













MARCH 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Sun- March 1</p> <p>Community Breakfast Legion Branch 150 Arichat - 8 to 11am Eat In or Take Out</p>  <p>Breakfast is Served Riverdale Community Centre Lower River- 9am</p>	<p>Mon - March 2</p>  <p>Mass at 9:30am D'Escousse Civic Improvement Hall</p>  <p>Line Dancing 10am to Noon West Bay Community Centre</p> <p>Seniors Take Action Coalition Board of Directors Meeting 10am via Zoom</p>	<p>Tues - March 3</p>  <p>Jolly Club Sewing Group 9am L' Ardoise</p>  <p>Tuesday Morning Coffee/Tea Drop-In West Bay Road Fire Hall- 10am to Noon Weather permitting</p> <p>Free Soup and Sandwich L'Ardoise Community Centre 11:30 to 1pm</p> <p>Pilates/Stride Wellness Circle Followed by herbal tea and social Royal Canadian Legion Branch 150- Arichat 10am-Noon Sliding pay scale Min \$5-Max \$10</p>	<p>Wed - March 4</p> <p>Morning Coffee St George's Channel Hall 10:00 am - 12 noon</p>  <p>Weekly Coffee 9:00 am - 11:30 Fire Department Red Islands</p> <p>Fleur-de-Lis Seniors Senior Chair Exercises 9:15 Club Social and Games Louisdale Parish Hall 10-12 noon Bring your own lunch</p> <p>Caregivers Support Group 10:30 am to 12:30 noon Arichat Isle Madame New Horizons Club To register 1-877-488-7390 or Gloria- 902-219-3102</p>	<p>Thurs -March 5</p>  <p>Coffee/ Conversation 10am to Noon West Bay Centre</p> <p>Conversation Club Petit de Grat Library 12 noon-1pm Drop in to try beginner French in a casual atmosphere</p>  <p>Cafe Franco!- 1pm La Picasse Petit de Grat Practice your French</p> <p>Johnstown Sewing/Handicraft Fire Department, Red Islands 1:00 pm Everyone welcome</p>	<p>Fri - March 6</p>  <p>Fiber Club Informal Knitting/Crocheting Petit de Grat Library 2pm to 4pm Come when you can' kind of group</p> <p>Sounds of Meditation Anne Marie Boudreau 2-3pm Jolly Club L'Ardoise Community Centre</p>	<p>Sat - March 7</p> <p>Music Circle Legion Branch 150 Arichat- 2:00pm Free Admission Bring your instrument</p> 

Sun- March 1



Weekly 45 Card Game- 2pm
Tara Lynne
Community Centre
River Bourgeois



Isle Madame
New Horizons
Seniors Club -Arichat
Cribbage - 6pm

Louisdale CWL
Regular Monthly
Meeting
7pm
Glen Sampson Room

Mon-March 2



Nova Scotia Health
All Ages Vaccination
and Testing Mobile
Clinic

Louisdale Lions Club
Whiteside Road
12 to 4:30pm
Appointments
recommended
May be cancelled due
to weather



Song Circle hosted by
the St. George's
Channel Hall
6:30pm to 9ish
Doors open at 6:00
All Levels Of Talent
Welcome
By Donation
Light Lunch Available

Tues-March 3

Games and Social
1:30 to 3:30
Isle Madame
New Horizons Club
Arichat



Isle Madame
New Horizons Club
Pay Me Cards
6:30 pm- Arichat

45's card game
St. George's Channel
Hall 7:30pm



45's Card Play
Acadiaville
Community Centre
Hall West Arichat
7:30pm

Wed-March 4



Isle Madame
New Horizons
Seniors Club - Arichat
45s Card Game - 2pm



Rummoli
Acadiaville Community
Centre- West Arichat
1:30- 3:30
What to bring:
\$10 worth of nickels

Thurs - March 5



Cross Stitch Group
Drop In- 1pm
D'Escousse Civic
Improvement Hall

Adult Drop-In- 1-4pm
St. Peter's Lions Hall
For more information
(902) 587-2800 ext: 3

Jeudis Art - Macramé
niveau intermédiaire
(partie 1 et 2)
Art Thursdays
Intermediate Macramé
(Parts 1 and 2)
Alvina Samson
5 et 12 mars à 18h30
Free - Registration
required- La Picasse
Petit de Grat
902-226-0149

Isle Madame New
Horizons Club
Arichat
Bean Bags - 7pm



45s Card Play 7:30 pm
D'Escousse Civic
Improvement Hall

Fri - March 6

Sat - March 7

Sun - March 8



Sunday Hungryman's Breakfast
D'Escousse Civic Improvement Hall
8am to 11am



Weekly 45 Card Game- 2pm
Tara Lynne Community Centre
River Bourgeois



Isle Madame New Horizons Seniors Club - Arichat
Cribbage - 6pm

Mon - March 9



Line Dancing
10am to Noon
West Bay Community Centre

Tues - March 10

Jolly Club Sewing Group 9am
L'Ardoise



Tuesday Morning Coffee/Tea Drop-In
West Bay Road Fire Hall- 10am to Noon

Pilates /Stride Wellness Circle
Followed by herbal tea and social
Recipe taste testers
Royal Canadian Legion Branch 150- Arichat
10am-Noon
Sliding pay scale



Free Soup and Sandwich
L'Ardoise Community Centre
11:30 to 1pm

Cafe Reminisce
1:00-2:30tea cup flower arrangement with Jenna,
Dr. Kingston Centre L'Ardoise
Call to Register
(902) 587-2800 ext:3

Wed - March 11



Morning Coffee
St George's Channel Hall
10:00 am - 12 noon

Weekly Coffee
9:00 am - 11:30
Fire Department Red Islands

Fleur-de-Lis Seniors Senior Chair Exercises
9:15

Club Social and Games
Louisdale Parish Hall
10-12 noon
Bring your own lunch

Riverdale Seniors Club
Get Together Lunch
Lower River
12 noon to 2pm



Rummoli
Acadiaville Community Centre- West Arichat
1:30- 3:30

What to bring:
\$10 worth of nickels

Thurs - March 12



Coffee/ Conversation
10am to Noon
West Bay Centre

Conversation Club
Petit de Grat Library
12 noon-1pm
Drop in to try beginner French in a casual atmosphere



Cafe Franco!- 1pm
La Picasse Petit de Grat
Practice your French



Cross Stitch Group
Drop In- 1pm
D'Escousse Civic Improvement Hall

Johnstown Sewing/Handicraft
Fire Department, Red Islands 1:00 pm
Everyone welcome

Fri - March 13



Fiber Club Informal Knitting/Crocheting
Petit de Grat Library
2pm to 4pm
Come when you can' kind of group

Cribbage Nights
Anne Sampson Building River Bourgeois
2nd and 4th Friday of each month
at 6:30 pm, \$5.00

Sat - March 14

St. Patrick's Shake and Ride ATV Run
registration from 9 to 11am
\$20 registration
Acadiaville Community Centre
West Arichat
Storm Date: March 15



St Patrick's Day Jigs Dinner- 5pm
Jolly Club
L'Ardoise Community Centre
Music - 7 to 9pm with Dave & Linda Murphy

Sun - March 8

Mon - March 9

Tues - March 10

Wed - March 11

Thurs - March 12

Fri - March 13

Sat - March 14

Games and Social
1:30 to 3:30
Isle Madame
New Horizons Club
Arichat



Isle Madame
New Horizons Club
Pay Me Cards
6:30 pm- Arichat

45's card game
St. George's Channel
Hall 7:30pm



45's Card Play
Acadiaville
Community Centre
Hall West Arichat
7:30pm



Isle Madame
New Horizons
Seniors Club - Arichat
45s Card Game - 2pm

Adult Drop-In- 1-4pm
Activities and Games
130-230
St. Peter's Lions Hall
For more information
(902) 587-2800 ext: 3

Jeudis Art - Macramé
niveau intermédiaire
(partie 1 et 2)
Art Thursdays
Intermediate Macramé
(Parts 1 and 2)
Alvina Samson
5 et 12 mars à 18h30
Gratuit - Inscription
obligatoire
Free - Registration
required
La Picasse
Petit de Grat
902-226-0149

Isle Madame New
Horizons Club
Arichat
Bean Bags - 7pm



45s Card Play 7:30 pm
D'Escousse Civic
Improvement Hall

Sun- March 15



South Mountain Arm of Gold Community Association
St. George's Channel Hall
Monthly Sunday Breakfast
8:30 – 11:00 am

Cribbage Tournament
L'Ardoise Community Centre- 1pm
Teams of Two Register
902-302-2313



Isle Madame New Horizons
Monthly Meeting Seniors Club - 1:30
Arichat

Isle Madame New Horizons
Seniors Club - 6pm
Arichat Cribbage

Mon - March 16



Line Dancing
10am to Noon
West Bay Community Centre



Song Circle hosted by the St. George's Channel Hall
6:30pm to 9ish
Doors open at 6:00
All Levels Of Talent Welcome
By Donation
Light Lunch Available
Make sure to confirm this is still on.

Chris Norman and David Greenberg a concert hosted by Musique Royale
St John's Centre for the Arts, Arichat
\$25 advance / \$30 at the door / youth (18 and under) free e-transfer:
friendsofstjohnsarichat@gmail.com
phone contact:
902-227-8303

Tues - March 17

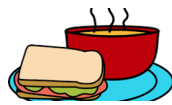


Jolly Club Sewing Group 9am
L'Ardoise



Tuesday Morning Coffee/Tea Drop-In
West Bay Road Fire Hall- 10am to Noon
Weather Permitting

Pilates/Stride Wellness Circle
Followed by herbal tea and social
Recipe taste testers
Royal Canadian Legion Branch 150- Arichat
10am-Noon



Free Soup/ Sandwich
L'Ardoise Community Centre - 11:30 to 1pm

Social- Persons with Visual Impairment
2:30pm - Arichat
New Horizons Club

Wed - March 18

Morning Coffee
St George's Channel Hall
10:00 until 12 noon



Weekly Coffee 9-1130am
Fire Department Red Islands

Fleur-de-Lis Seniors Senior Chair Exercises
9:15

Club Social and Games
Louisdale Parish Hall
10-12 noon
Bring your own lunch

Bonnie Brae Seniors Club - St. Peter's
2pm
Regular Meeting

Bereaved Families NS Support N Share
Six Week Living with Grief Program
1:30 to 3:30
Municipal Office Council Chambers
Arichat
Facilitated by Celeste Gotell and Sonia Morris
Call to register
902-564-6795

Thurs - March 19



Coffee/ Conversation
10am to Noon
West Bay Centre

Conversation Club
Petit de Grat Library
12 noon-1pm
Drop in to try beginner French in a casual atmosphere



Johnstown Sewing/Handicraft
Fire Department, Red Islands 1:00 pm

Seniors Jolly Club Meeting - 3 pm
L'Ardoise

Festival d'hivers - Mois de la francophonie-
Semaine de relâche Winter Festival
Francophone Month
Spring Break
10:30 to 2:30pm
\$5/person \$15/family
902-226-0149

Fri - March 20



Fiber Club Informal
Knitting/Crocheting
Petit de Grat Library
2pm to 4pm
Come when you can' kind of group



Fish Fry - Arichat
Royal Canadian Legion Branch 150
4:00 pm - 6:30 pm
eat in or take out
\$16.00 per dinner

Jam Session - 7-10pm
Isle Madame New Horizons Club
Arichat - \$5.00
Includes a Light lunch



Tock Games
Anne Sampson Building, River Bourgeois
3rd Friday each month 6:00 pm
\$5 per person and tickets 3 for \$5.00, bring a partner

Sat - March 21



Royal Canadian Legion Branch 150
Arichat
45s Card Play - 7pm
Poppy Fund Fundraiser
Prizes Awarded

Sara Bennett and Friends
St John's Centre for the Arts
2 pm- Arichat
entrance fee \$20 / youth \$10

Sun- March 15

Riverdale
Community Centre
Boiled Dinner and
Dessert
3:30pm
Lower River
Pre-order



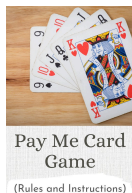
Shake your
Shamrock
St Patrick's Day
Dinner and Dance
Fleur-de-Lis Seniors
Club
Louisdale Parish Hall
5:30 to 10:30
Music -East of Sixty

Mon - March 16

Tues - March 17



St Patrick's Day
Party
Rocky Bay
Community Hall- 3pm
Live Music, drinks and
snacks



Isle Madame
New Horizons Club
Pay Me Cards
6:30 pm- Arichat

45's card game
St. George's Channel
Hall 7:30pm



45's card game
Acadiaville Comm
Centre Hall
West Arichat 7:30pm

Wed - March 18



Rummoli
Acadiaville Community
Centre- West Arichat
1:30- 3:30
What to bring:
\$10 worth of nickels



Isle Madame
New Horizons
Seniors Club - Arichat
45s Card Game - 2pm

Thurs - March 19

Cross Stitch Group
Drop In- 1pm
D'Escousse Civic
Improvement Hall



Adult Drop-In- 1-4pm
130-230pm
That Dog Place visit
St. Peter's Lions Hall
For more information
(902) 587-2800 ext: 3



45s Card Play 7:30 pm
D'Escousse Civic
Improvement Hall

Isle Madame New
Horizons Club
Arichat
Bean Bags - 7pm

Fri - March 20

Mental Wellness
"Staying Positive In
Challenging Times"
Julia Goldsworthy,
RCT
12 noon to 1pm
Dr. Kingston Centre
L'Ardoise
Call to Register
(902) 587-2800 ext:3



Trivia Night
Rocky Bay Hall
7pm

Sat - March 21

Sun - March 22



Weekly 45 Card Game- 2pm
Tara Lynne
Community Centre
River Bourgeois



Tea and Tunes
Bonnie Brae Club
St. Peter's- 2-4pm
10.00 at the door
lunch provided
Musical guests



Cribbage
Tournament
L'Ardoise Community
Centre- 1pm
Teams of Two
Register
902-302-2313



Isle Madame
New Horizons
Seniors Club -
Arichat
Cribbage - 6pm

Mon - March 23



Line Dancing
10am to Noon
West Bay
Community Centre



Easter Gnome
Workshop with Faye
1:00pm
Richmond River Roots
River Bourgeois
Call Rachael to
register
(902) 587-2800 ext: 3

Tues - March 24



Jolly Club Sewing
Group 9am -
L' Ardoise



Tuesday Morning
Coffee/Tea Drop-In
West Bay Rd Fire Hall
10am to Noon

Pilates Wellness Circle
herbal tea and social
Royal Canadian Legion
Branch 150- Arichat
10am-Noon
Min \$5-Max \$10

Games and Social
Afternoon
Isle Madame
New Horizons Club
Arichat
1:30 to 3:30

Bereaved Families NS
Support N Share
Six Week Living with
Grief Program
1:30 to 3:30
Municipal Office
Council Chambers
Arichat
Facilitated by Celeste
Gotell and Sonia
Morris
Call to register
902-564-6795

Wed - March 25

Morning Coffee
St George's Channel
Hall
10:00 until 12 noon



Weekly Coffee
9-1130am
Fire Department
Red Islands

Riverdale Seniors Club
Get Together Lunch
Lower River
12 noon to 2pm



Rummoli
Acadiaville Community
Centre- West Arichat
1:30- 3:30
What to bring:
\$10 worth of nickels



Isle Madame
New Horizons
Seniors Club - Arichat
45s Card Game - 2pm

Thur - March 26

Coffee/Conversation
10am to Noon
West Bay Centre



Conversation Club
Petit de Grat Library
12 noon-1pm
Drop in to try beginner
French in a casual
atmosphere



Cafe Franco!- 1pm
La Picasse
Petit de Grat
Practice your French

Johnstown
Sewing/Handicraft
Fire Department,
Red Islands 1:00 pm

Cross Stitch Group
Drop In- 1pm
D'Escousse Civic
Improvement Hall

Fri - March 27

Fiber Club - Informal
Knitting/Crocheting
Petit de Grat Library
2pm to 4pm
Come when you can'
kind of group



Tea & Dessert
Arichat

OLA Parish Hall
1:30 to 3:30 p.m.
Sponsored by OLA
CWL. Donations
accepted at the door
and 50/50 tickets will
be sold.

Cribbage Nights
Anne Sampson
Building River
Bourgeois
2nd and 4th Friday of
each month
at 6:30 pm, \$5.00

Dinner/Dance
Isle Madame New
Horizons Club
Arichat
6pm

Sat- March 28



Big Breakfast
8-10am

Indoor Yard Sale
8-1pm
L'Ardoise Community
Centre

45 Card Play
\$20.00 Team
7 pm



Veterans Social
Legion Branch 150
Arichat - 2pm
All Veterans Invited

'tis the game of
Tarbish!
♠ ♥ ♣ ♦

Tarbish
Legion Branch 150
Arichat -7pm

Sun - March 22

Mon - March 23

Tues - March 24

Wed - March 25

Thur -March 26

Fri - March 27

Sat- March 28

Games and Social
1:30 to 3:30
Isle Madame
New Horizons Club
Arichat



Pay Me Card
Game
(Rules and Instructions)

Isle Madame
New Horizons Club
Pay Me Cards
6:30 pm- Arichat

45's card game
St. George's Channel
Hall 7:30pm



Acadiaville Comm
Centre Hall
West Arichat 7:30pm

WE CARE DAY
Your Safety is a Priority
Steve Marcellus
Emergency Services
Coordinator and
MaryLynn Vickers
with Red Cross
Louisdale Parish Hall
Lunch provided
Fleur de-Lis Seniors
Club Meeting- 1:00pm

Bereaved Families NS
Support N Share
2:00 – 3:30pm
Glen Sampson Room
St Louis Parish
156 Grandique Ferry
Road- Louisdale
Facilitated by Celeste
Gotell and Sonia
Morris
Call to register
902-564-6795

Adult Drop-In- 1-4pm
St. Peter's Lions Hall
For more information
(902) 587-2800 ext: 3

Isle Madame New
Horizons Club
Arichat
Bean Bags - 7pm



45s Card Play 730 pm
D'Escousse Civic
Improvement Hall

Spectacle Mary Beth
Carty - Mois de la
francophonie - Atelier
de danse carrée suivi
d'un souper et
spectacle
(date limites pour
inscription pour le
souper-24 mars)
(4pm atelier de danse,
5pm souper, 6pm
spectacle)
25\$/pers. (Atelier,
souper et spectacle)
20\$/étudiants et aînés
(Atelier, souper et
spectacle)
10\$/pers. (Spectacle
seulement)
La Picasse
Petit de Grat
902-226-0149

Mary Beth Carty Show
Francophonie Month
Square dance
workshop followed by
dinner and show
(deadline for dinner
registration: Mar 24)
(4 p.m. dance
workshop, 5 p.m.
dinner, 6 p.m. show)
\$25/person
(Workshop, dinner,
and show)
\$20/students and
seniors (Workshop,
dinner, and show)
\$10/person (Show
only) La Picasse



Easter Market
11am to 2pm
Isle Madame New
Horizons Club
Arichat

Sun - March 29



Louisdale Lions Club
Monthly Breakfast
8:00am to 11:00 am
Louisdale Lions
Community Centre



Weekly 45 Card
Game- 2pm
Tara Lynne
Community Centre
River Bourgeois



Isle Madame
New Horizons
Seniors Club -
Arichat
Cribbage - 6pm

Mon - March 30



Line Dancing
10am to Noon
West Bay
Community Centre



Song Circle hosted by
the St. George's
Channel Hall
6:30pm to 9ish
Doors open at 6:00
All Levels Of Talent
Welcome
By Donation
Light Lunch Available

Tues - March 31



Jolly Club Sewing
Group 9am -
L' Ardoise



Tuesday Morning
Coffee/Tea Drop-In
West Bay Rd Fire Hall
10am to Noon

Pilates Wellness Circle
herbal tea and social
Royal Canadian Legion
Branch 150- Arichat
10am-Noon
Min \$5-Max \$10

Games and Social
Afternoon
Isle Madame
New Horizons Club
Arichat
1:30 to 3:30

Bereaved Families NS
Support N Share
Six Week Living with
Grief Program
1:30 to 3:30
Municipal Office
Council Chambers
Arichat
Facilitated by Celeste
Gotell and Sonia
Morris
Call to register
902-564-6795

Sun - March 29

Mon - March 30

Tues - March 31

Games and Social
1:30 to 3:30
Isle Madame
New Horizons Club
Arichat



Pay Me Card
Game
(Rules and Instructions)

Isle Madame
New Horizons Club
Pay Me Cards
6:30 pm- Arichat

45's card game
St. George's Channel
Hall 7:30pm



Acadiaville Comm
Centre Hall
West Arichat 7:30pm

Note: Seniors Take Action Coalition wishes to acknowledge the financial support provided by the Municipality of Richmond County to continue our Seniors Centre Without Walls and produce this calendar, offer programs on Telile, produce our Better With Age newsletter, and keep an active social media presence. Remember to register at the Dr Kingston Centre for other activities at (902) 587-2800 ext: 3.