Seniors Take Action Coalition
...promoting age-friendly communities
Coalition des aînés en action
...soutien aux communautés amies des aînés

APRIL 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sun- March 29 Louisdale Lions Club Monthly Breakfast 8:00am to 11:00 am Louisdale Lions Community Centre Weekly 45 Card Game- 2pm Tara Lynne Community Centre River Bourgeois Isle Madame Garden Club Gathering- 1:30 PM Rocky Bay Community Centre Isle Madame New Horizons Seniors Club - Arichat Cribbage - 6pm	**Mon- March 30** Line Dancing 10am to Noon West Bay Community Centre Song Circle hosted by the St. George's Channel Hall 6:30pm to 9ish Doors open at 6:00 All Levels Of Talent Welcome By Donation Light Lunch Available	**Tues - March 31** Jolly Club Sewing Group 9am L' Ardoise Tuesday Morning Coffee/Tea Drop-In West Bay Road Fire Hall- 10am to Noon Pilates/Stride Wellness Circle Followed by herbal tea and social Royal Canadian Legion Branch 150- Arichat 10am-Noon Sliding pay scale Min $5-Max $10 Games and Social 1:30 to 3:30 Isle Madame New Horizons Club Arichat	**Wed - April 1** Morning Coffee St George's Channel Hall 10:00 am - 12 noon Fleur-de-Lis Seniors Senior Chair Exercises 9:15 Club Social and Games Louisdale Parish Hall 10-12 noon Bring your own lunch Isle Madame New Horizons Seniors Club - Arichat 45s Card Game 1:30pm	**Thurs - April 2** Coffee/ Conversation 10am to Noon West Bay Centre Conversation Club Petit de Grat Library 12 noon-1pm Drop in to try beginner French in a casual atmosphere Cafe Franco!- 1pm La Picasse Petit de Grat Practice your French Johnstown Sewing/Handicraft Fire Department, Red Islands 1:00 pm Everyone welcome	**Fri - April 3** L'Ardoise Jolly Club Home Made Fish Cakes and Beans 3-5pm Take Out Only Advance Sales until March 31st	**Sat - April 4** Music Circle Legion Branch 150 Arichat- 2:00pm Free Admission Bring your instrument Acadiaville Community Centre West Arichat Breakfast- 8-10:30 Easter Bunny and KIds Activities- 9-10:30 45s Card Play 7:30pm Annual John Prine Tribute Night Rocky Bay Irish Club 7-9pm

Sun- March 29	Mon-March 30	Tues- March 31	Wed-April 1	Thurs - April 2	Fri - April 3	Sat - April 4
		 Isle Madame New Horizons Club Pay Me Cards 6:30 pm- Arichat 45's card game St. George's Channel Hall 7:30pm 45's Card Play Acadiaville Community Centre Hall West Arichat 7:30pm	 Rummoli Acadiaville Community Centre- West Arichat 1:30- 3:30 What to bring: $10 worth of nickels Souper de pâques - Crêpes et saucisses + bricolage à 3:30pm 5$/pers. 10$/adulte La Picasse Contact: Andrée Lacourse, 902-226-0149 Easter Dinner - Pancakes and Sausages and Crafts	 Cross Stitch Group Drop In- 1pm D'Escousse Civic Improvement Hall Adult Drop-In- 1-4pm St. Peter's Lions Hall For more information (902) 587-2800 ext: 3 Jeudis Art - Macramé pour débutant (partie 1 et 2) - Alvina Samson 2 et 9 avril à 18h30 10$ - Inscription obligatoire Lieu: La Picasse Contact: Andrée Lacourse, 902-226-0149 Isle Madame New Horizons Club Arichat Bean Bags - 7pm 45s Card Play 7:30 pm D'Escousse Civic Improvement Hall		

Sun - April 5	Mon - April 6	Tues - April 7	Wed - April 8	Thurs - April 9	Fri - April 10	Sat - April 11
 Community Breakfast Legion Branch 150 Arichat - 8 to 11am Eat In or Take Out The Easter Bunny will be visiting with Easter treats for the kids Breakfast is Served Riverdale Community Centre Lower River- 9am Weekly 45 Card Game- 2pm Tara Lynne Community Centre River Bourgeois Doreen Boudreau at 902.817.4899 or 902.535.2756	 Line Dancing 10am to Noon West Bay Community Centre Tartan Day St.Peter's United Church Hall- 2:30 pm Come and join us as we celebrate this day! A Talk about Tartan Day (originated in Nova Scotia!) Tea, Tunes, Treats, Toe-tapping dance demonstrations Hosted by Richmond MacAdian Ceilidh Dancers	Jolly Club Sewing Group 9am L' Ardoise Tuesday Morning Coffee/Tea Drop-In West Bay Road Fire Hall- 10am to Noon Pilates /Stride Wellness Circle Followed by herbal tea and social Royal Canadian Legion Branch 150- Arichat 10am-Noon Sliding pay scale Games and Social 1:30 to 3:30 Isle Madame New Horizons Club Arichat	 Morning Coffee St George's Channel Hall 10:00 am - 12 noon Fleur-de-Lis Seniors Senior Chair Exercises 9:15 Club Social and Games Louisdale Parish Hall 10-12 noon Bring your own lunch Caregivers Support Group 10:30 am to 12:00 noon Arichat Isle Madame New Horizons Club To register 1-877-488-7390 or Gloria - 902-219-3102 Riverdale Seniors Club Get Together Lunch Lower River 12 noon to 2pm Rummoli Acadiaville Community Centre- West Arichat 1:30- 3:30 What to bring: $10 worth of nickels	 Coffee/ Conversation 10am to Noon West Bay Centre Conversation Club Petit de Grat Library 12 noon-1pm Drop in to try beginner French in a casual atmosphere Cafe Franco!- 1pm La Picasse Petit de Grat Practice your French Cross Stitch Group Drop In- 1pm D'Escousse Civic Improvement Hall	Free Income Tax St. Peter's Lions Club 39 Lions Ave St. Every Friday, Mar 13th to April 24th Walk-in/Drop-off Service - 11:00 – 2:00 Fiber Club Informal Knitting/Crocheting Petit de Grat Library 2pm to 4pm Come when you can' kind of group Estate Planning Session - 12 noon Dr. Kingston Centre L'Ardoise Call to Register (902) 587-2800 ext:3 Cribbage Nights Anne Sampson Building River Bourgeois 2nd and 4th Friday of each month at 6:30 pm, $5.00	 Demystifying Car Care for Average Drivers 1:00 to 4:00 pm in the parking lot Dr Kingston Centre L'ardoise To register, contact Josie: 902-587-2400 ext 4

Sun - April 5	Mon - April 6	Tues - April 7	Wed - April 8	Thurs - April 9	Fri - April 10	Sat - April 11
		 Isle Madame New Horizons Club Pay Me Cards 6:30 pm- Arichat 45's card game St. George's Channel Hall 7:30pm 45's Card Play Acadiaville Community Centre Hall West Arichat 7:30pm	 Isle Madame New Horizons Seniors Club - Arichat 45s Card Game - 1:30pm	Adult Drop-In- 1-4pm Activities and Games 130-230 St. Peter's Lions Hall For more information (902) 587-2800 ext: 3 Jeudis Art - Macramé pour débutant (partie 1 et 2) - Alvina Samson 2 et 9 avril à 18h30 10$ - Inscription obligatoire Lieu: La Picasse Contact: Andrée Lacourse, 902-226-0149 45s Card Play 7:30 pm D'Escousse Civic Improvement Hall Isle Madame New Horizons Club Arichat Bean Bags - 7pm		

Sun- April 12	Mon - April 13	Tues - April 14	Wed - April 15	Thurs - April 16	Fri - April 17	Sat - April 18
 Sunday Hungryman's Breakfast D'Ecousse Civic Improvement Hall 8am to 11am	 Mass at 9:30am D'Escousse Civic Improvement Hall	Jolly Club Sewing Group 9am L' Ardoise	Morning Coffee St George's Channel Hall 10:00 until 12 noon	 Coffee/ Conversation 10am to Noon West Bay Centre	Free Income Tax St. Peter's Lions Club 39 Lions Ave St. Every Friday, Mar 13th to April 24th Walk-in/Drop-off Service - 11:00 – 2:00	 Royal Canadian Legion Branch 150 Arichat 45s Card Play - 7pm Poppy Fund Fundraiser Prizes Awarded
Cribbage Tournament L'Ardoise Community Centre- 1pm **T**eams of Two Register 902-302-2313 	 Line Dancing 10am to Noon West Bay Community Centre	 Tuesday Morning Coffee/Tea Drop-In West Bay Road Fire Hall- 10am to Noon	 Fleur-de-Lis Seniors Senior Chair Exercises 9:15 Club Social and Games Louisdale Parish Hall 10-12 noon Bring your own lunch	 Mindfulness and Self-Regulation-Simple Tools for everyday calm Julia Goldsworthy, RCT 12 noon to 1pm Dr. Kingston Centre L'Ardoise Call to Register (902) 587-2800 ext:3	 Fiber Club Informal Knitting/Crocheting Petit de Grat Library 2pm to 4pm Come when you can' kind of group	
 Tea and Tunes Bonnie Brae Club St. Peter's- 2-4pm 10.00 at the door lunch provided Musical guests	Death Cafe 2-4pm Dr. Kingston Centre L'Ardoise Call to Register (902) 587-2800 ext:3	Cafe Reminisce 1:00-2:30 Sound Play Circle Dr. Kingston Centre L'Ardoise Call to Register (902) 587-2800 ext:3	Alzheimer Society Information Session Potlotek Health Centre 2pm Bonnie Brae Seniors Club - St. Peter's 2pm Regular Meeting	Seniors Jolly Club Meeting - 3 pm L'Ardoise Cross Stitch Group Drop In- 1pm D'Escousse Civic Improvement Hall 	 Tea & Dessert Arichat OLA Parish Hall 1:30 to 3:30 p.m. Sponsored by OLA CWL. Donations accepted at the door	
 Isle Madame New Horizons Seniors Club - 6pm Arichat Cribbage	 Song Circle hosted by the St. George's Channel Hall 6:30pm to 9ish Doors open at 6:00 All Levels Of Talent Welcome By Donation Light Lunch Available	Games and Social 1:30 to 3:30 Isle Madame New Horizons Club Arichat	 Rummoli Acadiaville Community Centre- West Arichat 1:30- 3:30 What to bring: $10 worth of nickels		 Fish Fry - Arichat Royal Canadian Legion Branch 150 4:00 pm - 6:30 pm eat in or take out $16.00 per dinner	

Sun- April 12	Mon - April 13	Tues - April 14	Wed - April 15	Thurs - April 16	Fri - April 17	Sat - April 18
Scottish Country Dancing (All ages) St. Peter's United Church Hall April 12, 19 and 26 2:00 pm – 4:00 pm FREE Dianne and Conrad Landry A soft shoe or slipper works best.		 Isle Madame New Horizons Club Pay Me Cards 6:30 pm- Arichat 45's card game St. George's Channel Hall 7:30pm 45's card game Acadiaville Comm Centre Hall West Arichat 7:30pm	 Isle Madame New Horizons Seniors Club - Arichat 45s Card Game 1:30pm	Adult Drop-In- 1-4pm 130-230pm St. Peter's Lions Hall For more information (902) 587-2800 ext: 3 45s Card Play 7:30 pm D'Escousse Civic Improvement Hall Isle Madame New Horizons Club Arichat Bean Bags - 7pm	 Tea & Dessert Arichat OLA Parish Hall 1:30 to 3:30 p.m. Sponsored by OLA CWL. Donations accepted at the door Jam Session - 7-10pm Isle Madame New Horizons Club Arichat - $5.00 Includes a Light lunch Tock Games Anne Sampson Building, River Bourgeois 3rd Friday each month 6:00 pm $5 per person and tickets 3 for $5.00, bring a partner Trivia NIght Rocky Bay Hall 7pm	

Sun - April 19	Mon - April 20	Tues - April 21	Wed - April 22	Thur - April 23	Fri - April 24	Sat- April 25
IGNITE VOLUNTEERISM ***National Volunteer Week*** ***April 19-25th*** South Mountain Arm of Gold Community Association St. George's Channel Hall Monthly Sunday Breakfast 8:30 – 11:00 am Isle Madame New Horizons Lunch and Learn 12 noon Monthly Meeting Seniors Club - 1:30 Arichat Arichat Love in Harmony Carli Poirier and Jamus Dorey - 2:00 pm Donation at the door 2513 Highway 206, Arichat Marg Herdman, 902.227.8303 Sponsored by Friends of St. John's	 Line Dancing 10am to Noon West Bay Community Centre Seniors Take Action Coalition Board and General Meeting 10am Hosted by the Louisdlae Fleur-de-Lis Club Guests Strait Palliative Care Society	Jolly Club Sewing Group 9am L' Ardoise Tuesday Morning Coffee/Tea Drop-In West Bay Road Fire Hall- 10am to Noon Pilates/Stride Wellness Circle Followed by herbal tea and social Royal Canadian Legion Branch 150- Arichat 10am-Noon Seniors Connecting 1pm Interactive Sound Workshop Riverdale Hall Lower River Social- Persons with Visual Impairment 2:30pm - Arichat New Horizons Club Isle Madame New Horizons Club Pay Me Cards 6:30 pm- Arichat	 Morning Coffee St George's Channel Hall 10:00 until 12 noon Riverdale Seniors Club Get Together Lunch Lower River 12 noon to 2pm Rummoli Acadiaville Community Centre- West Arichat 1:30- 3:30 What to bring: $10 worth of nickels Isle Madame New Horizons Seniors Club - Arichat 45s Card Game 1:30pm	Coffee/Conversation 10am to Noon West Bay Centre Conversation Club Petit de Grat Library 12 noon-1pm Drop in to try beginner French in a casual atmosphere Cafe Franco!- 1pm La Picasse Petit de Grat Practice your French Cross Stitch Group Drop In- 1pm D'Escousse Civic Improvement Hall Adult Drop-In- 1-4pm St. Peter's Lions Hall For more information (902) 587-2800 ext: 3	Fiber Club - Informal Knitting/Crocheting Petit de Grat Library 2pm to 4pm Cribbage Nights Anne Sampson Building River Bourgeois 2nd and 4th Friday of each month at 6:30 pm, $5.00 Free Income Tax St. Peter's Lions Club 39 Lions Ave St. Every Friday, Mar 13th to April 24th Walk-in/Drop-off Service - 11:00 – 2:00 Member Dinner/Dance Isle Madame New Horizons Club Arichat- 6-11 pm	 Square Roots D'Escousse Civic Improvement Hall 11am-1pm Access to healthy and affordable produce seconds Royal Canadian Legion Br.150 100 1926-2026 Veterans Social Legion Branch 150 Arichat - 2pm All Veterans Invited 'tis the game of Tarabish! ♠ ♥ ♣ ♦ Tarbish Legion Branch 150 Arichat -7pm

Sun - April 19	Mon - April 20	Tues - April 21	Wed - April 22	Thur -April 23	Fri - April 24	Sat- April 25
 Weekly 45 Card Game- 2pm Tara Lynne Community Centre River Bourgeois Tea and Tunes Bonnie Brae Club St. Peter's- 2-4pm 10.00 at the door lunch provided Musical guests Cribbage Tournament L'Ardoise Community Centre- 1pm Teams of Two Register 902-302-2313 Isle Madame New Horizons Seniors Club - Arichat Cribbage - 6pm		45's card game St. George's Channel Hall 7:30pm 45's card game Acadiaville Comm Centre Hall West Arichat 7:30pm		Jeudis Art Jour de la Terre - Souper hot dog et kiosques (Ramassage des déchets dans la région, semences, cabanes à oiseaux, recyclage d'écorces d'arbres, sculpture d'objets recyclés) 3:00 to 8:00 pm La Picasse Contact: Andrée Lacourse, 902-226-0149 Art Thursday Earth Day Hot Dog Dinner (Community cleanup, seeds, birdhouses, bark recycling, recycled art) 3:00 to 8:00 pm Isle Madame New Horizons Club Arichat Bean Bags - 7pm 45s Card Play 730 pm D'Escousse Civic Improvement Hall		

Sun - April 26	Mon - April 27	Tues - April 28	Wed - April 29	Thur -April 30		
 Louisdale Lions Club Monthly Breakfast 8:00am to 11:00 am Louisdale Lions Community Centre Weekly 45 Card Game- 2pm Tara Lynne Community Centre River Bourgeois Isle Madame New Horizons Seniors Club - Arichat Cribbage - 6pm	 Line Dancing 10am to Noon West Bay Song Circle hosted by the St. George's Channel Hall 6:30pm to 9ish Doors open at 6:00 All Levels Of Talent Welcome By Donation Light Lunch Available	Jolly Club Sewing Group 9am - L' Ardoise Tuesday Morning Coffee/Tea Drop-In West Bay Road Fire Hall- 10am to Noon Pilates/Stride Wellness Circle Followed by herbal tea and social Royal Canadian Legion - Branch 150- Arichat- 10am-Noon Games and Social 1:30 to 3:30 Isle Madame New Horizons Club Arichat Isle Madame New Horizons Club Pay Me Cards 6:30 pm- Arichat 45's card game St. George's Channel Hall 7:30pm 45's card game Acadiaville Comm Centre Hall West Arichat 7:30pm	Morning Coffee St George's Channel Hall 10:00 until 12 noon WE CARE DAY Advance Care Planning Take Charge of Your Future - Make Your Wishes Known with Nancy Cameron and Mary Cormier NS Palliative Care Association Louisdale Parish Hall Lunch provided Fleur de-Lis Seniors Club Meeting- 1:00pm Bereaved Families NS Support N Share 2:00 – 3:30pm Glen Sampson Room St Louis Parish 156 Grandique Ferry Road- Louisdale Facilitated by Celeste Gotell and Sonia Morris Call to register 902-564-6795	Coffee/Conversation 10am to Noon West Bay Centre Conversation Club Petit de Grat Library 12 noon-1pm Drop in to try beginner French in a casual atmosphere Cafe Franco!- 1pm La Picasse Petit de Grat Practice your French Cross Stitch Group Drop In- 1pm D'Escousse Civic Improvement Hall . Adult Drop-In- 1-4pm St. Peter's Lions Hall For more information (902) 587-2800 ext: 3 Isle Madame New Horizons Club- Arichat Bean Bags - 7pm 45s Card Play 730 pm D'Escousse Civic Improvement Hall		

Note: Seniors Take Action Coalition wishes to acknowledge the financial support provided by the Municipality of Richmond County to continue our Seniors Centre Without Walls and produce this calendar, offer programs on Telile, produce our Better With Age newsletter, and keep an active social media presence. Remember to register at the Dr Kingston Centre for other activities at (902) 587-2800 ext: 3.