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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Want to stay informed? Join our FaceBook Group and sign up to receive our Better with Age Newsletter. Remember to check ahead if the weather is questionable.

					<p>1</p> <p>Informal Knitting/Crocheting group in the PDG Library at 2pm. Come when you can' kind of group.</p> 	<p>2</p>
<p>3</p> <p>Legion Branch 150 Arichat - 8 to 11am Community Breakfast</p> <p>New Horizons Seniors Club Monthly Meeting at 1:30PM at Club in Arichat</p> <p>New Horizons Club Cribbage- 7pm Arichat</p> 	<p>4</p> <p>D' Escouse Hall Mass at 9:30am</p> <p>Seniors Take Action Coalition Meeting 10am Fleur-de-Lis Club Louisdale</p> <p>River Roots Meals with Friends 11:30 to 1:30 River Bourgeois</p> <p>Quilting/Sewers Group 10am-3pm New Horizons Club</p>	<p>5</p> <p>River Roots Café 10-12 noon River Bourgeois</p>  <p>River Roots Meals with Friends 11:30 to 1:30 River Bourgeois</p> <p>L'Ardoise Mens Club Free Lunch 11am to 1pm Soup and Sandwich</p> <p>45's card game St. George's Channel Hall 7:30pm</p>	<p>6</p> <p>Jolly Club Sewing Group 9am in L'Ardoise</p> <p>Seniors Club Coffee Break from 9-11:30 Red Islands Fire Hall</p>  <p>We Care Café Fleur-de-Lis Club Louisdale at 10am Painting Class 1:00 pm Music with Marie and Tony</p> <p>Riverdale Seniors Club Get Together Lower River – 12 noon</p> <p>New Horizons Club 45 Cards 2pm Arichat</p>	<p>7</p> <p>Coffee and Conversation 10am to Noon West Bay Community Centre</p>  <p>45s Card Play 7:30 pm D'Escousse Civic Improvement Hall</p> 	<p>8</p> <p>Informal Knitting/Crocheting group in the PDG Library at 2pm. Come when you can' kind of group.</p> 	<p>9</p>

<p>10 Hungry Man's Breakfast D'Escouse Hall 8:00-11:00am</p> <p>New Horizons Club Cribbage- 7pm Arichat</p> 	<p>11 River Roots Meals with Friends 11:30 to 1:30 River Bourgeois</p> <p>Quilting/Sewers Group 10am-3pm New Horizons Club</p> <p>Presentation on Age-Friendly Communities at Richmond County Committee of the Whole Meeting 7pm</p>	<p>12 River Roots Café 10-12 noon River Bourgeois</p>  <p>River Roots Meals with Friends 11:30 to 1:30 River Bourgeois</p> <p>Fleur-de-Lis Club Intergenerational Cooking March Break Program 10am</p> <p>L'Ardoise Mens Club Free Lunch 11am to 1pm Soup and Sandwich</p> <p>Gardening 101 River Roots in River Bourgeois 6-8pm</p> <p>45's card game St. George's Channel Hall 7:30pm</p> 	<p>13 Jolly Club Sewing Group 9am in L'Ardoise</p> <p>Seniors Club Coffee Break from 9-11:30 Red Islands Fire Hall</p>  <p>New Horizons Club 45 Card Play 2pm Arichat</p> 	<p>14 Coffee and Conversation 10am to Noon West Bay Centre</p>  <p>Fleur-de-Lis Club Intergenerational Games Day March Break Program 10am</p> <p>45s Card Play 7:30 pm D'Escouse Civic Improvement Hall</p> 	<p>15 Informal Knitting/Crocheting group in the PDG Library at 2pm. Come when you can' kind of group</p>  <p>Legion Branch 150 Fish Fry 4:00 pm – 6:30 pm.</p>	<p>16 St Patrick's Day Jiggs Dinner and Dance L'Ardoise Jolly Club 5pm Tickets available for Jolly Club Members</p> 
<p>17</p>  <p>Fleur-de-Lis Seniors Club St Patrick's Dinner and Dance – 5:00 to 10:30 Tea and Tunes</p>	<p>18 River Roots Meals with Friends 11:30 to 1:30 River Bourgeois</p> <p>Quilting/Sewers Group 10am-3pm New Horizons Club</p>	<p>19 River Roots Café 10-12 noon River Bourgeois</p>  <p>River Roots Meals with Friends 11:30 to 1:30 River Bourgeois</p>	<p>20 Jolly Club Sewing Group 9am in L'Ardoise</p> <p>Seniors Club Coffee Break from 9-11:30 Red Islands Fire Hall</p> 	<p>21 Coffee and Conversation 10am to Noon West Bay Community Centre</p> 	<p>22 Informal Knitting/Crocheting group in the PDG Library at 2pm. Come when you can' kind of group</p> 	<p>23</p>

<p>Evelyn McRae & Les Boys. Admission \$5.00 per person, Light Lunch Provided, 50/50 draw 2-4pm Bonnie Brae Seniors Club in St Peter's</p> <p>New Horizons Club Cribbage at 7pm Arichat</p> 		<p>L'Ardoise Mens Club Free Lunch 11am to 1pm Soup and Sandwich</p> <p>45's card game St. George's Channel Hall 7:30pm</p> 	<p>Riverdale Seniors Club Get Together Lower River – 12 noon</p> <p>We Care Café- 10am to 1 Fleur-de-Lis Club in Louisdale Parish Hall Knitting Music with Evelyn MacRae Bring your own Lunch</p> <p>Bonnie Brae Seniors Club Meeting at 2pm in St Peter's</p> <p>New Horizons Club 45 Card Play 2pm</p> 	<p>Jolly Club Monthly Meeting 3pm in L'Ardoise</p> <p>45s Card Play 7:30 pm D'Escousse Civic Improvement Hall</p> 	<p>New Horizons Club Monthly Meal 6pm With DJ Roast Turkey - \$17.00 Advanced Ticket Sales At club on March 6,7,13,14 at 1pm</p>	
<p>24</p> <p>Lions Club Breakfast Louisdale Lions Den 10:00 am - 11:00 am Adults \$13.00, \$10.00 for children 6-12 years Children under 5- Free</p> <p>Food Workshop with Chef Ben Kelly Cook perfect seafood 2:00 to 4:00pm River Roots River Bourgeois</p> <p>New Horizons Club Cribbage at 7pm - Arichat</p>	<p>25</p> <p>River Roots Meals with Friends 11:30 to 1:30 River Bourgeois</p> <p>Quilting/Sewers Group 10am-3pm New Horizons Club</p>	<p>26</p> <p>River Roots Café 10-12 noon River Bourgeois</p>  <p>L'Ardoise Mens Club Free Lunch 11am to 1pm Soup and Sandwich</p> <p>River Roots Meals with Friends 11:30 to 1:30 River Bourgeois</p> <p>45's card game St. George's Channel Hall 7:30pm</p>	<p>27</p> <p>Jolly Club Sewing Group 9am in L'Ardoise</p> <p>Seniors Club Coffee Break from 9-11:30 Red Islands Fire Hall</p> <p>We Care Days Historical Presentation- Genealogy Fleur-de-Lis Club in Louisdale - 10am to 1pm Lunch is provided Followed by Monthly Meeting at 1pm</p> <p>New Horizons Club 45 Card Play 2pm Arichat</p>	<p>28</p> <p>Coffee and Conversation 10am to Noon West Bay Community Centre</p> 	<p>29</p> 	<p>30</p> <p>31</p>

Note: Seniors Take Action Coalition wishes to acknowledge the contribution of the Government of NS, Department of Seniors and Long-Term Care for the Age-Friendly Grant received to make things like this, our Better with Age newsletter and active FB presence possible. This calendar is one of several projects we are able to offer due to the funding provided.

River Roots Workshops -Please register on the events section of their website www.richmondriverroots.ca or by emailing riverroots2020@gmail.com or by telephone at 902-785-7918