

APRIL 2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Want to stay informed? Join our FaceBook Group and sign up to receive our Better with Age Newsletter

30

Louisdale Lions Club
Monthly Breakfast
8:00 11:00 am at the
Louisdale Lions
Community Centre
Adults -\$13.00
Children 6-12 -
\$10.00 Children
under 5 - Free



New Horizons Club
Cribbage- 7pm
Arichat



31

**Seniors Centre
Without Walls
Virtual
Coffee Club
Lyn Stuart from
Cargeivers Nova
Scotia will be joining
us
10 to 11am on Zoom**



Song Circle hosted by
the
St. George's Channel
Hall at 6:30pm



1

Mass at 9:30am
D'Escousse Civic
Improvement Hall

Jolly Club Sewing
Group 9am in
L'Ardoise



River Roots Meals
With Friends
Lunch - By Donation
Two seatings
1130 or 1230
River Bourgeois
Call to register

45's card game
St. George's Channel
Hall 7:30pm



45's Card Play
Acadiaville
Community Centre
Hall
West Arichat 7:30pm

2

VON Meals on Wheels
Program moves into
Bonnie Brae Club in
St. Peter's

Coffee Get Togethers
9:00 - 11:30 am
Red Islands Fire Hall



Regular Wednesday
Morning Coffee
St George's Channel Hall
10:00 to 12 noon

Café Conversation
La Picasse- 930 to 1100
All levels of French
welcome

Digital Wellness
Richmond Literacy
9:30- 11:40am
Louisdale Fleur-de-Lis
Club- Parish Hall 1:00pm
- 3:15pm L'Ardoise
Seniors Jolly Club,
L'Ardoise



3

Coffee and
Conversation
10am to Noon
West Bay Community
Centre



Digital Wellness
Richmond Literacy
9:00am - 12:00pm
Richmond County
Municipal Office
Arichat



Johnstown
Sewing/Handicraft
Group 1:00 pm
Informal group.
District 10 Fire Hall
Red Islands

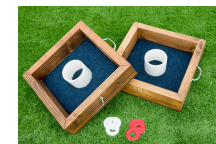
Craft Evening
La Picasse
Petit de Grat
Bring your projects!
6:30pm to 8:30 pm

4

Fiber Club
Informal
Knitting/Crocheting
group in the
Petit de Grat Library
2pm to 4pm
Come when you can'
kind of group.



Indoor Washer Toss
Acadiaville Community
Centre Hall - 7:30pm
West Arichat



5

Breakfast - 8-10am
8-1pm
Indoor Yard Sale
L'Ardoise Community
Centre



Learn Basic Car
Maintenance- 2-4pm
Dr Kingston Memorial
Community Health
Centre in L'Ardoise
Call to register
(902)587-2800 ext: 4

Community Flea Market
and Yard Sale
10am
D'Escousse Civic
Improvement Hall

Acoustic Music Session
with
Daniel LeBlanc
Legion Branch 150
Arichat
2:00-4:00 (ish)



Seniors Games and Fun
10am
Fleur-de-Lis Club
Louisdale Parish Hall



Riverdale Seniors Club
Get Together
Lower River- 12pm

New Horizons Club
45 Card Play 2pm
Arichat



Adult Drop-In
St. Peter's Lion Hall
1-4pm
For more information
(902) 587-2800 ext: 3

45s Card Play 7:30 pm



La Plasse Presents
An Evening of
Country Music
7pm
Tickets - 12.00



6

Legion Branch 150
Arichat - 8 to 11am
Community Breakfast
\$13.00



Isle Madame
New Horizons
Seniors Club
Lunch and Learn
at 11:30
Grief, Loss and
Bereavment
Monthly Meeting
1:30 pm

New Horizons Club
Cribbage- 7pm
Arichat



7

Mass at 9:30am
D'Escousse Civic
Improvement Hall

**Seniors Take Action
Coalition Board of
Directors/ Member
Meeting
10am -12 Noon**
New Horizons Club
in Arichat

Bean Bag Games
1pm- La Picasse
Petit de Grat



8

Jolly Club Sewing
Group 9am in
L' Ardoise



River Roots Meals
With Friends
Lunch - By Donation
Two seatings
1130 or 1230
River Bourgeois
Call to register

45's card game
St. George's Channel
Hall 7:30pm



45's Card Play
Acadiaville
Community Centre
Hall - 7:30
West Arichat

Bean Bag Toss
New Horizons Club
Contact Club for
location
Arichat- 7-9pm



9

Coffee Get Togethers
9:00 – 11:30 am
Red Islands Fire Hall

Café Conversation
La Picasse
930 to 1100
All levels of French
welcome



Regular Wednesday
Morning Coffee
St George's Channel Hall
10:00 a.m. - 12 noon

Digital Wellness
Richmond Literacy
9:30- 11:40am
Louisdale Fleur-de-Lis
Club- Parish Hall
1:00pm - 3:15pm
L'Ardoise Seniors Jolly
Club, L'Ardoise



Seniors Games and Fun
10am
Fleur-de-Lis Club
Louisdale Parish Hall



10

Coffee and
Conversation
10am to Noon
West Bay Centre



Digital Wellness
Richmond Literacy
9:00am - 12:00pm
Municipal Office-
Arichat



Johnstown
Sewing/Handicraft
Group 1:00 pm
Informal group.
District 10 Fire Hall
Red Islands

Adult Drop-In- 1-4pm
St. Peter's Lion Hall
(902) 587-2800 ext: 3

Craft Evening
La Picasse
Petit de Grat
Bring your projects!
6:30pm to 8:30 pm

45s Card Play 7:30 pm
D'Escousse Civic
Improvement Hall

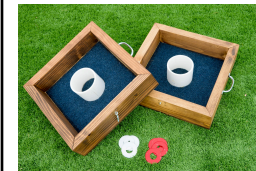


11

Fiber Club
Informal
Knitting/Crocheting
group in the
Petit de Grat Library
2pm to 4pm
Come when you can'
kind of group.



Indoor Washer Toss
Acadiaville Community
Centre Hall - 7:30pm
West Arichat



12

New Horizons Club
45 Card Play 2pm
Contact Club for
location
Arichat



Mixed Dart League
7:30 p.m
D'Escousse Civic
Improvement Hall

13
Hungry Man's
Breakfast
D'Escousse Hall
8:00-11:00am



D'Escousse Civic Improvement Hall
Hungrymans Breakfast 8am to 11am

Breakfast at
St. George's Channel
Hall
8:30 am – 11:00 am
Cost \$15/ Adults,
\$7/ Children



Learn what to feed
your soil and when?
A composting
workshop with
Clair Rankin
2:00 pm – 4:00 pm
Free

14
Stride into Spring
with a BodyBoost
Wellness Circle
Modified Strength
Core-/Cardio Class
Sonia of SonicSon's
Fitness- 930 to 1130
\$5 min, \$10 max.
Royal Canadian
Legion Branch 150
Arichat

Bean Bag Games
1pm- La Picasse
Petit de Grat



Song Circle hosted by
the St. George's
Channel Hall at
6:30pm
Doors open at 6:00
All Levels Of Talent
Welcome
By Donation
Light Lunch Available

15
Jolly Club Sewing
Group 9am in
L'Ardoise



River Roots Meals
With Friends
Lunch - By Donation
Two seatings
1130 or 1230
Call to register
River Bourgeois



Cafe Reminisce
1:00 to 2:30
Dr Kingston
Memorial
Community Health
Centre in L'Ardoise
Call to register
(902)587-2800 ext: 3

16
Coffee Get Togethers
9:00 – 11:30 am
Red Islands Fire Hall



Café Conversation
La Picasse- 930 to 1100
All levels of French
welcome

Regular Wednesday
Morning Coffee
St George's Channel Hall
10:00 a.m.- 12 noon

Digital Wellness
Richmond Literacy
9:30- 11:40am
Louisdale Fleur-de-Lis
Club- Parish Hall

1:00pm - 3:15pm
L'Ardoise Seniors Jolly
Club, L'Ardoise



17
Coffee and
Conversation
10am to Noon
West Bay Centre



Digital Wellness
Richmond Literacy
9:00am - 12:00pm
Municipal Office Arichat

Johnstown
Sewing/Handicraft
Group 1:00 pm
Informal group.
Bring your own project
District 10 Fire Hall
Red Islands

Waste Free Cooking
2-4pm
Dr Kingston Memorial
Community Health
Centre in L'Ardoise
Call to register
(902)587-2800 ext: 4

18



Fish Fry
Legion Branch 150
Arichat from
4:00pm -6:30
eat in or take out
\$16.00 per dinner



Fishcakes & Beans
Supper
St. George's Channel
Hall
4:00pm- \$15.00
Sponsored by South
Mountain Arm of Gold

19
Acadiaville Spring Fling
Community Breakfast
8:00 am – 11:00 am

Visit from Easter Bunny
9:00 am – 11:00am





tea n' tunes
 Tea and Tunes
 2:00 to 4 00 pm
 Featuring
 Evelyn, Tyrone and
 Wayne
 \$5.00
 Lunch provided
 Bonnie Brae Seniors
 Club in St. Peter's

New Horizons Club
 Cribbage- 7pm
 Contact Club for
 location
 Arichat



45's card game
 St. George's Channel
 Hall 7:30pm



45's Card Play
 Acadiaville
 Community Centre
 Hall
 West Arichat
 7:30pm

Bean Bag Toss
 New Horizons Club
 Contact Club for
 location
 Arichat
 7-9pm



Seniors Games and Fun-
 10am
 Fleur-de-Lis Club
 Louisdale Parish Hall



Riverdale Seniors Club
 Get Together
 Lower River
 12 noon

New Horizons Club
 45 Card Play 2pm
 Contact Club for
 location- Arichat



Bonnie Brae Seniors
 Club Meeting at 2pm
 in St Peter's
 Warden Lois Landry will
 attend

Making soup stock and a
 one-pot meal
 7:00 pm – 9:00 pm
 Fee: \$20



Jolly Seniors
 Monthly Club Meeting
 L'Ardoise- 3pm

Adult Drop-In
 St. Peter's Lion Hall
 1-4pm
 (902) 587-2800 ext: 3

45s Card Play 7:30 pm
 D'Escousse Civic
 Improvement Hall



L'Ardoise Jolly Club
 Fish Cakes and Beans
 and Dessert
 Take out only
 4pm- \$15.00

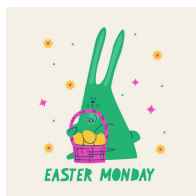
20



Cribbage
Tournament- 1pm
L'Ardoise Community
Centre



21



Stride into Spring
with a BodyBoost
Wellness Circle
Modified Strength
Core-/Cardio Class
Sonia of SonicSon's
Fitness- 930 to 1130
\$5 min, \$10 max.
Royal Canadian
Legion Branch 150
Arichat

Bean Bag Games
1pm- La Picasse
Petit de Grat



22

Jolly Club Sewing
Group 9am in
L' Ardoise



River Roots Meals
With Friends
Lunch - By Donation
Two seatings
1130 or 1230
Call to register
River Bourgeois



45's card game
St. George's Channel
Hall 7:30pm



45's Card Play
Acadiaville
Community Centre
Hall
West Arichat
7:30pm

Bean Bag Toss
New Horizons Club
Arichat
7-9pm



23

Coffee Get Togethers
9:00 – 11:30 am
Red Islands Fire Hall

Café Conversation
La Picasse
930 to 1100
All levels of French
welcome.



Regular Wednesday
Morning Coffee
St George's Channel Hall
10:00. until 12 noon

New Horizons Club
45 Card Play 2pm
Arichat

Digital Wellness
Richmond Literacy
9:30- 11:40am
Louisdale Fleur-de-Lis
Club- Parish Hall
1:00pm - 3:15pm
L'Ardoise Seniors Jolly
Club, L'Ardoise



River Roots Community
Learning Garden
4:00 pm - 6:00 pm
From seeds to table,
we'll plant, grow, and
learn together.

24

Coffee and
Conversation
10am to Noon
West Bay Centre



Digital Wellness
Richmond Literacy
9:00am - 12:00pm
Municipal Office-Arichat



Johnstown
Sewing/Handicraft
Group 1:00 pm
Informal group.
District 10 Fire Hall
Red Islands

Upholstering Basics
1-3pm
Dr Kingston Memorial
Community Health
Centre in L'Ardoise
Call to register
(902)587-2800 ext: 4

Adult Drop-In
St. Peter's Lion Hall
1-4pm
(902) 587-2800 ext: 3

BBQ Chicken
Community Dinner
6:30 pm
La Picasse Petit-de-Grat

25

Fiber Club
Informal
Knitting/Crocheting
group in the
Petit de Grat Library
2pm to 4pm
Come when you can'
kind of group.



New Horizons Club
Monthly Meal 6pm
Dinner & Dance
Arichat
Tickets sold in advance



26

Veterans Social
Legion Branch 150
Arichat
2:00-4:00 pm



Tarabish Tournament
Legion Branch 150
Arichat- 7pm

All ages welcome. Under age 12 must have adult with them. Learning materials provided. Free

45s Card Play 7:30 pm
D'Escousse Civic
Improvement Hall



27

Louisdale Lions Club
Monthly Breakfast
8:00 11:00 am at the
Louisdale Lions
Community Centre
Adults -\$13.00
Children 6-12 -
\$10.00 Children
under 5 - Free



Argento Collective
Musique Royale
3pm
St John's Centre for
the Arts in Arichat
\$20.00 Advance,
\$25.00 at the door

New Horizons Club
Cribbage- 7pm
Arichat



28

Stride into Spring
with a BodyBoost
Wellness Circle
Modified Strength
Core-/Cardio Class
Sonia of SonicSon's
Fitness- 930 to 1130
\$5 min, \$10 max.
Royal Canadian
Legion Branch 150
Arichat

Song Circle hosted by
the St. George's
Channel Hall at
6:30pm
Doors open at 6:00
All Levels Of Talent
Welcome
By Donation
Light Lunch Available



29

Jolly Club Sewing
Group 9am in
L' Ardoise



River Roots Meals
With Friends
Lunch - By Donation
Two seatings
1130 or 1230
Call to register
River Bourgeois

45's card game
St. George's Channel
Hall 7:30pm



45's Card Play
Acadiaville
Community Centre
Hall
West Arichat
7:30pm

Bean Bag Toss
New Horizons Club
Arichat
7-9pm



30

"WE CARE DAY"

Tanya Davis
Community Outreach
and Liaison Services,
Citizen Services Branch-
Atlantic Region
Service Canada /
Government of Canada
10:00-12:00 noon
Louisdale Parish Hall
Lunch provided
Fleur -de -Lis Seniors
Club Meeting- 1:00pm

Basic Clothing Repairs
1-3pm
Dr Kingston Memorial
Community Health
Centre in L'Ardoise
Call to register
(902)587-2800 ext: 4

Note: Seniors Take Action Coalition acknowledges the Gov of NS, Dept of Seniors and Long-Term Care for the Age-Friendly Grant received to make this calendar, Better With Age and active FB presence possible. This calendar is one of several projects we offer as part of the Seniors Centre Without Walls Project due to the funding provided.

All events take place at River Roots 403 Church Point Rd, River Bourgeois. Please register for all events online at richmondriverroots.ca or by calling 902-785-7918 or by email riverroots2020@gmail.com