












JANUARY 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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Want to stay informed? Join our FaceBook Group and sign up to receive our Better with Age Newsletter

Note: Always remember to check ahead if the weather is questionable.

	<p>1</p> 	<p>2</p>	<p>3</p> <p>Seniors Club Coffee Break from 9-11:30 Red Islands Fire Hall</p> <p>New Horizons Club 45 Card Play 2pm Arichat</p> 	<p>4</p> <p>45's Card Play D'Ecousse Civic Improvement Hall 7:30pm</p> 	<p>5</p> <p>Informal Knitting/Crocheting group in the PDG Library at 2pm. Come when you can' kind of group.</p> 	<p>6</p>
<p>7</p> <p>Legion Branch 150 Arichat - 8 to 11am Community Breakfast</p> <p>New Horizons Seniors Club Monthly Meeting at 1:30PM at Club in Arichat</p>	<p>8</p> <p>D' Ecousse Hall Mass at 9:30am</p> <p>Seniors Take Action Coalition Meeting 10am</p> <p>Meals with Friends River Roots River Bourgeois 1130 to 130PM</p> 	<p>9</p> <p>River Roots Café 10-12 noon River Bourgeois</p>  <p>45's card game St. George's Channel Hall 7:30pm</p> 	<p>10</p> <p>Jolly Club Sewing Group 9am in L'Ardoise</p> <p>Seniors Club Coffee Break from 9-11:30 Red Islands Fire Hall</p> <p>Riverdale Seniors Club Get Together Lower River – 12 noon</p> <p>New Horizons Club 45 Card Play 2pm Arichat</p> 	<p>11</p> <p>Coffee and Conversation 10am to Noon West Bay Community Centre</p>  <p>45s Card Play 7:30 pm D'Ecousse Civic Improvement Hall</p> 	<p>12</p> <p>Informal Knitting/Crocheting group in the PDG Library at 2pm. Come when you can' kind of group.</p> 	<p>13</p>

<p>14 Hungry Man's Breakfast D'Escouse Hall 8:00-11:00am</p> <p>Tea and Tunes Evelyn McRae & Les Boys. Admission \$5.00 per person, Light Lunch Provided, 50/50 draw 2-4pm Bonnie Brae Seniors Club in St Peter's</p> <p>New Horizons Club Cribbage- 7pm Arichat</p> 	<p>15 Meals with Friends River Roots 1130 to 130</p> 	<p>16 River Roots Café 10-12 noon River Bourgeois</p>  <p>45's card game St. George's Channel Hall 7:30pm</p> 	<p>17 Jolly Club Sewing Group 9am in L'Ardoise</p> <p>Seniors Club Coffee Break from 9-11:30 Red Islands Fire Hall</p>  <p>Bonnie Brae Seniors Club Meeting at 2pm in St Peter's</p> <p>New Horizons Club 45 Card Play 2pm Arichat</p> 	<p>18 Coffee and Conversation 10am to Noon West Bay Centre</p>  <p>Jolly Club AGM/Monthly Meeting 3pm in L'Ardoise</p> <p>45s Card Play 7:30 pm D'Escouse Civic Improvement Hall</p> 	<p>19 Informal Knitting/Crocheting group in the PDG Library at 2pm. Come when you can' kind of group</p>  <p>Legion Branch 150 Fish Fry 4:00 pm – 6:30 pm.</p> <p>New Horizons Club Arichat - Jam Session 7pm to 10:30 pm Light lunch provided</p>	<p>20</p>
<p>21 New Horizons Club Cribbage at 7pm Arichat</p> 	<p>22 Meals with Friends River Roots 1130 to 130</p> 	<p>23 River Roots Café 10-12 noon River Bourgeois</p>  <p>Gear Up With Some Winter Staples 6:00 to 8:00pm River Roots</p> <p>45's card game St. George's Channel Hall 7:30pm</p> 	<p>24 Jolly Club Sewing Group 9am in L'Ardoise</p> <p>Seniors Club Coffee Break from 9-11:30 Red Islands Fire Hall</p>  <p>New Horizons Club 45 Card Play 2pm Arichat</p> 	<p>25 Coffee and Conversation 10am to Noon West Bay Community Centre</p>  <p>45s Card Play 7:30 pm D'Escouse Civic Improvement Hall</p> 	<p>26 Informal Knitting/Crocheting group in the PDG Library at 2pm. Come when you can' kind of group</p> 	<p>27</p>

<p>28</p> <p>Lions Club Breakfast Louisdale Lions Den 10:00 am - 11:00 am Adults \$13.00, \$10.00 for children 6-12 years Children under 5- Free</p> <p>Food Workshop with Chef Ben Kelly 2:00 to 4:00pm River Roots</p> <p>New Horizons Club Cribbage at 7pm Arichat</p> 	<p>29</p>	<p>30</p> <p>River Roots Café 10-12 noon River Bourgeois</p>  <p>45's card game St. George's Channel Hall 7:30pm</p> 	<p>31</p> <p>Jolly Club Sewing Group 9am in L'Ardoise</p> <p>Seniors Club Coffee Break from 9-11:30 Red Islands Fire Hall</p>  <p>New Horizons Club 45 Card Play 2pm Arichat</p> 			
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Note: Seniors Take Action Coalition wishes to acknowledge the contribution of the Government of NS, Department of Seniors and Long-Term Care for the Age-Friendly Grant received to make things like this, our Better with Age newsletter and active FB presence possible. This calendar is one of several projects we are able to offer due to the funding provided.

River Roots Workshops

All workshops are capped at 10 people and each cost \$20. Please register on the events section of our website www.richmondriverroots.ca or by emailing riverroots2020@gmail.com or phoning 902-785-7918