











# FEBRUARY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Sun- Feb 1</b></p> <p>Community Breakfast Legion Branch 150 Arichat - 8 to 11am Eat In or Take Out</p>  <p>Breakfast is Served Riverdale Community Centre Lower River- 9am</p> <p>Isle Madame New Horizons Seniors Club - 1:30 Arichat Annual General Meeting</p>  <p>Skating Party 1:30pm 3:30pm 9735 Grenville St St. Peter's St. Peter's Community Club</p>	<p><b>Mon-Feb 2</b></p>  <p>Mass at 9:30am D'Escousse Civic Improvement Hall</p>  <p>Line Dancing 10am to Noon West Bay Community Centre</p>  <p>Song Circle hosted by the St. George's Channel Hall 6:30pm to 9ish Doors open at 6:00 All Levels Of Talent Welcome By Donation Light Lunch Available</p>	<p><b>Tues-Feb 3</b></p>  <p>Jolly Club Sewing Group 9am L' Ardoise</p>  <p>Tuesday Morning Coffee/Tea Drop-In West Bay Road Fire Hall- 10am to Noon Weather permitting</p> <p>Free Soup and Sandwich L'Ardoise Community Centre 11:30 to 1pm</p> <p>Pilates/Stride Wellness Circle Followed by herbal tea and social Royal Canadian Legion Branch 150- Arichat 10am-Noon Sliding pay scale Min \$5-Max \$10</p>	<p><b>Wed-Feb 4</b></p> <p>Morning Coffee St George's Channel Hall 10:00 am - 12 noon</p>  <p>Weekly Coffee 9:00 am - 11:30 Fire Department Red Islands</p> <p>Caregivers Support Group 10:30 am to 12:30 noon Arichat Isle Madame New Horizons Club To register 1-877-488-7390 or Gloria- 902-219-3102</p> <p>Isle Madame New Horizons Seniors Club - Arichat 45s Card Game - 2pm</p> 	<p><b>Thurs - Feb 5</b></p>  <p>Coffee/ Conversation 10am to Noon West Bay Centre</p> <p>Conversation Club Petit de Grat Library 12 noon-1pm Drop in to try beginner French in a casual atmosphere</p>  <p>Cafe Franco!- 1pm La Picasse Petit de Grat Practice your French</p> <p>Johnstown Sewing/Handicraft Fire Department, Red Islands 1:00 pm Everyone welcome</p>	<p><b>Fri - Feb 6</b></p>  <p>Fiber Club Informal Knitting/Crocheting Petit de Grat Library 2pm to 4pm Come when you can' kind of group</p>	<p><b>Sat - Feb 7</b></p>  <p>Early Valentine's Day Bake Sale 10am to 1pm United Church Hall St Peter's Sponsored by Lakeside 4H Club</p> <p>Music Circle Legion Branch 150 Arichat- 2:00pm Free Admission Bring your instrument</p> 

Sun- Feb 1



Weekly 45 Card  
Game- 2pm  
Tara Lynne  
Community Centre  
River Bourgeois



Isle Madame  
New Horizons  
Seniors Club -Arichat  
Cribbage - 6pm

Mon-Feb 2

Tues-Feb 3



Nova Scotia Health  
All Ages Vaccination  
and Testing Mobile  
Clinic

Bonnie Brae Seniors  
Club - St Peter's  
12 to 5pm  
Appointments  
recommended  
May be cancelled due  
to weather



Isle Madame  
New Horizons Club  
Pay Me Cards  
6:30 pm- Arichat

45's card game  
St. George's Channel  
Hall 7:30pm



45's Card Play  
Acadiaville  
Community Centre  
Hall West Arichat  
7:30pm

Wed-Feb 4



Rummoli  
Acadiaville Community  
Centre- West Arichat  
1:30- 3:30  
What to bring:  
\$10 worth of nickels

Thurs - Feb 5



Cross Stitch Group  
Drop In- 1pm  
D'Escousse Civic  
Improvement Hall

Adult Drop-In- 1-4pm  
St. Peter's Lions Hall  
For more information  
(902) 587-2800 ext: 3



45s Card Play 7:30 pm  
D'Escousse Civic  
Improvement Hall

Fri - Feb 6

Sat - Feb 7

Sun - Feb 8



Sunday Hungryman's  
Breakfast  
D'Escouse Civic  
Improvement Hall  
8am to 11am



Weekly 45 Card  
Game- 2pm  
Tara Lynne  
Community Centre  
River Bourgeois



Isle Madame  
New Horizons  
Seniors Club -  
Arichat  
Cribbage - 6pm

Mon - Feb 9

Mass at 9:30am  
D'Escouse Civic  
Improvement Hall



Line Dancing  
10am to Noon  
West Bay  
Community Centre

Tues - Feb 10

Jolly Club Sewing  
Group 9am  
L' Ardoise



Tuesday Morning  
Coffee/Tea Drop-In  
West Bay Road Fire  
Hall- 10am to Noon  
Weather permitting

Pilates /Stride  
Wellness Circle  
Followed by herbal  
tea and social  
Recipe taste testers  
Royal Canadian Legion  
Branch 150- Arichat  
10am-Noon  
Sliding pay scale



Free Soup and  
Sandwich  
L'Ardoise Community  
Centre  
11:30 to 1pm  
  
Cafe Reminisc  
1:00-2:30  
Dr. Kingston Centre  
L'Ardoise  
Call to Register  
(902) 587-2800 ext:3

Wed - Feb 11



Morning Coffee  
St George's Channel Hall  
10:00 am - 12 noon

Weekly Coffee  
9:00 am - 11:30  
Fire Department  
Red Islands

Riverdale Seniors Club  
Get Together Lunch  
Lower River  
12 noon to 2pm

Royal Canadian Legion  
Branch 150  
Arichat  
General Meeting  
2:00 pm  
All members invited to  
attend



Rummoli  
Acadiaville Community  
Centre- West Arichat  
1:30- 3:30  
What to bring:  
\$10 worth of nickels

Thurs - Feb 12



Coffee/ Conversation  
10am to Noon  
West Bay Centre

Conversation Club  
Petit de Grat Library  
12 noon-1pm  
Drop in to try  
beginner French in a  
casual atmosphere



Cafe Franco!- 1pm  
La Picasse  
Petit de Grat  
Practice your French



Cross Stitch Group  
Drop In- 1pm  
D'Escouse Civic  
Improvement Hall  
  
Johnstown  
Sewing/Handicraft  
Fire Department,  
Red Islands 1:00 pm  
Everyone welcome

Fri - Feb 13



Fiber Club  
Informal  
Knitting/Crocheting  
Petit de Grat Library  
2pm to 4pm  
Come when you can'  
kind of group



Souper Grec de la  
St-Valentin  
Greek Valentine's Day  
Dinner – 5 p.m  
délicieux souper grec  
delicious Greek dinner  
une ambiance musicale  
signée Krista Norman!  
musical entertainment  
by Krista Norman!  
La Picasse  
Petit de Grat  
Check their FB for more  
information

Cribbage Nights  
Anne Sampson Building  
River Bourgeois  
2nd and 4th Friday of  
each month  
at 6:30 pm, \$5.00

Sat - Feb 14



Isle Madame  
ATV Riders  
Winterfest Run  
9:00am  
D'Escouse Civic  
Improvement Centre  
Registration 9:00 am

L'Ardoise Jolly Club  
L'Ardoise  
Silent Auction, Crafts  
Bake Sale  
Local Musicians  
11am to 2pm  
Lunch, Sandwiches,  
Sweets- \$8.00

Join us for a  
memorable  
experience! Nurture  
your spirit at La  
Picasse, centre  
communautaire  
culturel,  
on a day dedicated to  
LOVE!

2 pm to 4 pm.  
Secure your spot  
Andrée at  
902-226-0149

West Bay Winterfest  
1:00pm - 4:00pm  
West Bay Community  
Centre

Sun - Feb 8

SuperBowl at the West Bay Community Association Hall 4:00pm

Darts, munchies and games prior to the football game starting. Donation for the hall at the door, which includes a bowl of chili.

St Louis Parish Louisdale CWL Regular Monthly Meeting 7pm

Mon - Feb 9

Tues - Feb 10



Pay Me Card Game (Rules and Instructions)

Isle Madame New Horizons Club Pay Me Cards 6:30 pm- Arichat

45's card game St. George's Channel Hall 7:30pm



45's Card Play Acadiaville Community Centre Hall West Arichat 7:30pm

Wed - Feb 11



Isle Madame New Horizons Seniors Club - Arichat 45s Card Game - 2pm

Thurs - Feb 12

Adult Drop-In- 1-4pm Activities and Games 130-230 St. Peter's Lions Hall For more information (902) 587-2800 ext: 3



45s Card Play 7:30 pm D'Escousse Civic Improvement Hall

Fri - Feb 13

Sat - Feb 14



Isle Madame New Horizons Club Arichat Valentine's Dinner & Dance Recorded music Chinese food 6-11pm Ticket required

Sun- Feb 15

South Mountain Arm of Gold Community Association  
St. George's Channel Hall  
Monthly Sunday Breakfast  
8:30 – 11:00 am



Cribbage Tournament  
L'Ardoise Community Centre- 1pm  
Teams of Two  
Register  
902-302-2313



Fleur de Lis Seniors Valentine's Dinner and Dance  
5:30 to 10:30pm  
St Louis Parish Hall  
Music - East of Sixty  
Cold Plate  
\$20.00 Member



Isle Madame  
New Horizons Seniors Club - Arichat  
Cribbage - 6pm

Mon - Feb 16



Line Dancing  
10am to Noon  
West Bay Community Centre



Song Circle hosted by the St. George's Channel Hall  
6:30pm to 9ish  
Doors open at 6:00  
All Levels Of Talent Welcome  
By Donation  
Light Lunch Available  
Make sure to confirm this is still on.

Tues - Feb 17



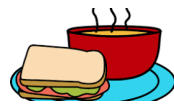
Shrove Tuesday

Jolly Club Sewing Group 9am  
L'Ardoise



Tuesday Morning Coffee/Tea Drop-In  
West Bay Road Fire Hall  
10am to Noon  
Weather Permitting

Pilates/Stride Wellness Circle  
Followed by herbal tea and social  
Recipe taste testers  
Royal Canadian Legion Branch 150- Arichat  
10am-Noon



Free Soup/ Sandwich  
L'Ardoise Community Centre - 11:30 to 1pm

Social- Persons with Visual Impairment  
2:30pm - Arichat  
New Horizons Club

Wed - Feb 18

Morning Coffee  
St George's Channel Hall  
10:00 until 12 noon



Weekly Coffee  
9-1130am  
Fire Department  
Red Islands



Rummoli  
Acadiaville Community Centre- West Arichat  
1:30- 3:30

What to bring:  
\$10 worth of nickels

Royal Canadian Legion Branch 150  
Arichat- 2:00pm  
General Meeting  
All members invited to attend



Isle Madame  
New Horizons Seniors Club - Arichat  
45s Card Game - 2pm

Thurs - Feb 19



Coffee/ Conversation  
10am to Noon  
West Bay Centre

Conversation Club  
Petit de Grat Library  
12 noon-1pm  
Drop in to try beginner French in a casual atmosphere



Cafe Franco!- 1pm  
La Picasse  
Petit de Grat  
Practice your French

Understanding Grief Information Session  
with Julia Goldsworthy  
12 noon  
Dr Kingston Centre  
L'Ardoise

Johnstown  
Sewing/Handicraft  
Fire Department,  
Red Islands 1:00 pm

Seniors Jolly Club  
Meeting - 3 pm  
L'Ardoise

Fri - Feb 20



Fiber Club  
Informal  
Knitting/Crocheting  
Petit de Grat Library  
2pm to 4pm  
Come when you can' kind of group



Fish Fry - Arichat  
Royal Canadian Legion Branch 150  
4:00 pm - 6:30 pm  
eat in or take out  
\$16.00 per dinner

Jam Session - 7-10pm  
Isle Madame  
New Horizons Club  
Arichat - \$5.00  
Includes a Light lunch



Tock Games  
Anne Sampson Building,  
River Bourgeois  
3rd Friday each month  
6:00 pm  
\$5 per person and tickets 3 for \$5.00, bring a partner

Sat - Feb 21

FREE Queer 101 Training

In partnership with



This training will cover the following topics:

- Introduction to inclusive spaces
- The acronym: 2SLGBTQIA+
- Biological Sex vs Gender vs Sexuality
- Micro/Macro Aggressions
- Moving on from Mistakes
- Interactive Activity

Date: Saturday, February 21<sup>st</sup>, 2026  
Time: 10:30am (please arrive for 10:15am)  
Where: Richmond Arena (Louisdale) - 3122 Whiteside Rd, Louisdale NS B0E 1V0  
Length: approx 1.5-2 hours. This is an interactive session.

Age: 18+  
Registration encouraged - space limited  
Funded by: Women and Gender Equality Canada / Femmes et Égalité des genres Canada

Queer 101 Training provides a foundational introduction to 2SLGBTQIA+ inclusion and beyond.  
Starts at 10:30am  
Arrive by 10:15  
1.5 to 2 hours  
Richmond Arena  
Whiteside Road  
Louisdale  
Register  
tarapaon@hotmail.com



Royal Canadian Legion Branch 150  
Arichat  
45s Card Play - 7pm  
Poppy Fund  
Fundraiser  
Prizes Awarded

Sun- Feb 15

Mon - Feb 16

Tues - Feb 17

Wed - Feb 18

Thurs - Feb 19

Fri - Feb 20

Sat - Feb 21

Pancake Supper  
La Plcasse  
Petit de Grat  
4:30 to 7:00pm



*Shrove Tuesday*

Pancake Supper  
Tara Lynn Community  
Centre  
River Bourgeois  
4:00 to 6:00pm



Pay Me Card  
Game  
(Rules and Instructions)

Isle Madame  
New Horizons Club  
Pay Me Cards  
6:30 pm- Arichat



45's card game  
St. George's Channel  
Hall 7:30pm

45's card game  
Acadiaville Comm  
Centre Hall  
West Arichat 7:30pm

Cross Stitch Group  
Drop In- 1pm  
D'Escousse Civic  
Improvement Hall




Adult Drop-In- 1-4pm  
Sound Play Circle"-  
Interactive music  
without words with  
Ann Marie Boudreau  
singing and a variety  
of instruments.  
St. Peter's Lions Hall  
For more information  
(902) 587-2800 ext: 3



45s Card Play 7:30 pm  
D'Escousse Civic  
Improvement Hall

Art Thursdays  
La Picasse -6:30  
Petit de Grat- Free  
Drawing workshop led  
by Ian McKinnon  
"Finding inspiration  
beyond the gaze."  
For more information  
or to register:

 902-226-0149

Isle Madame New  
Horizons Club  
Arichat  
Bean Bags - 7pm

The Gaelic Group TALA  
CAINNTE invites you to  
a Ceilidh at St. George's  
Channel Hall

Milling frolic 3-5pm

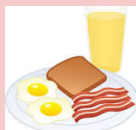
Square dance 7-10pm  
Enjoy Gaelic songs,  
fiddles, and maybe a  
harp and pipes!



Trivia Night  
Rocky Bay Hall  
7pm

Richmond Artists  
Alliance and CBU Art  
Gallery  
Curator's Talk with  
Greg Davies  
Workshop on  
Portraiture Art  
10am to 2pm  
Potluck Event for  
Lunch  
Anne Sampson  
Building, River  
Bourgeois

Sun - Feb 22



Louisdale Lions Club  
Monthly Breakfast  
8:00am to 11:00 am  
Louisdale Lions  
Community Centre



  
Weekly 45 Card  
Game- 2pm  
Tara Lynne  
Community Centre  
River Bourgeois

Tea and Tunes  
Bonnie Brae Club  
St. Peter's- 2-4pm  
10.00 at the door  
lunch provided  
Musical guests



Mon - Feb 23



Line Dancing  
10am to Noon  
West Bay  
Community Centre



Seniors Connecting  
Cheese Making  
Workshop  
2:00pm  
Richmond River Roots  
River Bourgeois  
Call Rachael to  
register  
(902) 587-2800 ext: 3

Tues - Feb 24



Jolly Club Sewing  
Group 9am -  
L'Ardoise



Tuesday Morning  
Coffee/Tea Drop-In  
West Bay Rd Fire Hall  
10am to Noon

Pilates Wellness Circle  
herbal tea and social  
Royal Canadian Legion  
Branch 150- Arichat  
10am-Noon  
Min \$5-Max \$10



Free Soup and  
Sandwich  
L'Ardoise Community  
Centre  
11:30 to 1pm

Games and Social  
Afternoon  
Isle Madame  
New Horizons Club  
Arichat  
1:30 to 3:30

Wed - Feb 25

Morning Coffee  
St George's Channel Hall  
10:00 until 12 noon



Weekly Coffee  
9-1130am  
Fire Department  
Red Islands

Riverdale Seniors Club  
Get Together Lunch  
Lower River  
12 noon to 2pm

Bonnie Brae Seniors  
Club - St. Peter's  
2pm  
Regular Meeting



Rummoli  
Acadiaville Community  
Centre- West Arichat  
1:30- 3:30  
What to bring:  
\$10 worth of nickels



Isle Madame  
New Horizons  
Seniors Club - Arichat  
45s Card Game - 2pm

Thur - Feb 26

Coffee/Conversation  
10am to Noon  
West Bay Centre



Conversation Club  
Petit de Grat Library  
12 noon-1pm  
Drop in to try  
beginner French in a  
casual atmosphere



Cafe Franco!- 1pm  
La Picasse  
Petit de Grat  
Practice your French

Johnstown  
Sewing/Handicraft  
Fire Department,  
Red Islands 1:00 pm

Cross Stitch Group  
Drop In- 1pm  
D'Escousse Civic  
Improvement Hall

Info session: 1:00pm  
Disability Tax Credit  
Dr Kingston Centre  
L'Ardoise  
Hybrid event. In  
person or online. Call  
Josie to register  
902-597-2800 ext 4.

Fri - Feb 27

Fiber Club - Informal  
Knitting/Crocheting  
Petit de Grat Library  
2pm to 4pm  
Come when you can'  
kind of group



Tea & Dessert (some  
gluten free).  
Arichat

OLA Parish Hall  
1:30 to 3.:30 p.m.  
Sponsored by OLA CWL.  
Donations accepted at  
the door and 50/50  
tickets will be sold.  
Come and enjoy an  
afternoon of  
conversation with  
friends (or make new  
friends).

Cribbage Nights  
Anne Sampson Building  
River Bourgeois  
2nd and 4th Friday of  
each month  
at 6:30 pm, \$5.00

Sat- Feb 28



Veterans Social  
Legion Branch 150  
Arichat  
2pm  
All Veterans Invited

Sun - Feb 22

Cribbage  
Tournament  
L'Ardoise Community  
Centre- 1pm  
Teams of Two  
Register  
902-302-2313



Isle Madame  
New Horizons  
Seniors Club -  
Arichat  
Cribbage - 6pm

Mon - Feb 23

Tues - Feb 24



Pay Me Card  
Game  
(Rules and Instructions)

Isle Madame  
New Horizons Club  
Pay Me Cards  
6:30 pm- Arichat

45's card game  
St. George's Channel  
Hall 7:30pm



Acadiaville Comm  
Centre Hall  
West Arichat 7:30pm

Wed - Feb 25


WE CARE DAY  
Fall Prevention- 10am  
Involves a combination  
of making your home  
safer, staying physically  
active, and managing  
your health. With  
Rachael LeBlanc and  
Courtney MacKinnon  
Louisdale Parish Hall  
Lunch provided  
Fleur de-Lis Seniors Club  
Meeting- 1:00pm

Bereaved Families NS  
Support N Share  
2:00 – 3:30pm  
Glen Sampson Room  
St Louis Parish  
156 Grandique Ferry  
Road- Louisdale  
Facilitated by Celeste  
Gotell and Sonia Morris  
Call to register  
902-564-6795

Thur - Feb 26

Adult Drop-In- 1-4pm  
St. Peter's Lions Hall  
For more information  
(902) 587-2800 ext: 3

Art Thursdays  
La Picasse -6:30  
Petit de Grat- Free  
Drawing workshop  
led by Ian McKinnon  
"Finding inspiration  
beyond the gaze."  
For more information  
or to register:

 902-226-0149

Isle Madame New  
Horizons Club  
Arichat  
Bean Bags - 7pm



45s Card Play 730 pm  
D'Escousse Civic  
Improvement Hall

Fri - Feb 27

Sat- Feb 28

Note: Seniors Take Action Coalition wishes to acknowledge the financial support provided by the Municipality of Richmond County to continue our Seniors Centre Without Walls and produce this calendar, offer programs on Telile, produce our Better With Age newsletter, and keep an active social media presence. Remember to register at the Dr Kingston Centre for other activities at (902) 587-2800 ext: 3.