4.

La Pirouette - Programme hebdomadaire - Weekly schedule

Lundi/Monday - Bébé et moi/Baby and me 10h00 - 11h00, Centre La Picasse, Petit-de-Grat

Mardi/Tuesday - Bouge Bouge/Move Move 9h30 - 10h30, Centre iFit, Arichat

Mercredi/Wednesday - Fermé/Closed

Jeudi/Thursday - Au Galop 9h30 - 10h30, Grande salle, Centre La Picasse, Petit-de-Grat

Vendredi/Friday - Groupe de marche/ Walking Group, 10h00, Lieu à déterminer/ Location to be determined.

Samedi/Saturday - Fermé/Closed

Dimanche/Sunday - Fermé/Closed



Photo credit: Janice Touesnard