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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|--|--|---|
| <p>Sun- March 29</p>  <p>Louisdale Lions Club Monthly Breakfast 8:00am to 11:00am Louisdale Lions Community Centre</p>  <p>Weekly 45 Card Game- 2pm Tara Lynne Community Centre River Bourgeois</p> <p>Isle Madame Garden Club Gathering- 1:30 PM Rocky Bay Community Centre</p>  <p>Isle Madame New Horizons Seniors Club - Arichat Cribbage - 6pm</p> | <p>Mon- March 30</p>  <p>Line Dancing 10am to Noon West Bay Community Centre</p>  <p>Song Circle hosted by the St. George's Channel Hall 6:30pm to 9ish Doors open at 6:00 All Levels Of Talent Welcome By Donation Light Lunch Available</p> | <p>Tues - March 31</p>  <p>Jolly Club Sewing Group 9am L' Ardoise</p>  <p>Tuesday Morning Coffee/Tea Drop-In West Bay Road Fire Hall- 10am to Noon</p> <p>Pilates/Stride Wellness Circle Followed by herbal tea and social Royal Canadian Legion Branch 150- Arichat 10am-Noon Sliding pay scale Min \$5-Max \$10</p> <p>Games and Social 1:30 to 3:30 Isle Madame New Horizons Club Arichat</p> | <p>Wed - April 1</p> <p>Morning Coffee St George's Channel Hall 10:00 am - 12 noon</p>  <p>Fleur-de-Lis Seniors Senior Chair Exercises 9:15 Club Social and Games Louisdale Parish Hall 10-12 noon Bring your own lunch</p>  <p>Isle Madame New Horizons Seniors Club - Arichat 45s Card Game 1:30pm</p> | <p>Thurs - April 2</p>  <p>Coffee/ Conversation 10am to Noon West Bay Centre</p> <p>Conversation Club Petit de Grat Library 12 noon-1pm Drop in to try beginner French in a casual atmosphere</p>  <p>Cafe Franco!- 1pm La Picasse Petit de Grat Practice your French</p> <p>Johnstown Sewing/Handicraft Fire Department, Red Islands 1:00 pm Everyone welcome</p> | <p>Fri - April 3</p>  <p>L'Ardoise Jolly Club Home Made Fish Cakes and Beans 3-5pm Take Out Only Advance Sales until March 31st</p> <p>St Louis Church Louisdale Parish Hall Good Friday Meal Following the service Soup, chowder, fishcakes</p> | <p>Sat - April 4</p> <p>Music Circle Legion Branch 150 Arichat- 2:00pm Free Admission Bring your instrument</p>  <p>Annual Spring Fling </p> <p>Acadiaville Community Centre West Arichat Breakfast- 8-10:30 Easter Bunny and Klds Activities- 9-10:30 45s Card Play 7:30pm</p> <p>Annual  Easter Fun Day  Louisdale Parish Hall 11-12:30</p> |

Sun- March 29

Mon-March 30

Tues- March 31

Wed-April 1

Thurs - April 2

Fri - April 3

Sat - April 4



Pay Me Card Game
(Rules and Instructions)

Isle Madame
New Horizons Club
Pay Me Cards
6:30 pm- Arichat

45's card game
St. George's Channel
Hall 7:30pm



45's Card Play
Acadiaville Community
Centre Hall West
Arichat 7:30pm



Rummoli
Acadiaville Community
Centre- West Arichat
1:30- 3:30

What to bring:
\$10 worth of nickels

Souper de pâques -
Crêpes et saucisses +
bricolage
à 3:30pm

5\$/pers. 10\$/adulte
La Picasse
Contact: Andrée
Lacourse,
902-226-0149
Easter Dinner -
Pancakes and
Sausages and Crafts



Cross Stitch Group
Drop In- 1pm
D'Escousse Civic
Improvement Hall

Adult Drop-In- 1-4pm
St. Peter's Lions Hall
For more information
(902) 587-2800 ext: 3

Jeudis Art - Macramé
pour débutant (partie 1
et 2) - Alvina Samson
2 et 9 avril à 18h30
10\$ - Inscription
obligatoire
Lieu: La Picasse
Contact: Andrée
Lacourse, 902-226-0149

Isle Madame New
Horizons Club
Arichat
Bean Bags - 7pm



45s Card Play 7:30 pm
D'Escousse Civic
Improvement Hall

Annual John Prine
Tribute Night
Rocky Bay Irish Club
7-9pm

Sun - April 5



Community Breakfast
Legion Branch 150
Arichat - 8 to 11am
Eat In or Take Out
The Easter Bunny will be visiting with Easter treats for the kids



Breakfast is Served
Riverdale
Community Centre
Lower River- 9am



Weekly 45 Card Game- 2pm
Tara Lynne
Community Centre
River Bourgeois
Doreen Boudreau at
902.817.4899 or
902.535.2756

Mon - April 6



Line Dancing
10am to Noon
West Bay
Community Centre

Tartan Day
St.Peter's United
Church Hall- 2:30 pm
Come and join us as we celebrate this day!
A Talk about Tartan Day (originated in Nova Scotia!)
Tea, Tunes, Treats, Toe-tapping dance demonstrations
Hosted by Richmond MacAdian Ceilidh Dancers

Tues - April 7

Jolly Club Sewing Group 9am
L' Ardoise



Tuesday Morning Coffee/Tea Drop-In
West Bay Road Fire Hall- 10am to Noon

Pilates /Stride Wellness Circle
Followed by herbal tea and social
Royal Canadian Legion Branch 150- Arichat
10am-Noon
Sliding pay scale

Games and Social
1:30 to 3:30
Isle Madame
New Horizons Club
Arichat

Wed - April 8



Morning Coffee
St George's Channel Hall
10:00 am - 12 noon

Fleur-de-Lis Seniors Senior Chair Exercises 9:15
Club Social and Games
Louisdale Parish Hall
10-12 noon
Bring your own lunch

Caregivers Support Group
10:30 am to 12:00
Arichat
New Horizons Club
To register
Lyn at 902- 595- 0128
1-877-488-7390 or
Gloria - 902-219-3102

Riverdale Seniors Club
Get Together Lunch
Lower River
12 noon to 2pm



Rummoli
Acadiaville Community Centre- West Arichat
1:30- 3:30
What to bring:
\$10 worth of nickels

Thurs - April 9



Coffee/ Conversation
10am to Noon
West Bay Centre

Conversation Club
Petit de Grat Library
12 noon-1pm
Drop in to try beginner French in a casual atmosphere



Cafe Franco!- 1pm
La Picasse
Petit de Grat
Practice your French



Cross Stitch Group
Drop In- 1pm
D'Escousse Civic Improvement Hall

Fri - April 10

Free Income Tax
St. Peter's Lions Club
39 Lions Ave St.
Every Friday,
Mar 13th to April 24th
Walk-in/Drop-off
Service - 11:00 – 2:00



Fiber Club
Informal
Knitting/Crocheting
Petit de Grat Library
2pm to 4pm
Come when you can' kind of group

Estate Planning Session - 12 noon
Dr. Kingston Centre
L'Ardoise
Call to Register
(902) 587-2800 ext:3



Cribbage Nights
Anne Sampson
Building River Bourgeois
2nd and 4th Friday of each month
at 6:30 pm, \$5.00

Sat - April 11



Demystifying Car Care for Average Drivers
1:00 to 4:00 pm in the parking lot
Dr Kingston Centre
L'ardoise
To register, contact Josie:
902-587-2400 ext 4

Sun - April 5

Mon - April 6

Tues - April 7

Wed - April 8

Thurs - April 9

Fri - April 10

Sat - April 11



Pay Me Card Game
(Rules and Instructions)

Isle Madame
New Horizons Club
Pay Me Cards
6:30 pm- Arichat

45's card game
St. George's Channel
Hall 7:30pm



45's Card Play
Acadiaville Community
Centre Hall West
Arichat 7:30pm



Isle Madame
New Horizons
Seniors Club - Arichat
45s Card Game -
1:30pm

Adult Drop-In- 1-4pm
Activities and Games
130-230
St. Peter's Lions Hall
For more information
(902) 587-2800 ext: 3

Jeudis Art - Macramé
pour débutant (partie 1
et 2) - Alvina Samson
2 et 9 avril à 18h30
10\$ - Inscription
obligatoire
Lieu: La Picasse
Contact: Andrée
Lacourse, 902-226-0149



45s Card Play 7:30 pm
D'Escousse Civic
Improvement Hall

Isle Madame New
Horizons Club
Arichat
Bean Bags - 7pm

Sun- April 12



Sunday Hungryman's Breakfast
D'Escousse Civic Improvement Hall
8am to 11am

Cribbage Tournament
L'Ardoise Community Centre- 1pm
Teams of Two Register
902-302-2313



Tea and Tunes
Bonnie Brae Club
St. Peter's- 2-4pm
10.00 at the door
lunch provided
Musical guests



Isle Madame
New Horizons Seniors Club - 6pm
Arichat Cribbage

Mon - April 13



Mass at 9:30am
D'Escousse Civic Improvement Hall



Line Dancing
10am to Noon
West Bay Community Centre

Death Cafe
2-4pm
Dr. Kingston Centre
L'Ardoise
Call to Register
(902) 587-2800 ext:3



Song Circle hosted by
the St. George's
Channel Hall
6:30pm to 9ish
Doors open at 6:00
All Levels Of Talent
Welcome
By Donation
Light Lunch Available

Tues - April 14

Jolly Club Sewing
Group 9am
L' Ardoise



Tuesday Morning
Coffee/Tea Drop-In
West Bay Road Fire
Hall- 10am to Noon

Pilates/Stride Wellness
Circle Followed by
herbal tea and social
Royal Canadian Legion
Branch 150- Arichat
10am-Noon

Cafe Reminisce
1:00-2:30
Sound Play Circle
Dr. Kingston Centre
L'Ardoise
Call to Register
(902) 587-2800 ext:3

Games and Social
1:30 to 3:30
Isle Madame
New Horizons Club
Arichat

Wed - April 15

Morning Coffee
St George's Channel
Hall
10:00 until 12 noon



Fleur-de-Lis Seniors
Senior Chair Exercises
9:15
Club Social and Games
Louisdale Parish Hall
10-12 noon
Bring your own lunch

Alzheimer Society
Information Session
Potlotek Health Centre
2pm

Bonnie Brae Seniors
Club - St. Peter's
2pm
Regular Meeting



Rummoli
Acadiaville Community
Centre- West Arichat
1:30- 3:30
What to bring:
\$10 worth of nickels

Thurs - April 16



Coffee/ Conversation
10am to Noon
West Bay Centre

Conversation Club
Petit de Grat Library
12 noon-1pm
Drop in to try beginner
French in a casual
atmosphere



Mindfulness and Self-
Regulation-Simple Tools
for everyday calm
Julia Goldsworthy, RCT
12 noon to 1pm
Dr. Kingston Centre
L'Ardoise
Call to Register
(902) 587-2800 ext:3

Seniors Jolly Club
Meeting - 3 pm
L'Ardoise

Cross Stitch Group
Drop In- 1pm
D'Escousse Civic
Improvement Hall



Fri - April 17

Free Income Tax
St. Peter's Lions Club
39 Lions Ave St.
Every Friday,
Mar 13th to April 24th
Walk-in/Drop-off
Service - 11:00 – 2:00



Fiber Club
Informal
Knitting/Crocheting
Petit de Grat Library
2pm to 4pm
Come when you can'
kind of group



Tea & Dessert
Arichat
OLA Parish Hall
1:30 to 3:30 p.m.
Sponsored by OLA
CWL. Donations
accepted at the door



Fish Fry - Arichat
Royal Canadian
Legion Branch 150
4:00 pm - 6:30 pm
eat in or take out
\$16.00 per dinner

Sat - April 18



Royal Canadian
Legion Branch 150
Arichat
45s Card Play - 7pm
Poppy Fund
Fundraiser
Prizes Awarded

Sun- April 12

Scottish Country
Dancing (All ages)
St. Peter's United
Church Hall
April 12, 19 and 26
2:00 pm – 4:00 pm
FREE
Dianne and Conrad
Landry
A soft shoe or slipper
works best.

Mon - April 13

Tues - April 14



Pay Me Card
Game
(Rules and Instructions)

Isle Madame
New Horizons Club
Pay Me Cards
6:30 pm- Arichat

45's card game
St. George's Channel
Hall 7:30pm



45's card game
Acadiaville Comm
Centre Hall
West Arichat 7:30pm

Wed - April 15

Social- Persons with
Visual Impairment
2:30pm - Arichat
New Horizons Club



Isle Madame
New Horizons
Seniors Club - Arichat
45s Card Game
1:30pm

Thurs - April 16

Adult Drop-In- 1-4pm
130-230pm
St. Peter's Lions Hall
For more information
(902) 587-2800 ext: 3



45s Card Play 7:30 pm
D'Escousse Civic
Improvement Hall

Isle Madame New
Horizons Club
Arichat
Bean Bags - 7pm

Fri - April 17



Tea & Dessert
Arichat

OLA Parish Hall
1:30 to 3:30 p.m.
Sponsored by OLA
CWL. Donations
accepted at the door



JAM SESSION

Jam Session - 7-10pm
Isle Madame
New Horizons Club
Arichat - \$5.00
Includes a Light lunch

Tock Games
Anne Sampson
Building, River
Bourgeois
3rd Friday each
month 6:00 pm
\$5 per person and
tickets 3 for \$5.00,
bring a partner



Trivia Night
Rocky Bay Hall
7pm

Sat - April 18

Sun - April 19



National Volunteer Week
April 19-25th



South Mountain Arm of Gold Community Association
St. George's Channel Hall
Monthly Sunday Breakfast
8:30 – 11:00 am

Isle Madame New Horizons Seniors Club
Lunch and Learn
12 noon
Come Learn more about Seniors Take Action Coalition and its upcoming plans
Monthly Meeting
-1:30 Arichat



Weekly 45 Card Game- 2pm
Tara Lynne
Community Centre
River Bourgeois

Mon - April 20



Line Dancing
10am to Noon
West Bay

Community Centre Seniors Take Action Coalition Board and General Meeting
10am
Hosted by the Louisdlae Fleur-de-Lis Club
Guests Strait Palliative Care Society

Tues - April 21

Jolly Club Sewing Group 9am
L' Ardoise



Tuesday Morning Coffee/Tea Drop-In
West Bay Road Fire Hall- 10am to Noon

Pilates/Stride Wellness Circle Followed by herbal tea and social
Royal Canadian Legion Branch 150- Arichat
10am-Noon

Seniors Connecting 1pm
Interactive Sound Workshop
Riverdale Hall
Lower River



Pay Me Card Game
(Rules and Instructions)

Isle Madame New Horizons Club
Pay Me Cards
6:30 pm- Arichat

Wed - April 22



Morning Coffee
St George's Channel Hall
10:00 until 12 noon



Riverdale Seniors Club
Get Together Lunch
Lower River
12 noon to 2pm



Rummoli
Acadiaville Community Centre- West Arichat
1:30- 3:30
What to bring:
\$10 worth of nickels



Isle Madame New Horizons Seniors Club - Arichat
45s Card Game
1:30pm

Thur - April 23

Coffee/Conversation
10am to Noon
West Bay Centre



Conversation Club
Petit de Grat Library
12 noon-1pm
Drop in to try beginner French in a casual atmosphere



Cafe Franco!- 1pm
La Picasse
Petit de Grat
Practice your French



Cross Stitch Group
Drop In- 1pm
D'Escousse Civic Improvement Hall

Adult Drop-In- 1-4pm
St. Peter's Lions Hall
For more information
(902) 587-2800 ext: 3

Fri - April 24

Fiber Club - Informal Knitting/Crocheting
Petit de Grat Library
2pm to 4pm



Cribbage Nights
Anne Sampson Building
River Bourgeois
2nd and 4th Friday of each month
at 6:30 pm, \$5.00

Free Income Tax
St. Peter's Lions Club
39 Lions Ave St.
Every Friday,
Mar 13th to April 24th
Walk-in/Drop-off
Service - 11:00 – 2:00

Member Dinner/Dance
Isle Madame New Horizons Club
Arichat- 6-11 pm

Sat- April 25



Square Roots
D'Escousse Civic Improvement Hall
11am-1pm
Access to healthy and affordable produce seconds



Veterans Social
Legion Branch 150
Arichat - 2pm
All Veterans Invited

'tis the game of Tarabish!



Tarbish
Legion Branch 150
Arichat -7pm

Sun - April 19

Arichat Love in
Harmony Carli
Poirier and Jamus
Dorey - 2:00 pm
Donation at the door
2513 Highway 206,
Arichat
Marg Herdman,
902.227.8303
Sponsored by
Friends of St. John's



Tea and Tunes
Bonnie Brae Club
St. Peter's- 2-4pm
10.00 at the door
lunch provided
Musical guests



Cribbage
Tournament
L'Ardoise Community
Centre- 1pm
Teams of Two
Register
902-302-2313



Isle Madame
New Horizons
Seniors Club -
Arichat
Cribbage - 6pm

Mon - April 20

Tues - April 21

45's card game
St. George's Channel
Hall 7:30pm



45's card game
Acadiaville Comm
Centre Hall
West Arichat 7:30pm

Wed - April 22

Thur -April 23

Jeudis Art
Jour de la Terre - Souper
hot dog et kiosques
(Ramassage des déchets
dans la région,
semences, cabanes à
oiseaux, recyclage
d'écorces d'arbres,
sculpture d'objets
recyclés)
3:00 to 8:00 pm
La Picasse
Contact: Andrée
Lacourse, 902-226-0149

Art Thursday
Earth Day
Hot Dog Dinner
(Community cleanup,
seeds, birdhouses, bark
recycling, recycled art)
3:00 to 8:00 pm

Isle Madame New
Horizons Club
Arichat
Bean Bags - 7pm

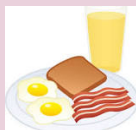


45s Card Play 730 pm
D'Escousse Civic
Improvement Hall

Fri - April 24

Sat- April 25

Sun - April 26



Louisdale Lions Club
Monthly Breakfast
8:00am to 11:00 am
Louisdale Lions
Community Centre



Weekly 45 Card
Game- 2pm
Tara Lynne
Community Centre
River Bourgeois



Isle Madame
New Horizons
Seniors Club -
Arichat
Cribbage - 6pm

Mon - April 27



Line Dancing
10am to Noon
West Bay



Song Circle hosted by
the St. George's
Channel Hall
6:30pm to 9ish
Doors open at 6:00
All Levels Of Talent
Welcome
By Donation
Light Lunch Available

Tues - April 28

Jolly Club Sewing
Group 9am - L' Ardoise



Tuesday Morning
Coffee/Tea Drop-In
West Bay Road Fire
Hall- 10am to Noon

Pilates/Stride Wellness
Circle Followed by
herbal tea and social
Royal Canadian Legion
- Branch 150- Arichat-
10am-Noon

Games and Social
1:30 to 3:30
Isle Madame
New Horizons Club
Arichat



Isle Madame
New Horizons Club
Pay Me Cards
6:30 pm- Arichat

45's card game
St. George's Channel
Hall 7:30pm



45's card game
Acadiaville Comm
Centre Hall
West Arichat 7:30pm

Wed - April 29

Morning Coffee
St George's Channel
Hall
10:00 until 12 noon



WE CARE DAY
Advance Care Planning
Take Charge of Your
Future - Make Your
Wishes Known with
Nancy Cameron and
Mary Cormier
NS Palliative Care
Association
Louisdale Parish Hall
Lunch provided
Fleur de-Lis Seniors
Club Meeting- 1:00pm

Bereaved Families NS
Support N Share
2:00 – 3:30pm

Glen Sampson Room
St Louis Parish
156 Grandique Ferry
Road- Louisdale
Facilitated by Celeste
Gotell and Sonia
Morris
Call to register
902-564-6795

Thur -April 30

Coffee/Conversation
10am to Noon
West Bay Centre



Conversation Club
Petit de Grat Library
12 noon-1pm
Drop in to try beginner
French in a casual
atmosphere



Cafe Franco!- 1pm
La Picasse
Petit de Grat
Practice your French

Cross Stitch Group
Drop In- 1pm
D'Escousse Civic
Improvement Hall

Adult Drop-In- 1-4pm
St. Peter's Lions Hall
For more information
(902) 587-2800 ext: 3

Isle Madame New
Horizons Club- Arichat
Bean Bags - 7pm



45s Card Play 730 pm
D'Escousse Civic
Improvement Hall

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Note: Seniors Take Action Coalition wishes to acknowledge the financial support provided by the Municipality of Richmond County to continue our Seniors Centre Without Walls and produce this calendar, offer programs on Telile, produce our Better With Age newsletter, and keep an active social media presence. Remember to register at the Dr Kingston Centre for other activities at (902) 587-2800 ext: 3.