

# SEPTEMBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Want to stay informed? Join our FaceBook Group and sign up to receive our Better with Age Newsletter.

**1**

Legion Branch 150  
Arichat  
8 to 11am  
Community Breakfast  
\$13.00  
*Breakfast is free for all veterans of Canada's Armed Forces, the RCMP, and WWII-era Merchant Mariners*




**2**




River Roots  
Market Shed Sale  
11am-7pm  
River Bourgeois

Song Circle hosted by the  
St. George's Channel  
Hall  
6:30pm




**3**

Jolly Club Sewing Group  
9am in L'Ardoise



River Roots  
Market Shed Sale  
10am-4pm  
River Bourgeois



**4**

**5**

River Roots  
Market Shed Sale  
10am-7pm  
River Bourgeois



Summer Jams  
St Peter's Lions Marina  
7:30pm



**6**

Informal  
Knitting/Crocheting  
group in the Petit de  
Grat Library at  
2pm. Come when you  
can' kind of group.



**7**













New Horizons Seniors  
Club in Arichat 45's card  
play 7:30 pm.



Storytelling at Pondville  
Beach  
2 pm - 4 pm  
St. John's Centre for the  
Arts

Free Acoustic Music  
Session with  
Daniel LeBlanc  
Legion Branch 150  
Arichat  
2:00-4:00 (ish)



<p><b>8</b></p> <p>Hungry Man's Breakfast D'Escousse Hall 8:00-11:00am</p>  <p>D'Escousse Civic Improvement Hall Hungrymans Breakfast 8am to 11am</p> <p>New Horizons Seniors Club Monthly Meeting- Arichat 1:30Pm</p> <p>Outdoor Farmer's Market at Johnstown Landing from 10:30am-1:00pm</p>  <p>Jive Dancing Classes with Debbie Morrison -6:30-8:30 pm at the Louisdale Parish Hall NO CHARGE</p>	<p><b>9</b></p> <p>Seniors Take Action Coalition Annual General Meeting 10am St Louis Hall in Louisdale</p> <p>River Roots Meals with Friends 11:30 to 1:30 River Bourgeois (sign up via website)</p> 	<p><b>10</b></p> <p>Jolly Club Sewing Group 9am in L'Ardoise</p>  <p>River Roots Learning Garden 6:00pm-7:30pm</p> <p>45's card game St. George's Channel Hall 7:30pm</p>  <p>45's Card Play Acadiaville Community Centre Hall in West Arichat 7:30pm</p>	<p><b>11</b></p> <p>"</p>	<p><b>12</b></p> <p>Coffee and Conversation 10am to Noon West Bay Community Centre</p>  <p>Musique Royale St. John's Centre for the Arts, Arihta featuring Thomas Baeté and Suren Barry. Tickets are \$25.00 at door, \$20.00 in advance</p> <p>St. Peter's Pirate Days</p>  <p>Pirate Days Trivia Night 7:30 PM St. Peter's Lions Club Hall</p> <p>45s Card Play 7:30 pm D'Escousse Civic Improvement Hall</p> 	<p><b>13</b></p> <p>Informal Knitting/Crocheting group in the Petit de Grat Library at 2pm. Come when you can' kind of group.</p>  <p>St. Peter's Pirate Days</p>  <p>Opening Ceremony 6 PM - 7:30PM St. Peter's Marina</p> <p>Sallywags Comedy Show 7 PM - 9 PM Bras d'Or Lakes Inn</p>	<p><b>14</b></p>  <p>Coastal Trail Historic Walk 9 AM a stroll along the coastal trail, meet at St. Peter's Fire Hall.</p> <p>St. Peter's Pirate Days Sallywag Breakfast 8 8AM - 12 PM Hearty breakfast at Louis Cozy Corner!</p> <p>Artisan's Thieves Market Lions Hall, St Peter's 11-2pm</p>  <p>Rag Rug Weaving Workshop". 2:00 pm, cost includes materials is \$45.00 pre-registration is required Call 902-226-9364 Isle Madame Historical Society Lenoir Landing in Arichat</p>
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15  
Breakfast  
8:30 - 11:00  
St. George's Channel Hall



Pirate Parade begins  
12:30 PM  
Grand pirate parade at  
Canal Landing

Closing Ceremony  
St. Peter's Lions Marina  
to announce the  
winners!

Cooking workshop with  
Chef Ben Kelly The Art of  
Making Curry - \$20.00  
2pm  
sign up via River Roots  
website)

New Horizons Club  
Cribbage- 7pm Arichat



Jive Dancing Classes with  
Debbie Morrison  
6:30-8:30 pm at the  
Louisdale Parish Hall NO  
CHARGE

16  
Mass at 9:30am  
D'Escousse Civic  
Improvement Hall

River Roots  
Market Shed Sale  
11am-7pm  
River Bourgeois

River Roots  
Meals with Friends  
11:30 to 1:30  
River Bourgeois  
(sign up via River  
Roots website)



Song Circle hosted by  
the  
St. George's Channel  
Hall  
6:30pm



17  
Jolly Club Sewing Group  
9am in L' Ardoise



River Roots  
Market Shed Sale  
10am-4pm  
River Bourgeois



Blueberry Dessert  
Competition - 6pm-  
\$5.00  
La Picasse

Pickling Workshop  
Anne Landry  
7:00 - 8:30pm  
River Roots - 20.00  
River Bourgeois  
(sign up via website)

45's card game  
St. George's Channel  
Hall 7:30pm



45's Card Play  
Acadiaville  
Community Centre  
Hall in West Arichat  
7:30pm

18  
Riverdale Seniors Club  
Get Together  
Lower River - 12 noon

New Horizons Club  
45 Card Play 2pm  
Arichat



D'Escousse  
Mixed Dart League

7:30 p.m  
D'Escousse Civic  
Improvement Hall

19  
Coffee and Conversation  
10am to Noon  
West Bay Centre



River Roots  
Market Shed Sale  
10am-7pm  
River Bourgeois



Jolly Club Monthly  
Meeting  
3pm in L'Ardoise

45s Card Play 7:30 pm  
D'Escousse Civic  
Improvement Hall



20  
Informal  
Knitting/Crocheting  
group in the Petit de  
Grat Library at  
2pm.Come when you  
can' kind of group.



River Roots  
Open House  
3pm to 7pm  
Market Shed Sale will  
be open  
River Bourgeois

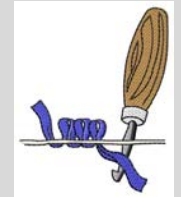













Fish Fry at the Legion  
Branch 150 Arichat  
from 400pm -6:30  
eat in or take out  
\$16.00 per dinner

*Fish Fry Dinners are free  
for all veterans of  
Canada's Armed Forces,  
the RCMP, and  
WWII-era Merchant  
Mariners.*



21  
Rug Hooking Workshop  
2 - 4:30 pm  
\$35 per kit  
St. John's Centre for the  
Arts in Arichat



<p>22</p> <p>Outdoor Farmer's Market at Johnstown Landing from 10:30am-1:00pm</p>  <p>Celebrating Musical Roots" Exhibit Opening 2:00 PM LeNoir Landing</p>  <p>Louisdale &amp; District Fire Dept. Fall Fair. Parade - 10:30 am followed by a Turkey Dinner Louisdale Parish Hall Merchandise Bingo at 2:00 pm</p> <p>New Horizons Club Cribbage- 7pm Arichat</p> 	<p>23</p> <p>River Roots Meals with Friends 11:30 to 1:30 River Bourgeois</p> 	<p>24</p> <p>Jolly Club Sewing Group 9am in L'Ardoise</p>  <p>River Roots Market Shed Sale 10am-4pm River Bourgeois</p>  <p>River Roots Learning Garden 6:00pm-7:30pm</p> <p>45's card game St. George's Channel Hall 7:30pm</p>  <p>45's Card Play Acadiaville Community Centre Hall in West Arichat 7:30pm</p>	<p>25</p> <p>We Care Day 10:00 - 12:00 noon Louisdale Parish Hall. Lunch provided.. Guest Speakers Caregivers Nova Scotia and VON Frozen Meal Program Fleur-de Lis Seniors Club Meeting -1:00 pm</p> <p>New Horizons Club 45 Card Play 2pm Arichat</p> 	<p>26</p> <p>Coffee and Conversation 10am to Noon West Bay Community Centre</p>  <p>Community Dinner In honour of Robert Bouchard eandCornelia Boucher 11am to 1pm, \$12.00</p> <p>Fine Dining with Chef Ben Kelly 6:00pm \$70/person (sign up via website) River Roots River Bourgeois</p> <p>45s Card Play 7:30 pm D'Escousse Civic Improvement Hall</p> 	<p>27</p> <p>Informal Knitting/Crocheting group in the Petit de Grat Library at 2pm.Come when you can' kind of group.</p>  <p>Louisdale Fleur-de-Lis Club 10:00 am Louisdale Parish Hall. Stephanie Beaton (Physiotherapist) Session on how to warm up properly for exercising.</p>	<p>28</p> <p>Farmer's Market at the Grand River Fire Hall 10am-2pm</p>  <p>Veterans Social Legion Branch 150 Arichat 2:00-4:00</p> <p>"Celebrating Musical Roots" Concert with Robert Bouchard, Cornelia Boucher &amp; Friends 7:00 pm D'Escousse Civic Improvement Hall. Advance Tickets Only 902 226 9364</p>
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29

Louisdale Lions Club  
Monthly Breakfast 8:00  
-11:00 am at the  
Louisdale Lions  
Community Centre  
Adults -\$13.00  
Children 6-12 - \$10.00  
Children under 5 - Free

Outdoor Farmer's  
Market at Johnstown  
Landing from  
10:30am-1:00pm



Big Rock Candy  
Mountain Children's  
Concert

2 pm

St John's Centre for the  
Arts

\$5 per person; children 5  
and under are free

New Horizons Club  
Cribbage- 7pm Arichat



Jive Dancing Classes  
with Debbie Morrison  
6:30-8:30 pm Louisdale  
Parish Hall  
NO CHARGE

30

**National Day for  
Truth and  
Reconciliation**

Fête des Aînées  
avec Crêpes  
1130  
La Picasse  
Petit de Grat

River Roots  
Market Shed Sale  
11am-7pm  
River Bourgeois

Song Circle hosted by  
the  
St. George's Channel  
Hall  
6:30pm



Seniors Take Action Coalition wishes to acknowledge the contribution of the Government of NS, Department of Seniors and Long-Term Care for the Age-Friendly Grant received to make things like this, our Better with Age newsletter and active FB presence possible. This calendar is one of several projects we are able to offer due to the funding provided.

**River Roots Workshops** -Please register on the events section of their website [www.richmondriverroots.ca](http://www.richmondriverroots.ca) or by emailing riverroots2020@gmail.com or by telephone at 902-785-7918