






JANUARY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>Thurs - Jan 1</p> <p>SonicSon's Fitness New Years Resolution Annual Loop Walk Pondville Beach 11am</p> <p>L'Ardoise Seniors Jolly Club New Year Levee 12- 2pm L'Ardoise Jolly Club Music and Finger Foods</p> <p>New Year's Day Levee Petit de Grat Hall 12 noon to 4pm Soup and Sandwiches Musical Treats Free</p>  <p>Polar Bear Dip St Peter's Marina 2pm</p>	<p>Fri - Jan 2</p>  <p>Fiber Club Informal Knitting/Crocheting Petit de Grat Library 2pm to 4pm Come when you can' kind of group</p> <p>Six Week Stride for Strength and Wellness 10-11am With Sonia Morris Royal Canadian Legion Branch 150- Arichat \$35.00 or \$7.00 weekly drop in fee Call Sonia at 902-302-0694</p>	<p>Sat - Jan 3</p> <p>Music Circle Legion Branch 150 Arichat- 2:00pm Free Admission Bring your instrument</p> 

Sun - Jan 4

Community Breakfast
Legion Branch 150
Arichat - 8 to 11am
Eat In or Take Out



Isle Madame
New Horizons
Seniors Club - 1:30
Arichat
Monthly Meeting



Weekly 45 Card
Game- 2pm
Tara Lynne
Community Centre
River Bourgeois

Mon - Jan 5



Mass at 9:30am
D'Escousse Civic
Improvement Hall



Line Dancing
10am to Noon
West Bay
Community Centre



Song Circle hosted by
the St. George's
Channel Hall
6:30pm to 9ish
Doors open at 6:00
All Levels Of Talent
Welcome
By Donation
Light Lunch Available

Tues - Jan 6

Jolly Club Sewing
Group 9am
L' Ardoise



Tuesday Morning
Coffee/Tea Drop-In
West Bay Road Fire
Hall- 10am to Noon
Weather permitting

Pilates Wellness Circle
Followed by herbal
tea and social
Royal Canadian Legion
Branch 150- Arichat
10am-Noon
Sliding pay scale
Min \$5-Max \$10

Isle Madame
New Horizons Club
Pay Me Cards
6:30 pm- Arichat



45's card game
St. George's Channel
Hall 7:30pm

45's Card Play
Acadiaville
Community Centre
Hall West Arichat
7:30pm

Wed - Jan 7



Morning Coffee
St George's Channel Hall
10:00 am - 12 noon

Weekly Coffee
9:00 am - 11:30
Fire Department
Red Islands

Caregivers Support
Group
10:30 am to 12:30 noon
Arichat

Isle Madame
New Horizons Club
To register
1-877-488-7390 or
Gloria- 902-219-3102



Isle Madame
New Horizons
Seniors Club - Arichat
45s Card Game - 2pm

Thurs - Jan 8

Coffee and
Conversation
10am to Noon
West Bay Centre



Johnstown
Sewing/Handicraft
Fire Department,
Red Islands 1:00 pm
Everyone welcome

Cross Stitch Group
Drop In- 1pm
D'Escousse Civic
Improvement Hall



Adult Drop-In- 1-4pm
St. Peter's Lion Hall
For more information
(902) 587-2800 ext: 3



45s Card Play 7:30 pm
D'Escousse Civic
Improvement Hall

Fri - Jan 9

Six Week Stride for
Strength and Wellness
10-11am

With Sonia Morris
\$35.00 or \$7.00 weekly
drop in fee
Royal Canadian Legion
Branch 150- Arichat
Call Sonia at
902-302-0694



Fiber Club
Informal
Knitting/Crocheting
Petit de Grat Library
2pm to 4pm
Come when you can'
kind of group

Sat - Jan 10



Carnaval
La Picasse, centre
communautaire
culturel
Petit de Grat
(organized by École
Beau-Port)
14h à 17h
2pm to 5pm
Cantine, popcorn et
Barbe à papa (sugar
cane)
Levée de
fons//foundraiser for
Richmond Rize

Sun - Jan 11

Breakfast is Served
Riverdale
Community Centre-
Lower River
9am



Sunday Hungryman's
Breakfast
D'Ecousse Civic
Improvement Hall
8am to 11am



Weekly 45 Card
Game- 2pm
Tara Lynne
Community Centre
River Bourgeois

Mon - Jan 12

Tues - Jan 13

Jolly Club Sewing
Group 9am
L'Ardoise



Tuesday Morning
Coffee/Tea Drop-In
West Bay Road Fire
Hall
10am to Noon
Weather Permitting

Pilates Wellness Circle
Followed by herbal
tea and social
Royal Canadian Legion
Branch 150- Arichat
10am-Noon
Min \$5-Max \$10



Cafe Reminisce
1:00-2:30
Dr. Kingston Centre
L'Ardoise
Call to Register
(902) 587-2800 ext:3

Isle Madame
New Horizons Club
Pay Me Cards
6:30 pm- Arichat

Wed - Jan 14

Morning Coffee
St George's Channel Hall
10:00 until 12 noon



Weekly Coffee
9-1130am
Fire Department
Red Islands

Riverdale Seniors Club
Get Together Lunch
Lower River
12 noon to 2pm

Thurs - Jan 15



Coffee/ Conversation
10am to Noon
West Bay Centre

Johnstown
Sewing/Handicraft
Fire Department,
Red Islands 1:00 pm

Cross Stitch Group
Drop In- 1pm
D'Escousse Civic
Improvement Hall



Adult Drop-In- 1-4pm
St. Peter's Lion Hall
For more information
(902) 587-2800 ext: 3

Seniors Jolly Club
Annual General
Meeting - 3 pm
L'Ardoise



45s Card Play 7:30 pm
D'Escousse Civic
Improvement Hall

Fri - Jan 16



Fiber Club
Informal
Knitting/Crocheting
Petit de Grat Library
2pm to 4pm
Come when you can'
kind of group

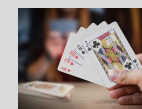


Fish Fry - Arichat
Legion Branch 150
4:00 pm -6:30 pm
eat in or take out
\$16.00 per dinner

Jam Session - 7-10pm
Isle Madame
New Horizons Club
Arichat - \$5.00
Includes a Light lunch



Sat - Jan 17



Legion Branch 150
Arichat
45s Card Play
7 pm- Prizes Awarded

Sun - Jan 11

Mon - Jan 12

Tues- Jan 13

Wed - Jan 14

Thurs - Jan 15

Fri - Jan 16

Sat - Jan 17



45's card game
St. George's Channel
Hall 7:30pm

45's card game
Acadiaville Comm
Centre Hall
West Arichat 7:30pm

Sun - Jan 18



South Mountain Arm of Gold Community Association St. George's Channel Hall Monthly Sunday Breakfast 8:30 – 11:00 am



Weekly 45 Card Game- 2pm Tara Lynne Community Centre River Bourgeois

Mon - Jan 19



Line Dancing 10am to Noon West Bay Community Centre



Song Circle hosted by the St. George's Channel Hall 6:30pm to 9ish Doors open at 6:00 All Levels Of Talent Welcome By Donation Light Lunch Available Make sure to confirm this is still on.

Tues - Jan 20



Jolly Club Sewing Group 9am - L'Ardoise



Tuesday Morning Coffee/Tea Drop-In West Bay Rd Fire Hall 10am to Noon Weather Permitting

Pilates Wellness Circle herbal tea and social Royal Canadian Legion Branch 150- Arichat 10am-Noon Sliding pay scale Min \$5-Max \$10

Social- Persons with Visual Impairment 2:30pm - Arichat New Horizons Seniors Club

Isle Madame New Horizons Club Pay Me Cards 6:30 pm- Arichat



45's card game St. George's Channel Hall 7:30pm Acadiaville Comm Centre Hall West Arichat 7:30pm

Wed - Jan 21

Morning Coffee St George's Channel Hall 10:00 until 12 noon



Weekly Coffee 9-1130am Fire Department Red Islands

Bonnie Brae Seniors Club - St. Peter's 2pm Regular Meeting



Isle Madame New Horizons Seniors Club - Arichat 45s Card Game - 2pm

Thur - Jan 22

Coffee/Conversation 10am to Noon West Bay Centre



Johnstown Sewing/Handicraft Fire Department, Red Islands 1:00 pm

Cross Stitch Group Drop In- 1pm D'Escousse Civic Improvement Hall



Adult Drop-In- 1-4pm St. Peter's Lion Hall For more information (902) 587-2800 ext: 3



Two Part Art Series Exploration & maquette "Model" Jan 22/29th La Picasse, centre communautaire culturel- 6:30pm Must attend both To register- 902-226-0149

45s Card Play 730 pm D'Escousse Civic Improvement Hall

Fri - Jan 23

Fiber Club - Informal Knitting/Crocheting Petit de Grat Library 2pm to 4pm Come when you can' kind of group



Sat - Jan 24



Square Roots D'Escousse Civic Improvement Hall 11-1pm Access to healthy and affordable produce seconds



South Mountain Arm of Gold Community Association Cribbage Tournament St. George's Channel Community Hall 1:00pm \$10.00/person Pre-register 902-345-2247 or 902-227-5293 A light lunch will be served.

Sun - Jan 25



Louisdale Lions Club
Monthly Breakfast
8:00am to 11:00 am
Louisdale Lions
Community Centre

St. John's Centre for
the Arts- 2pm
Adrianna Ciccone
and Ellen Gibling
(fiddle and harp)
\$20 advance / \$25
at the door / \$10
students with ID
Youth 18 and under
are free
Contact:
902-227-8303

Weekly 45 Card
Game- 2pm
Tara Lynne
Community Centre
River Bourgeois



Cribbage
Tournament
L'Ardoise Community
Centre- 1pm
Teams of Two
Register
902-302-2313

Mon - Jan 26



Line Dancing
10am to Noon
West Bay
Community Centre

Tues - Jan 27

Jolly Club Sewing
Group 9am
L' Ardoise



Tuesday Morning
Coffee/Tea Drop-In
West Bay Road Fire
Hall
10am to Noon
Weather Permitting

Pilates Wellness Circle
Followed by herbal
tea and social
Royal Canadian Legion
Branch 150- Arichat
10am-Noon
Sliding pay scale
Min \$5-Max \$10

Isle Madame
New Horizons Club
Pay Me Cards
6:30 pm- Arichat

Wed - Jan 28

Morning Coffee
St George's Channel Hall
10:00 until 12 noon



Weekly Coffee
9-1130am
Fire Department
Red Islands

WE CARE DAY
Fall Prevention- 10am
Involves a combination
of making your home
safer, staying physically
active, and managing
your health. With
Rachael LeBlanc and
Courtney MacKinnon
Louisdale Parish Hall
Lunch provided
Fleur de-Lis Seniors Club
Meeting- 1:00pm

Riverdale Seniors Club
Get Together Lunch
Lower River
12 noon to 2pm

Thur - Jan 29

Coffee and
Conversation
10am to Noon
West Bay Centre



Johnstown
Sewing/Handicraft
Fire Department,
Red Islands 1:00 pm
Everyone welcome

Cross Stitch Group
Drop In- 1pm
D'Escousse Civic
Improvement Hall



Adult Drop-In- 1-4pm
St. Peter's Lion Hall
For more information
(902) 587-2800 ext: 3

Bereaved Families NS
Support N Share
1:00 – 2:30pm
Bonnie Brae Seniors
Club- St Peter's
Facilitated by Celeste
Gotell and Sonia
Morris
Call to register
902-564-6795

Fri - Jan 30

Fiber Club - Informal
Knitting/Crocheting
Petit de Grat Library
2pm to 4pm
Come when you can'
kind of group









Sat - Jan 31



St John's Centre
for the Arts
2 pm - 4 pm
Snowshoeing at the
Park
Lennox Passage
Provincial Park
Contact:
902-227-8303
Will reschedule if
weather does not
cooperate

Veterans Social
Legion Branch 150
Arichat
2pm
All Veterans Invited

Sun - Jan 25	Mon - Jan 26	Tues - Jan 27	Wed - Jan 28	Thur - Jan 29	Fri - Jan 30	Sat - Jan 31
 <p>Isle Madame New Horizons Seniors Club - Arichat Cribbage - 6pm</p>		 <p>45's card game St. George's Channel Hall 7:30pm</p>  <p>45's Card Play Acadiaville Community Centre Hall West Arichat 7:30pm</p>	<p>Bereaved Families NS Support N Share 2:00 – 3:30pm Glen Sampson Room St Louis Parish 156 Grandique Ferry Road- Louisdale Facilitated by Celeste Gotell and Sonia Morris Call to register 902-564-6795</p>  <p>Isle Madame New Horizons Seniors Club - Arichat 45s Card Game - 2pm</p>	 <p>Peinture sur toile à l'acrylique Two Part Art Series Jan 22/29th 6:30pm Must attend both To register 902-226-0149</p>  <p>45s Card Play 7:30 pm D'Escousse Civic Improvement Hall</p>		

Note: Seniors Take Action Coalition wishes to acknowledge the financial support provided by the Municipality of Richmond County to continue our Seniors Centre Without Walls and produce this calendar, offer programs on Telile, produce our Better With Age newsletter, and keep an active social media presence. Remember to register at the Dr Kingston Centre for other activities at (902) 587-2800 ext: 3.