



















MAY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Sun- April 26</p> <p>National Immunization Awareness Week April 26 to May 2nd</p>  <p>Louisdale Lions Club Monthly Breakfast 8:00am to 11:00am Louisdale Lions Community Centre</p>  <p>Weekly 45 Card Game- 2pm Tara Lynne Community Centre River Bourgeois</p>  <p>Isle Madame New Horizons Seniors Club - Arichat Cribbage - 6pm</p>	<p>Mon- April 27</p>  <p>Line Dancing 10am to Noon West Bay Community Centre</p>  <p>Song Circle hosted by the St. George's Channel Hall 6:30pm to 9ish Doors open at 6:00 All Levels Of Talent Welcome By Donation Light Lunch Available</p>	<p>Tues - April 28</p>  <p>Jolly Club Sewing Group 9am L' Ardoise</p>  <p>Tuesday Morning Coffee/Tea Drop-In West Bay Road Fire Hall- 10am to Noon</p> <p>Pilates/Stride Wellness Circle Followed by herbal tea and social Royal Canadian Legion Branch 150- Arichat 10am-Noon Sliding pay scale Min \$5-Max \$10</p> <p>Games and Social 1:30 to 3:30 Isle Madame New Horizons Club Arichat</p>	<p>Wed - April 29</p> <p>Morning Coffee St George's Channel Hall 10:00 am - 12 noon</p>   <p>Isle Madame New Horizons Seniors Club - Arichat 45s Card Game 1:30pm</p>  <p>Rummoli Acadiaville Community Centre- West Arichat 1:30- 3:30 What to bring: \$10 worth of nickels</p>	<p>Thurs - April 30</p>  <p>Coffee/ Conversation 10am to Noon West Bay Centre</p> <p>Conversation Club Petit de Grat Library 12 noon-1pm Drop in to try beginner French in a casual atmosphere</p>  <p>Cafe Franco!- 1pm La Picasse Petit de Grat Practice your French</p>  <p>Cross Stitch Craft Group Drop In- 1pm D'Escousse Civic Improvement Hall</p>	<p>Fri - May 1</p>  <p>Fiber Club Informal Knitting/Crocheting Petit de Grat Library 2pm to 4pm Come when you can' kind of group</p>  <p>Free community Training How to administer Naloxone (aka Narcen.) 2pm Dr. Kingston Centre L'Ardoise Call to Register (902) 587-2800 ext:4</p>	<p>Sat - May 2</p> <p>Celebrate Gaelic Awareness Month</p>  <p>Gaelic Workshop 10am-3pm Red Islands Fire Hall \$30.00 includes lunch Call Cathy at 902-217-2088</p> <p>Gaelic Flag Raising and Cape Breton Meal 4:00pm Red Islands Fire Hall Call 902-217-2088</p>

Sun- April 26

Fleur-de-Lis Seniors
Louisdale Historical
Committee
Remembering "over
40 Pageant- Winter
1988"
St Louis Parish Hall
Louisdale
6:00 to 8:00pm
Entertainment and
Desserts and Tea

Mon-April 27

Tues- April 28



Isle Madame
New Horizons Club
Pay Me Cards
6:30 pm- Arichat

45's card game
St. George's Channel
Hall 7:30pm



45's Card Play
Acadiaville Community
Centre Hall West
Arichat 7:30pm

Wed- April 29

WE CARE DAY
10am

Advance Care Planning
Take Charge of Your
Future - Make Your
Wishes Known with
Nancy Cameron and
Mary Cormier
NS Palliative Care
Association
Louisdale Parish Hall
Lunch provided
Fleur de-Lis Seniors
Club Meeting- 1:00pm

Bereaved Families NS
Support N Share
2:00 – 3:30pm
Glen Sampson Room
St Louis Parish
156 Grandique Ferry
Road- Louisdale
Facilitated by Celeste
Gotell and Sonia
Morris
Call to register
902-564-6795

Thurs - April 30

Adult Drop-In- 1-4pm
St. Peter's Lions Hall
For more information
(902) 587-2800 ext: 3

Isle Madame New
Horizons Club
Arichat
Bean Bags - 7pm



45s Card Play 7:30 pm
D'Escousse Civic
Improvement Hall

Fri - May 1

Sat - May 2

Sun - May 3

National Hospice Palliative Care Week
May 3-9
"Palliative Care Everywhere"

Community Breakfast
Legion Branch 150
Arichat - 8 to 11am
Eat In or Take Out



Breakfast is Served
Riverdale Community Centre
Lower River- 9am
Market
9-12 noon

Isle Madame New Horizon Seniors Club
Monthly Meeting
12:00 to 1:00pm

Battle of the Atlantic Celebration - 2pm
Royal Canadian Legion
Branch 150 - Arichat

Mon - May 4

May 4-10 is Mental Health Week
"Stronger Connections. Better Mental Health"



Mass at 9:30am
D'Escousse Civic Improvement Hall

Seniors Take Action Coalition
Board Meeting on Zoom at 10am



Line Dancing
10am to Noon
West Bay Community Centre

Fête des mères
Desserts, café, thé et musique
(Sophie Samson)
\$8 - Inscription obligatoire



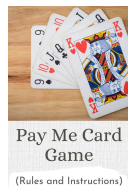
Tues - May 5

Jolly Club Sewing Group 9am
L'Ardoise



Tuesday Morning Coffee/Tea Drop-In
West Bay Road Fire Hall- 10am to Noon

Pilates /Stride Wellness Circle
Followed by herbal tea and social
Royal Canadian Legion Branch 150- Arichat
10am-Noon
Sliding pay scale



Isle Madame New Horizons Club
Pay Me Cards
6:30 pm- Arichat

Wed - May 6



Morning Coffee
St George's Channel Hall
10:00 am - 12 noon



Caregivers Support Group
10:30 am to 12:00
Arichat
New Horizons Club
To register
Lyn at 902- 595- 0128
1-877-488-7390 or

Riverdale Seniors Club
Get Together Lunch
Lower River
12 noon to 2pm



Isle Madame New Horizons Seniors Club - Arichat
45s Card Game -
1:30pm

Thurs - May 7



Coffee/ Conversation
10am to Noon
West Bay Centre

Conversation Club
Petit de Grat Library
12 noon-1pm
Drop in to try beginner French in a casual atmosphere



Cafe Franco!- 1pm
La Picasse
Petit de Grat
Practice your French



Cross Stitch Group
Drop In- 1pm
D'Escousse Civic Improvement Hall

Fri - May 8



St. John's Centre for the Arts- Arichat
4 pm - 6 pm
Local art display- free
Fish Cakes and Beans Supper-
4 to 6pm
St Joseph's Parish Hall
in Petit de Grat
7-11pm Dance

Estate Planning with
Haley Sampson
Patterson Law
12 noon
Dr. Kingston Centre
L'Ardoise
Call to Register
(902) 587-2800 ext:3



Cribbage Nights
Anne Sampson
Building River Bourgeois
2nd and 4th Friday of
each month
at 6:30 pm, \$5.00

Sat - May 9



St. John's Centre for the Arts- Arichat
10 am - 6 pm
Local art display- free
1 pm - 3 pm
Local storytelling and music- \$10

Breakfast
8am to 10:30am
The Art of Quilting
10:30am to 12 noon
Acadiaville Community Centre
West Arichat

Local Art Display
St Joseph's Parish Hall
Petit de Grat
10am to 2pm

Local Art Display and Sale
Janvrin's Island Community Centre
3pm to 6:30pm
Grilled Ham Steak Supper
4pm to 6:30pm

Grand River Fire Hall,
Grand River Mother's Day Breakfast
7:00 am - 10:00 am
\$12 for adults / \$5 for kids under 12

Sun - May 3



Weekly 45 Card Game- 2pm
Tara Lynne
Community Centre
River Bourgeois
Doreen Boudreau at
902.817.4899 or
902.535.2756
ourgeois

Mon - May 4

Mother's Day
Desserts, coffee, tea
and music
(Sophie Samson)
2:30 PM to 3:30 PM
Registration required
Location: La Picasse
Petit de Grat
Contact: Andrée
902-226-0149

FANE - Les grandes
causeries - Tournée
provinciale pour
l'avenir de nos
communautés
FANE - The Great
Talks - Provincial Tour
for the Future of Our
Communities
5:30 PM
Free Pizza Supper
Registration required
Location: La Picasse
Petit de Grat
Contact: Andrée
902-226-0149

Tues - May 5

45's card game
St. George's Channel
Hall 7:30pm



45's Card Play
Acadiaville Community
Centre Hall West
Arichat 7:30pm

Wed - May 6

Thurs - May 7

Adult Drop-In- 1-4pm
Drop-In Games and
Activities
1:30 to 2:30
St. Peter's Lions Hall
For more information
(902) 587-2800 ext: 3



45s Card Play 7:30 pm
D'Escousse Civic
Improvement Hall



Isle Madame New
Horizons Club
Arichat
Bean Bags - 7pm



West Bay Reads
West Bay Community
Centre- 7pm
Original Works
NS Writers
Frank MacDonald
Donnie McIlhone
Mike Hunter
Steven MacDougall

Fri - May 8

Sat - May 9



Flea Market
10am to 2pm
Baked Goods Auction
and lots of treats
Tara Lynn Centre
River Bourgeois



Isle Madame
Historical Society
708 Veterans
Memorial Dr- Arichat
Mother's Day
Cup & Saucer Sale
11:00 am - 3:00 pm

Spectacle avec
assiette de bouchées
acadiennes 7pm;
\$25/personnes
La Picasse, centre
communautaire
culturel Petit-de-Grat
Andrée Lacourse,
902-226-0149

Isle Madame
Celebration - Youth
Show with a Plate of
Acadian Appetizers
7 p.m- \$25/person
Location: La Picasse
Contact: Andrée
902-226-0149

Sun- May 10



Breakfast Music and Art Expo
D'Ecousee Civic Improvement Hall

St. John's Centre for the Arts- Arichat
10 am - 6 pm
Local art display- free

Local Art Display
St Joseph's Parish Hall Petit de Grat
10am to 2pm

Seafood Chowder Supper
Little Anse Social Action Centre
5:00 to 6:30pm
Concert- 7pm
Robert Bouchard



Cribbage Tournament
L'Ardoise Community Centre- 1pm
Teams of Two
Register
902-302-2313

Mon - May 11



Line Dancing
10am to Noon
West Bay Community Centre

Death Cafe
2-4pm
Dr. Kingston Centre L'Ardoise
Call to Register
(902) 587-2800 ext:3



Song Circle hosted by St. George's Channel Hall
6:30pm to 9ish
Doors open at 6:00
All Levels Of Talent Welcome
By Donation
Light Lunch Available

Tues - May 12

Jolly Club Sewing Group 9am
L' Ardoise



Tuesday Morning Coffee/Tea Drop-In
West Bay Road Fire Hall- 10am to Noon

Pilates/Stride Wellness Circle Followed by herbal tea and social
Royal Canadian Legion Branch 150- Arichat
10am-Noon



Cafe Reminisce
1:00-2:30
Painting
Dr. Kingston Centre L'Ardoise
Call to Register
(902) 587-2800 ext:3

Wed - May 13



Morning Coffee
St George's Channel Hall
10:00 until 12 noon



South Mountain Arm of Gold Community Association
Annual General Mtg Follows Coffee at 12 noon

Walking Group 10am
(leaving Kingston Memorial in L'Ardoise)



Bonnie Brae Seniors Club - St. Peter's
2pm
Regular Meeting



Isle Madame New Horizons Seniors Club - Arichat
45s Card Game
1:30pm

Thurs - May 14



Coffee/ Conversation
10am to Noon
West Bay Centre

Conversation Club
Petit de Grat Library
12 noon-1pm
Drop in to try beginner French in a casual atmosphere



Mindfulness and Self-Regulation-Simple Tools for everyday calm
Julia Goldsworthy, RCT
12 noon to 1pm
Dr. Kingston Centre L'Ardoise
Call to Register
(902) 587-2800 ext:3

Cross Stitch Craft Group
Drop In- 1pm
D'Escousee Civic Improvement Hall



Fri - May 15



Fish Fry - Arichat
Royal Canadian Legion Branch 150
4:00 pm - 6:30 pm
eat in or take out
\$16.00 per dinner



JAM SESSION

Jam Session - 7-10pm
Isle Madame
New Horizons Club
Arichat - \$5.00
Includes a Light lunch

Tock Games
Anne Sampson Building, River Bourgeois
3rd Friday each month 6:00 pm
\$5 per person and tickets 3 for \$5.00, bring a partner

Sat - May 16



Royal Canadian Legion Branch 150
Arichat
45s Card Play - 7pm
Poppy Fund Fundraiser
Prizes Awarded

St John Centre for the Arts - Arichat
Champagne Weather (a musical event with James Hill and Anne Janelle)- 7pm
\$30 advance / \$35 at the door / \$10 youth advance: etransfer: friendsofstjohnsarichat@gmail.com
or 902-227-8303

Sun- May 10



Tea and Tunes
Bonnie Brae Club
St. Peter's- 2-4pm
10.00 at the door
lunch provided
Musical guests



Isle Madame
New Horizons
Seniors Club - 6pm
Arichat Cribbage

Mon - May 11

Tues - May 12



Pay Me Card
Game
(Rules and Instructions)

Isle Madame
New Horizons Club
Pay Me Cards
6:30 pm- Arichat

45's card game
St. George's Channel
Hall 7:30pm



45's card game
Acadiaville Comm
Centre Hall
West Arichat 7:30pm

Royal Canadian Legion
Branch 150- Arichat
General Meeting
7:00pm
All members invited
to attend

Wed - May 13

Nova Scotia Walk Day
6:30pm
Lennox Passage
Provincial Park



Thurs - May 14

Adult Drop-In- 1-4pm
St. Peter's Lions Hall
For more information
(902) 587-2800 ext: 3



45s Card Play 7:30 pm
D'Escousse Civic
Improvement Hall

Isle Madame New
Horizons Club
Arichat
Bean Bags - 7pm

Jeudis Art - Peinture sur
roche Louise Migneault;
6:30pm, \$5.00
Inscription obligatoire
La Picasse, centre
communautaire culturel
Petit-de-Grat
Andrée Lacourse,
902-226-0149
Art Thursdays
Rock Painting
Louise Migneault
6:30 PM
\$5 - Registration
required
Andrée Lacourse
902-226-0149

Fri - May 15

Sat - May 16

Sun - May 17

VON Week
May 17-23, 2026



South Mountain Arm
of Gold Community
Association
St. George's
Channel Hall
Monthly Sunday
Breakfast
8:30 – 11:00 am

Isle Madame
New Horizons
Seniors Club
Monthly Meeting
-1:30 Arichat



Weekly 45 Card
Game- 2pm
Tara Lynne
Community Centre
River Bourgeois

Mon - May 18

Victoria Day



Line Dancing
10am to Noon
West Bay

Tues - May 19

Jolly Club Sewing
Group 9am
L' Ardoise



Tuesday Morning
Coffee/Tea Drop-In
West Bay Road Fire
Hall- 10am to Noon

Pilates/Stride Wellness
Circle Followed by
herbal tea and social
Royal Canadian Legion
Branch 150- Arichat
10am-Noon



Seniors Connecting
Mosaic Garden
Stepping Stones
River Roots
River Bourgeois
from 1-3pm

For more information
(902) 587-2800 ext: 3

Social - Persons with
Visual Impairment
2:30pm - Arichat
New Horizons Club

Wed - May 20

Morning Coffee
St George's Channel
Hall
10:00 until 12 noon



Walking Group 10am
(leaving Kingston
Memorial in L'Ardoise)



Riverdale Seniors Club
Get Together Lunch
Lower River
12 noon to 2pm

Bonnie Brae Seniors
Club - St. Peter's
2pm
Regular Meeting
Followed by Lunch
New members
welcome



Isle Madame
New Horizons
Seniors Club - Arichat
45s Card Game
1:30pm

Thur - May 21

Coffee/Conversation
10am to Noon
West Bay Centre



Conversation Club
Petit de Grat Library
12 noon-1pm
Drop in to try beginner
French in a casual
atmosphere



Cafe Franco!- 1pm
La Picasse
Petit de Grat
Practice your French



Cross Stitch and
Craft Group
Drop In- 1pm
D'Escousse Civic
Improvement Hall

Seniors Jolly Club
Meeting - 3 pm
L'Ardoise

Adult Drop-In- 1-4pm
St. Peter's Lions Hall
For more information
(902) 587-2800 ext: 3

Fri - May 22

Frauds & Scams
Presentation
Anne Sampson
Building from
River Bourgeois
1-2pm

For more information
(902) 587-2800 ext: 3



Tea & Dessert
Arichat

OLA Parish Hall
1:30 to 3:30 p.m.
Sponsored by OLA
CWL. Donations
accepted at the door



Cribbage Nights
Anne Sampson
Building River
Bourgeois
2nd and 4th Friday of
each month
at 6:30 pm, \$5.00

Sat- May 23



Richmond Writers
Meetup!
10 a.m. – 2 p.m
Bonnie Brae Seniors
Club

14 Toulouse St
St. Peter's
Open, informal
gathering for anyone
in Richmond County
who writes, in any
form, at any level. It's
still a potluck, so bring
something to share!
email
archienadon@gmail.com.

Sun - May 17



Cribbage

Tournament

L'Ardoise Community

Centre- 1pm

Teams of Two

Register

902-302-2313



Isle Madame

New Horizons

Seniors Club -

Arichat

Cribbage - 6pm

Mon - May 18



Tues - May 19



Pay Me Card Game

(Rules and Instructions)

Isle Madame

New Horizons Club

Pay Me Cards

6:30 pm- Arichat

45's card game

St. George's Channel

Hall 7:30pm



45's card game

Acadiaville Comm

Centre Hall

West Arichat 7:30pm

Wed - May 20

Thur - May 21

Jeudis Art

Langage des signes

(partie 1 et 2)

Connie Samson

21 et 28 mai

à 6:30; \$10

Inscription obligatoire

Art Thursdays

Sign Language

(parts 1 and 2) -

Connie Samson

May 21 and 28

6:30 p.m- \$10

-Registration required

Andrée Lacourse

902-226-0149



Isle Madame New

Horizons Club

Arichat

Bean Bags - 7pm



45s Card Play 730 pm

D'Escousse Civic

Improvement Hall

Fri - May 22

Sat- May 23

Sun - May 24



Giant Indoor Yard Sale
10am-2pm
St Louis Parish Hall



Weekly 45 Card Game- 2pm
Tara Lynne
Community Centre
River Bourgeois



Tea and Tunes
Bonnie Brae Club
St. Peter's- 2-4pm
\$10.00 at the door
lunch provided
Musical guests



Isle Madame
New Horizons
Seniors Club -
Arichat
Cribbage - 6pm

Mon - May 25



Nova Scotia
Federation of Seniors
Annual General
Meeting
May 25- 26th, 2026



Line Dancing
10am to Noon
West Bay

Mental Health Session
Julia Goldsworthy
12pm

(Joy, Connection and
Purpose in our daily
lives --all ages
welcome)

For more information
(902) 587-2800 ext: 3



Song Circle
St. George's Channel
Hall

6:30pm to 9ish
Doors open at 6:00
All Levels of Talent
Welcome
By Donation
Light Lunch Available

Tues - May 26

Jolly Club Sewing
Group 9am - L' Ardoise



Tuesday Morning
Coffee/Tea Drop-In
West Bay Road Fire
Hall- 10am to Noon

Pilates/Stride Wellness
Circle Followed by
herbal tea and social
Royal Canadian Legion
Branch 150- Arichat
10am-Noon



Isle Madame
New Horizons Club
Pay Me Cards
6:30 pm- Arichat



Dr. Kingston Memorial
Community Health
Centre
AGM- L'Ardoise
6:00-8:00pm

Wed - May 27

Morning Coffee
St George's Channel
Hall
10:00 until 12 noon



Walking Group 10am
(leaving Kingston
Memorial in L'Ardoise)



We Care Day
10am
*Gardening is Good for
Your Health*
Isle Madame Garden
Club
Louisdale Parish Hall
Lunch provided
Fleur de-Lis Seniors
Club Meeting- 1:00pm

Thur - May 28

Coffee/Conversation
10am to Noon
West Bay Centre



Conversation Club
Petit de Grat Library
12 noon-1pm
Drop in to try beginner
French in a casual
atmosphere



Cafe Franco!- 1pm
La Picasse
Petit de Grat
Practice your French

Cross Stitch and
Craft Group
Drop In- 1pm
D'Escousse Civic
Improvement Hall

Adult Drop-In- 1-4pm
St. Peter's Lions Hall
For more information
(902) 587-2800 ext: 3

Fri - May 29



Member
Dinner/Dance
Isle Madame New
Horizons Club
Arichat- 6-11 pm

Sat- May 30



Square Roots
D'Escousse Civic
Improvement Hall
11am-1pm
Access to healthy and
affordable produce
seconds



Multi Market
Square Roots, Local
artisans and Flea
market treasures
10 AM – 2 PM
D'Escousse Hall
Tables are available
for \$10
To reserve contact
Daphne Campbell at
902-631-3957

Sun - May 24

Variety Concert
St Anne Auxiliary
7pm to 9:30pm
\$15.00
La Picasse
Petit de Grat
Entertainers include
Jerry and Kenneth
Howard and Karne
Daniel L, Grace,
Isabelle and Emily
Tyrone D, Dawson L
and others

Mon - May 25

Tues - May 26

45's card game
St. George's Channel
Hall -7:30



45's card game
Acadiaville Comm
Centre Hall
West Arichat 7:30pm

Wed - May 27



Bereaved Families NS
Monthly Grief Support
Circle
1:30 to 3:00 pm
Telile Community
Television Meeting
Room - Arichat
Facilitated by Celeste
Gotell and Sonia
Morris
Call to register
902-564-6795

Thur -May 28



Isle Madame New
Horizons Club- Arichat
Bean Bags - 7pm



45s Card Play 730 pm
D'Escousse Civic
Improvement Hall

Fri - May 29

Sat- May 30

Sun- May 31



Louisdale Lions Club
Monthly Breakfast
8:00am to 11:00 am
Louisdale Lions
Community Centre



Weekly 45 Card
Game- 2pm
Tara Lynne
Community Centre
River Bourgeois

St George's Channel
Hall
"Meet and Greet"
Open invitation to
the Community,
come and meet your
"old" and "new"
neighbours!
Get Acquainted!



Isle Madame
New Horizons
Seniors Club -
Arichat
Cribbage - 6pm

Note: Seniors Take Action Coalition wishes to acknowledge the financial support provided by the Municipality of Richmond County to continue our Seniors Centre Without Walls and produce this calendar, offer programs on Telile, produce our Better With Age newsletter, and keep an active social media presence. Remember to register at the Dr Kingston Centre for other activities at (902) 587-2800 ext: 3.