

The Dundee Declaration

From June 8-10, 2011 over 100 delegates assembled at the Dundee Resort in Cape Breton for the Nova Scotia Rural Active Transportation Summit. The purpose of the Summit was to bring municipal, provincial and federal representatives together, along with community stakeholders, to facilitate progress in the development of AT in rural areas.

This declaration was adopted by the delegates of the Summit on June 10, 2011 in support of creating a culture of active transportation in rural settings.

We commit to championing rural AT through:

- **Provision of leadership and support for AT**
- **Sharing rural AT information and best practices**
- **Celebrating rural AT successes**
- **Engaging all community members**
- **Integrating AT within our personal practices and daily lives**
- **Being an internal advocate for rural AT within our organizations**

The purpose of this declaration is to provide focus to rural AT and build on the momentum that exists for AT throughout the province.

We understand that AT encompasses a broad range of human powered physical activity carried out to get from one place to another and it is the best way to integrate physical activity into daily life on a regular basis.

We understand that inter modal considerations such as public transit and AT are essential in rural communities.

We understand the commitment to rural AT will take collaborative and ongoing effort by all – individuals, communities, organizations, government and the private sector.

Implementation Ideas and Suggestions List

Blue route as a vision

**Working towards a clear vision and
plan for rural AT in NS and effective
supporting policies regulations and
procedures to guide implementation**

**Encouraging AT for seniors and spirit of
back to nature - \$10 park fee for seniors**

**Need to connect with Landscape
Planning and work with Land-use
Planners.**